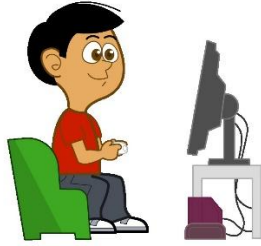


Pre and Post-Test Questions (Physical Health and Healthy Minds Lesson)

1. Circle two ways to keep your mind and body healthy.



a. Get outside.



b. Play video games.



c. Eat healthy foods.



d. Drink soda.