

BOWEL MANAGEMENT PROGRAM FOR FECAL INCONTINENCE AND SOILING

1

MECHANICAL TREATMENT

ENEMAS

- Antegrade vs Retrograde
- Normal saline vs water
 - Glycerin
 - Additives:
 - Glycerin
 - Soap

2

MEDICAL TREATMENT

HYPOMOTILITY

TREATMENT

- Senna (2 mg/kg)
- Water-soluble fiber
- Miralax (1/2-1 cap/day)*

**Usually used only in immediate post-operative periods to keep stools soft, stop after 1 month*

HYPERMOTILITY

TREATMENT

- Constipating diet
- Water-soluble fiber
- Medication
 - Loperamide
 - Hyoscyamine
 - Cholestyramine
 - Lomotil
- Small volume enemas



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If you have any questions, please contact the colorectal team at:
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