

Learn the Signs. Act Early.

Learn the signs of your child's development and act early if you ever have a concern.

To complete a milestone checklist, **download CDC's FREE *Milestone Tracker* app** or visit cdc.gov/Milestones, and talk to your child's doctor at every well-child visit about the milestones your child has reached and what to expect next.

You know your child best

If your child is not meeting milestones or you are concerned about the way your child plays, learns, speaks, acts, or moves, talk with your child's doctor, share your concerns, and ask about developmental screening. Don't wait.

If you or the doctor is still concerned

1. Ask for a referral to a specialist and,
2. Call for a free evaluation to find out if your child can get services to help:
 - **If your child is birth to 2 years, 10 months:** Contact Strong Start, DC's early intervention program. Visit eip.osse.dc.gov or call (202) 727-3665 to submit a referral.
 - **If your child is 2 years, 8 months to 5 years, 10 months, make a referral to Early Stages.** Submit an online referral at www.earlystagesdc.org. Contact Early Stages at info@earlystagesdc.org or (202) 698-8307.

For more on how to help your child, visit cdc.gov/Concerned.

Don't Wait.

Acting early can make a real difference!

For more information about your child's development and what to do if you have a concern, visit:

www.ActEarlyDC.org

to get help finding resources.

These developmental milestones show what most children (75% or more) can do by each age.



Milestone Moments



Milestones Matter!

Look inside for milestones to watch for in your child and tips for how you can help your child learn and grow.



Download CDC's free *Milestone Tracker* app



DC AUTISM PARENTS
— Where Parents Empower Parents —

Your Child's Early Development is a Journey

These are just a few of many important milestones to look for. For complete checklists for your child's age visit www.cdc.gov/Milestones or download CDC's free *Milestone Tracker* app.

