



ACTION PLAN FOR ANAPHYLAXIS

Patient's Name		Date of Birth	Expiration Date for Medication Plan
Health Care Provider		Provider's Phone Number	
Responsible Person (i.e., parent/guardian)		Phone Number	
Emergency Contacts	Home Telephone Number	Work Number	Cellular Number
1.			
2.			
Patient's known allergies:			

WATCH FOR SIGNS AND SYMPTOMS OF ANAPHYLAXIS

Medication:

To prevent anaphylaxis shock administer a one-time injection in thigh or specify other location.

☐ EpiPen Jr. (0.15 mg)

☐ EpiPen (0.3 mg)

☐ Other _____

Only a few signs and symptoms may be present. Severity of symptoms can change quickly. Some symptoms can be life threatening:

- Rash (especially hives) with redness and swelling (especially on face, lips and tongue)
- Shortness of breath, cough, wheeze
- Difficulty talking and/or hoarse voice
- Abdominal pain, vomiting, diarrhea
- Loss of consciousness

ACT QUICKLY !!!!!

How to give EpiPen® or EpiPen® Jr (can be administered through clothing)



1. Form fist around EpiPen® and pull off grey cap.



2. Place black end against outer mid-thigh.



3. Push down **HARD** until a click is heard or felt and hold in place for 10 seconds.



4. Remove EpiPen® and be careful not to touch the needle. Massage the injection site for 10 seconds.

1. Stay with the child and have someone call 911.
2. Locate EpiPen (epinephrine).
3. Oversee or assist child in injecting the epinephrine in thigh using medication listed above.
4. Contact responsible person or other emergency contacts listed above.

SCHOOL MEDICATION CONSENT AND PROVIDER ORDER FOR CHILDREN AND YOUTH:

Healthcare Provider's Initials

_____ This student was trained and is capable to self-administer with the auto injectable epinephrine pen.

_____ This student is not approved to self-medicate.

Health Care Provider's Signature

Date _____

☐ As the Responsible Person, I hereby authorize a trained school employee to administer medication to the student.

☐ As the Responsible Person, I hereby authorize this student to possess and self-administer medication.

☐ As the Responsible Person I understand this student is not authorized to self-administer medication.

As the Responsible Person, I agree that the school and its employees and its agents shall incur no liability and shall be held harmless against any claims that may arise relating to the administration, supervision, training, or self-administration of medication.

Responsible Person's Signature _____

Date _____

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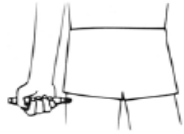
EPINEPHRINE INSTRUCTIONS

EpiPen® and EpiPen® Jr. Directions

- Pull off gray activation cap.



- Hold black tip near outer thigh (always apply to thigh).



- Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. Hold in place and count to 10. Remove the EpiPen® unit and massage the injection area for 10 seconds.

Twinject® 0.3 mg and Twinject® 0.15 mg Directions

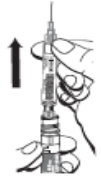


- Remove caps labeled "1" and "2."
- Place rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.



SECOND DOSE ADMINISTRATION: If symptoms don't improve after 10 minutes, administer second dose:

- Unscrew rounded tip. Pull syringe from barrel by holding blue collar at needle base.
- Slide yellow collar off plunger.
- Put needle into thigh through skin, push plunger down all the way, and remove.



EPIPEN MISTAKES

The BLACK TIP CONTAINS THE NEEDLE and needs to be placed against the mid-thigh.

Holding the wrong end and injecting the thumb is PAINFUL and will not treat the allergic reaction.



NO!

DO NOT PRESS THE WHITE END of the EpiPen. There is not a "button" on the white end.



NO!

DO NOT BOUNCE the pen when pushing into the thigh: It must stay in for 10 seconds for the medicine to get into the body.

The EpiPen will NOT work unless the gray cap is removed, no matter how hard you push



NO!

YES!

