Division of Colorectal and Pelvic Reconstruction

BOTULINUM TOXIN PATIENT EDUCATION

Botulinum toxin is a type of injectable medicine made from bacteria. When given in small, safe amounts it can help relax or temporarily paralyze muscles. In children they can be used to treat many conditions including migraines, limb spasticity, blepharospasm (eye muscles spams or twitch), overactive bladder, and non-relaxing anal sphincters.

There are many different types of botulinum toxins available. The following pediatric Botulinum Toxin A products are available at Children's National Hospital:

- Botox® (OnabotulinumtoxinA)
- Dysport® (AbobotulinumtoxinA)
- Xeomin® (IncobotulinumotxinA)

The FDA does not recommend giving more than one botulism toxin injection within 84 days of *any* previous injection.

Patients who have received botulinum toxin injections in the last 84 days, whether at Children's National or elsewhere, should speak with the care team at Children's National before getting another injection.

Please fill in the date of your last Botox treatment below:

Date of Last Botox Injection: _____

If you are interested in viewing our educational videos or accessing our educational resources, please visit: **childrensnational.org/colorectaleducation**

For questions or concerns, please contact the Colorectal Clinical Team at:
202-476-COLO (2656) | **colorectalnurse@childrensnational.org**

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