



Car Seat Safety

Everything you need to know to keep your kids safe

BE SURE TO:

- Check with your vehicle's manual for proper car seat installation
- Use a **rear-facing car seat** with a 5-point harness
- Use the right car seat for your baby's **weight and height**
- Use the **vehicle's safety belt** or the **LATCH system** to secure the car seat in the car
- Tug at the car seat at the belt path to test for a **snug fit or installation**
- Once the car seat has been installed, **it should not move** more than 1-inch in any direction
- The **chest clip** should be placed at the infant's armpit level
- The car seat should be **reclined no more than 45 degrees** keeping the infant's airway open and always allowing the infant's head to have contact with the seat
- The **harness straps** should be placed at the infant's shoulders or below the shoulders
- **Allow one finger** under the harness straps at the top of the shoulder (not too tight or too loose)

