



Children's National

COMMUNITY PARTNERSHIPS

Advocacy Education Department
Child Health Advocacy Institute

Children's National Hospital's CARE mission is to excel in Care, Advocacy, Research and Education, and our community partnerships are integral to fulfilling our mission. The Advocacy Education department within the Child Health Advocacy Institute (CHAI) at Children's National strives to teach students, residents, fellows, faculty and other staff the most effective methods to become child health advocates. Recognizing that individuals in the community are the experts in their own health and experiences, we work closely with community organizations to train our learners on social determinants of health and health equity. Our Advocacy Education department currently has **over 15 community partnerships** that contribute to our vision of becoming a national model for socially accountable, interprofessional advocacy education, resulting in a skilled workforce driven to advocate for child health equity and systemic change.

Intern Advocacy Day

Intern Advocacy Day is a year round program created in partnership between the CHAI and the **Capital Area Food Bank** to promote community-based learning in advocacy and food insecurity. The program is offered to pediatric residents, faculty and staff who are interested in gaining skills in advocacy related to child poverty and food insecurity. Participants spend a day volunteering at the food bank's community garden or distribution center, undergo a food insecurity simulation activity that recreates a day in the life of families experiencing food insecurity and reflect on their professional role in advocacy and connecting families to food resources. The program has shown to improve participants' knowledge of advocacy and advocacy-related self-efficacy.

"Meet the Pediatricians" at Joyful Food Markets

"Meet the Pediatricians" at Joyful Food Markets is a resident-run, longitudinal community-based partnership. Residents partner with **Martha's Table**, a Washington, D.C. based anti-hunger organization, to provide health education at an after-school food market. They design and run interactive demonstrations on a different health topic every month and partner with a broad network of organizations to teach children and their families about healthy eating in addition to mental and physical wellness. This hands-on experience teaches residents about the impact and sustainability of a community-based intervention.

Community Bus Trips (CBT) Curriculum

The Community Bus Tours (CBT) Curriculum is an innovative curriculum developed in partnership between Children's National pediatric residency program and the CHAI. The goal of the CBT Curriculum is to provide first-year pediatric residents with training on health disparities and the social determinants of health through a bus trip to under-resourced areas of Washington, D.C. The curriculum is an active learning experience that illustrates how local factors contribute to health disparities in the population served by Children's National. Currently, **United Medical Center** and the **Latin American Youth Center** contribute to the curriculum's in-person learning experience.



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PEOPLE WHO COME TOGETHER TO COLLABORATE AND ACHIEVE
A COMMON GOAL FOR THE GREATER GOOD OF THE COMMUNITY

Trainee Education in Advocacy and Community Health (TEACH) Curriculum

The Trainee Education in Advocacy and Community Health (TEACH) Curriculum is an innovative multimodal curriculum that was developed in partnership between the CHAI and the Graduate Medical Education Office, funded by a 5-year grant from the Health Resources and Services Administration (HRSA). The TEACH Curriculum trains pediatric residents to understand, identify and address child poverty in the form of community-based activities through partnerships with the **DC Department of Human Services**, **Mary's Center, My Health GPS, Breathe DC**, the **George Washington University School of Medicine** and the **Total Family Care Coalition**. The curriculum consists of both eLearning and experiential learning in the form of community-based activities. Through participation in this curriculum, residents have shown improved knowledge, confidence, and attitudes about child poverty.

EMPOWERMENT THROUGH EDUCATION



Leadership in Advocacy, Under-resourced Communities, and Health equity (LAUNCH) Track

Under the leadership of Cara Lichtenstein, M.D., the mission of the LAUNCH Track is to train a new generation of residents who will create successful community partnerships and integrate public health concepts into the everyday practice of medicine to improve the health of under-resourced communities.

The **Community Building Blocks (CBB) rotation** is offered to first-year LAUNCH track pediatric residents. The goal of the CBB rotation is to teach residents about the community that they serve and about resources that will help them improve the health of children in the community. The rotation focuses on several social determinants of health with a combination of readings, meetings with inspirational leaders in the field and structured activities with the **Office of the State Superintendent of Education, Division of Youth Rehabilitative Services**, the **George Washington University** and other community agencies.

The **Child Health Advocacy Institute (CHAI) rotation** is offered to second-year pediatric residents who are part of the LAUNCH track and focuses on building knowledge and skills around addressing social determinants of health. The goal of the CHAI rotation is to orient residents to CHAI's efforts and work with legislative partners such as **Congressional offices** to understand the steps to engaging in advocacy, including identification of an issue, review of relevant data and policy, organization of partnerships, development and communication of proposed solutions and implementation.

In the **Population Health and Leadership rotation**, third-year pediatric residents in the LAUNCH track develop the skills to advance the medical home model in order to improve population health outcomes for children. Through diverse coalition meetings and hands-on activities with the **DC Hospital Association**, **DC Department of Behavioral Health, DC Public Schools**, the **Office of the State Superintendent of Education** and other local government agencies, residents learn how to community partnerships and governmental policies advance population health.