

## “Stand Up” Lyrics

Chorus:

I am not okay  
With somebody that acts that way  
I will be a friend and stand up no matter what people say  
I am not okay  
With somebody that acts that way  
I will be a friend and stand up no matter what people say  
A friend is kind will stand behind  
Anybody who's being bullied at any time  
A friend is ready to stand up steady  
So everybody be a friend and sing with me  
A friend is kind will stand behind  
Anybody who's being bullied at any time  
A friend is ready stand up steady  
Everybody be a friend and sing with me

I am beginning to learn  
About just how I can turn  
A whole situation around  
Like making a smile from a frown  
I make fun instead of making fun of  
Somebody else instead I show love  
When somebody wants to start trouble  
I just walk away on the double  
Talk to a teacher a trusted adult or a parent  
I don't care who's staring  
I'm gonna stand up and be assertive  
I'll not be afraid to make myself heard  
Cuz

Chorus

I am beginning to learn  
How to be kind how to be firm  
And how to be a good friend  
And to invite somebody else in  
That's feeling left out  
I'm gonna step out  
I won't back down I'm gonna act now  
Say hi and see if they want to play



Just ignore what a bully's gotta say  
Take a deep breath and I count to ten  
Then I'm gonna go play with my new friend  
And if a situation like that happens again  
I'll do what it takes to speak up for them  
Cuz

Chorus

