

# Community Mental Health CORE

(Collaboration, Outreach, Research, Equity)

The Community Mental Health CORE, housed within the Child Health Advocacy Institute, is committed to working with partners to improve mental health outcomes for all children in Washington, D.C. Our multi-faceted approach focuses not only on individual children and families but also on systems-level partnerships with educators, healthcare providers, civic leaders, family-run organizations and the community to co-create innovative, evidence-informed approaches that improve outcomes. To learn more about our work, please email us at [CMHCORE@childrensnational.org](mailto:CMHCORE@childrensnational.org).

## COMMUNITY MENTAL HEALTH CORE GOALS

**ACCESS:** Improve access to and utilization of high quality mental health care for all children and families

**EQUITY:** Serve as a catalyst to achieve racial and health equity throughout all aspects of our work

**SUSTAINABILITY:** Ensure that programs and interventions are scalable and enduring through research, policy, advocacy and systems change

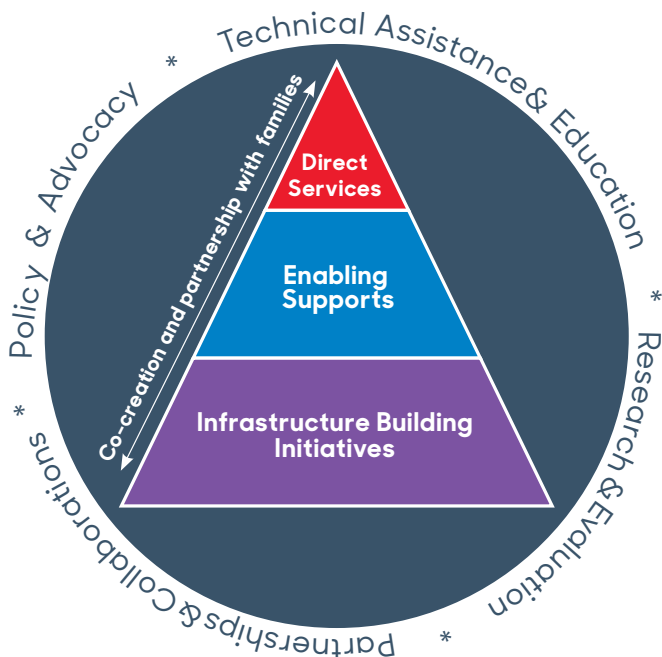
## COMMUNITY MENTAL HEALTH CORE FRAMEWORK

**WHAT WE DO:** Lead infrastructure building initiatives, develop enabling supports to connect families to high quality care and launch innovative models to deliver direct services

**WHY WE DO IT:** To improve access, equity and sustainability of high-quality mental health care

**HOW WE DO IT:** Through partnerships and collaborations; policy and advocacy; research and evaluation; and technical assistance and education

## COMMUNITY MENTAL HEALTH CORE-LED PROGRAMMATIC INITIATIVES AND DEFINITIONS



*Initiatives are classified primary category and may fall within more than one level or move throughout levels*

### Our Previous Work

- DC MAP (Mental Health Access in Pediatrics)
- Expanding Autism Knowledge and Access in Primary Care and Community-Based Settings
- Early Childhood Mental Health Awareness Training (EC-MHAT)
- Everfi-Children's National Partnership: Mental Wellness Basics Online Curriculum
- Transitional Care Coordination Program (TCCP)

### Direct Services

*Individual-level, gap-filling services focused on addressing the needs of children and families through consultation or direct clinical care*

- Autism in Primary Care Program (APC)
- Healthy Steps Programming and Expansion

### Enabling Supports

*Population and community-level services to build capacity and connect providers and families to needed resources*

- Healthy Steps Family Advisory Council
- Parent Cafes

### Infrastructure Building Initiatives

*Initiatives that build sustainable foundations to promote accessible and equitable behavioral health care*

- Behavioral Health Transformation Workgroup
- Billing, Financing and Reimbursement Workgroup
- Clark Parent Child Network Infant and Toddler Pillar
- CMH CORE Strategy Workgroup
- DC Autism Collaborative (DC-AC)
- DC Collaborative for Mental Health in Pediatric Primary Care
- Early Childhood Innovation Network Community Building Meetings
- Children's National Maternal Mental Health in Pediatrics Workgroup
- Neurodevelopmental Workgroup
- Pediatric Health Network Behavioral Health Initiative
- Prenatal to 5 Capacity Building Collaborative



**Children's National.**