

“Stand Up” Song Lyrics

Chorus:

I am not okay
With somebody that acts that way
I will be a friend and stand up no matter what people say
I am not okay
With somebody that acts that way
I will be a friend and stand up no matter what people say
A friend is kind will stand behind
Anybody who’s being bullied at any time
A friend is ready to stand up steady
So everybody be a friend and sing with me
A friend is kind will stand behind
Anybody who’s being bullied at any time
A friend is ready stand up steady
Everybody be a friend and sing with me

I am beginning to learn
About just how I can turn
A whole situation around
Like making a smile from a frown
I make fun instead of making fun of
Somebody else instead I show love
When somebody wants to start trouble
I just walk away on the double
Talk to a teacher a trusted adult or a parent
I don't care who's staring
I'm gonna stand up and be assertive
I'll not be afraid to make myself heard
Cuz

Chorus

I am beginning to learn
How to be kind how to be firm
And how to be a good friend
And to invite somebody else in
That's feeling left out
I'm gonna step out
I won't back down I'm gonna act now
Say hi and see if they want to play



Just ignore what a bully's gotta say
Take a deep breath and I count to ten
Then I'm gonna go play with my new friend
And if a situation like that happens again
I'll do what it takes to speak up for them
Cuz

Chorus

