

See below for informational/educational resources that you may be interested in exploring. Some families have found these helpful while waiting for services.

- Other Behavioral Health Service Providers
  - [Child Parent Psychotherapy for trauma](#) (includes a link to find providers by location)
  - [Parent Child Interaction Therapy \(PCIT\) International](#) (includes a link to find providers by location)
  - Georgetown: 202-944-5400
  - PIECE program: 202-698-1838 (DC Medicaid only)
  - [Mary's Center](#)
- Other/Community-Based Resources:
  - Early Intervention/Child Find
  - DC
    - [Strong Start](#) (202-727-3665 | [Referral](#))
    - [Early Stages](#) (202-698-8037 | [Referral](#))
  - MD
    - [Infants & Toddlers](#) (1-800-535-0182 | [Referral](#))
  - VA
    - [Infant & Toddler Connection of Virginia](#) ([Referral](#))
  - [School-Based Resources](#) (DC)
  - [Autism Speaks Resource Guide](#)
  - [Pathfinders for Autism](#)
  - [Parents' Place of Maryland](#)
  - [X-Minds](#)
- Books:
  - *The Everyday Parenting Toolkit: The Kazdin Method for Easy, Step-by-Step, Lasting Change for You and Your Child* by Alan Kazdin & Carlo Rotella
  - *The Emotional Life of the Toddler* by Alicia Lieberman
  - *The Explosive Child* by Ross Greene
  - *Breaking Free of Child Anxiety and OCD* by Eli Lebowitz
  - *Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety* by Donna Pincus
- Virtual Resource  
FREE:
  - [Everyday Parenting: The ABCs of Child Rearing](#)
  - [Unstuck and On Target](#)
  - [Sesame for Families](#)
  - [Children's National Hospital Caregiver Webinar Series](#)

Costs Associated:

- [Parent Child Journey](#)
- [Triple P Positive Parenting Program](#)
- [PEP](#)

○ Insurance Supports: Transportation

- [Amerihealth](#): 1-800-315-3485
  - Families can arrange a ride or AH will provide a SmarTrip for them to take the metro
- [MedStar](#): 866-201-9974
  - Must be scheduled at least 3 business days before a regular appointment
- [Amerigroup](#): 888-828-1081
  - Need to call at least 5 business days before the appointment
- [FFS](#): 1-866-796-0601
  - Need to call at least 3 business days before the appointment
- [HSCSN](#): 1-866-991-5433
  - Call to schedule at least 24 hours before the appointment
- [MD Medicaid](#): Number based on [County](#)
  - Call at least 24 hours in advance

○ Insurance Supports: Care Coordination

- [Amerihealth](#): 1-877-759-6224
- [HSCSN](#): 202-467-2737 (customer care)
- [MedStar](#): 855-798-4244 (Outreach Department)
- Amerigroup: 888-830-4300 (condition care manager; no ASD specific support); 833-346-1663 (care management program)
- [Rare and Expensive Case Management \(REM\) Program](#) (MD Medicaid)

○ Additional Resources

- [Children's National Social Work Resources](#)
- For DC residents, you can also contact 2-1-1

Please contact Jen Floran if you have questions: [jfloran@childrensnational.org](mailto:jfloran@childrensnational.org)