



Children's National.

# Community Mental Health CORE (Collaboration, Outreach, Research, Equity)

The Community Mental Health CORE is committed to working with partners to improve mental health outcomes for all children in Washington, DC. Our approach is multi-faceted, focusing not only on individual children and families but also on systems-level partnerships with educators, healthcare providers, civic leaders, family-run organizations, and the community to co-create innovative, evidence-informed approaches that improve outcomes for children and families. To learn more about our work, please email us at [CMHCORE@childrensnational.org](mailto:CMHCORE@childrensnational.org)

## Community Mental Health CORE Goals

**ACCESS:** Improve access to and utilization of high quality mental health care for all children and families

**EQUITY:** Serve as a catalyst to achieve racial and health equity throughout all aspects of our work

**SUSTAINABILITY:** Ensure that programs and interventions are scalable and enduring through research, policy, advocacy, and systems change

## Community Mental Health CORE Framework

- ▲ **What We Do:** Lead infrastructure building initiatives, develop enabling services to connect families to high quality care, and launch innovative models to deliver direct services.
- **Why We Do It:** To improve access, equity, and sustainability of high quality mental health care.
- **How We Do It:** Through partnerships and collaborations; policy and advocacy; research and evaluation; and technical assistance and education.



## Community Mental Health CORE-Led Programmatic Initiatives and Definitions

	<b>Direct Services</b> <ul style="list-style-type: none"> <li>• Autism Assessments Pilot in Primary Care</li> <li>• DC MAP (Mental Health Access in Pediatrics)</li> <li>• DC MAP Transitional Care Coordination Pilot Program</li> <li>• HealthySteps Programming and Expansion</li> </ul>	Individual-level, gap-filling services focused on addressing the needs of children and families through consultation or direct clinical care
	<b>Enabling Services</b> <ul style="list-style-type: none"> <li>• Early Childhood Mental Health Awareness Training (EC-MHAT)</li> <li>• EVERFI-Children's National Partnership: Mental Wellness Basics Online Curriculum</li> <li>• HealthySteps Family Advisory Council</li> <li>• Parent Cafés</li> </ul>	Population and community-level services to build capacity and connect providers and families to needed resources
	<b>Infrastructure Building Initiatives</b> <ul style="list-style-type: none"> <li>• Behavioral Health Transformation Workgroup</li> <li>• Billing, Financing, and Reimbursement</li> <li>• Clark Parent Child Network Infant and Toddler Pillar</li> <li>• CMH CORE Strategy Workgroup</li> <li>• DC Autism Collaborative (DC-AC)</li> <li>• DC Collaborative for Mental Health in Pediatric Primary Care</li> <li>• ECIN Community Building Meetings</li> <li>• Maternal Mental Health in Pediatrics Workgroup</li> <li>• Neurodevelopmental Workgroup</li> </ul>	Initiatives that build sustainable foundations to promote accessible and equitable behavioral health care

Initiatives are classified by primary category and may fall within more than one level or move throughout levels