

# Teaching Story:

MY EAR, NOSE, THROAT  
(OTOLARYNGOLOGY)

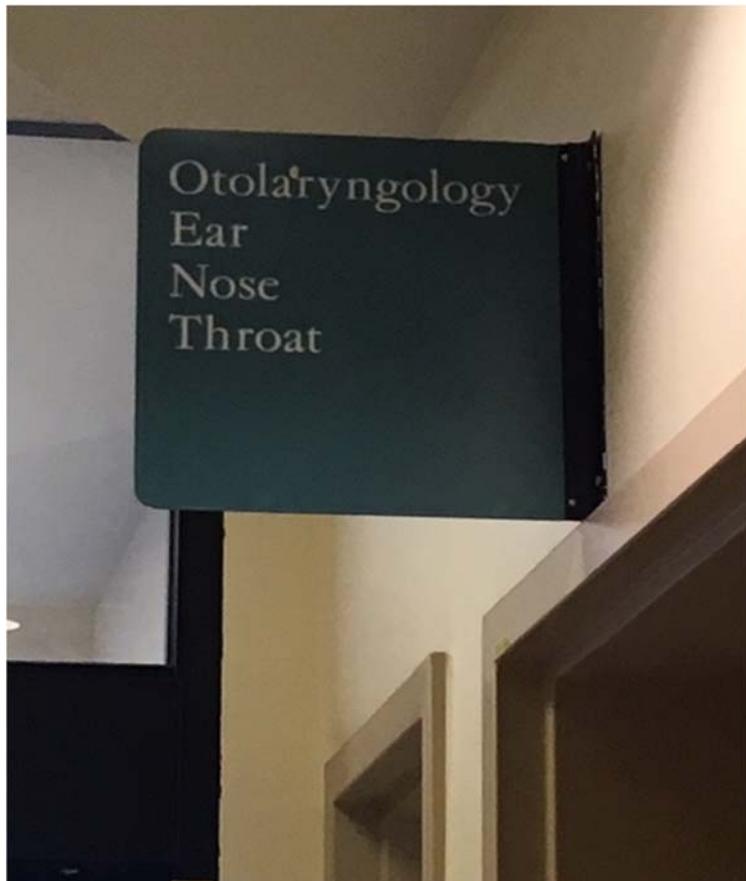
Welcome to Children's National!



Inside the hospital, I go to the welcome desk.  
My parents get a sticker. Now, I go to the ENT  
Clinic.



I walk to the ENT Clinic with my family.



My parent checks in at the front desk. I wait  
for my name to be called.





A team member will call my name. I sit down to get my blood pressure, temperature and weight.

A room looks like this.



When they call my name, I sit in the chair. Staff check my ears. A light will shine in my ear. This will not hurt.

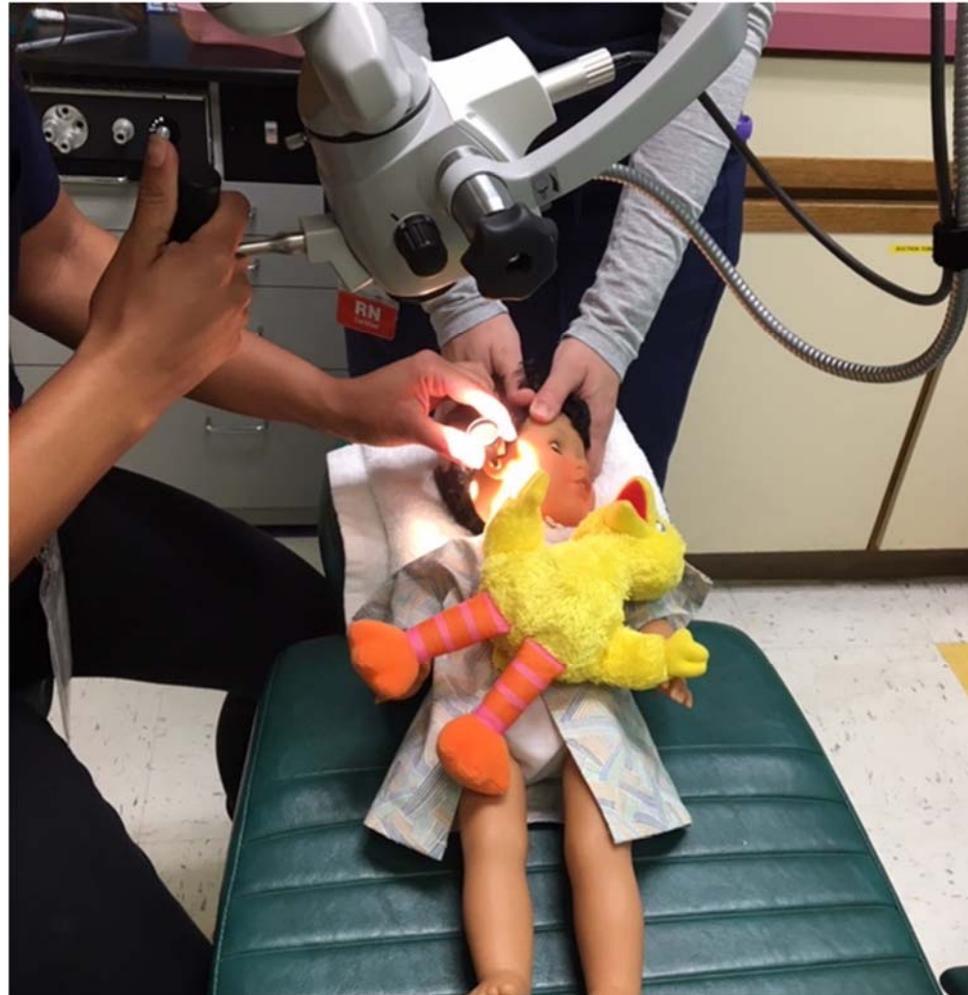




A small scope is inserted in my nose, I hold still and show safe hands. I am safe.



Staff will check my throat with a wooden flat stick. I stick out my tongue, and say "ahh".



I lay back in the chair and turn my head. The doctor will place a black tube in my ear. A light will shine. I hold very still, I am okay.



The doctor will place a thin baby spoon in my ear to remove my ear wax. I lay very still. This will tingle a bit.



The doctor will take a small vacuum, and suck out the remainder of wax. This will make a lot of sound. I lay very still. If I am scared, I can hold my parents hands.



The doctor will look inside my nose with a metal small instrument with light. This will tickle a bit.



A few drops of liquid will be placed down one  
of my nostrils.



The doctor will bring out a white plastic tub. A small tube is placed down my nose. My parent can sit with me and hold my arms. This will feel funny and tickle a bit.



I am all done! I get a reward, like stickers, for doing such a great job!!

To schedule an Ear, Nose and Throat (Otolaryngology) **appointment**, please contact the scheduling department:

Phone: 202-476-2159.

To request **Child Life support** for your child's ENT visit, please contact Volunteer Services department at 202-476-8939.

For additional **autism specific support or resources** for medical services, please visit the following website: <http://childrensnational.org/autismvisualresources>

Or contact the Autism Behavioral Consult program:

Phone: 202-476-2884

E-mail: [ABCconsultteam@childrensnational.org](mailto:ABCconsultteam@childrensnational.org)

Doll generously donated by:

My Sibling and My Pall Dolls



Elmo and Big Bird are Muppet character of Sesame Street

