

# Welcome to HSC



# The Kids Handbook

Welcome to HSC!

We are happy you have chosen our hospital for your care.



- You will be given a handbook about your stay here at HSC. After you read it, if you have any questions please ask your nurse and we will be happy to answer your questions.

# You are very important at HSC

- You will have a daily schedule of getting up, having therapy and going to bed.
- Your parents may visit at any time. (Brothers and sisters and other visitors' hours are 10 am to 8 pm daily).
- One of your parents may stay overnight at your bedside.
- We want to help to make you healthy and happy.

# Play room and Teen Lounge

- The play room and teen lounge are on the unit, and are for you.
- They are places for you to meet other patients to play and to have fun.



# Food

- We want you to try some new foods and have some of your favorite foods while you are here.
- Please eat a healthy diet while you are at HSC.
- You get to choose foods to help in your healing.



# Safety Issues

- We want you to feel safe here at HSC.
- Your visitors will wear a HSC name tag so we will know who they are.
- HSC staff wear name tags too!



- For your safety, we will question anyone without a HSC name tag.

# Personal Items/Clothing

- We are happy to have clothing, toys and games for you during your hospital stay.
- If you bring your own things, be sure to put your name on each item!
- Please clean up in your room to keep the room pleasant and safe.



# You Have Rights!

- **As a patient at HSC, you can expect to:**
- Be called by your name and know the names of your doctors, nurses and any others who help care for you.
- Have people take the time to listen, hear what you say.
- Be treated kindly by people who take care of you.
- Be kept as pain free as possible.



# You Have Rights!

- Have your privacy respected.
- Make choices about your care and have staff answer your questions in a way you can understand.
- Have your family and friends around to comfort you and help take care of you when they are able.

# You Have Rights!

- Have an interpreter or assistive device if you need one.
- Have time to rest, sleep, study and play.
- Learn what you need to do so you can go home as soon as possible.