

Visual Schedule: Blood Test

First, I go to the blood test office or hospital. I wait until it is my turn.



The nurse is very nice. She is going to help me today. I am kind and use safe hands with her.



The staff member wraps a stretchy band around my arm. It hugs my arm tight.



They clean my arm with a wipe. This may feel cold.

I am safe. I sit still and do not move my arm.



The staff member uses a little tube to get some blood. The blood goes into a bigger tube. My body makes more blood right away.



The staff member takes the tube out and puts a Band-Aid on my skin.

I am all done. Now, I can have a reward, like a sticker, if they have one. I did a great job.

