

Pediatric Pain Medicine



Children's National®

About Us:

The Pediatric Pain Medicine department at Children's National is one of the few interdisciplinary pain programs in the world for children's acute and long-term pain. We use evidence-based approaches to uncover personalized treatments that are safe and effective.

Our team of experts is committed to partnering with the child's family and primary care doctor to manage pain. We utilize a team approach to care and provide one-stop access to experts in pain, including pain physicians, psychologists, physical therapists, integrative therapies and traditional medical treatments.

Our Services:

- Acute Pain Service
- Chronic Pain Clinic
- Medical Acupuncture Service
- Headache Program
- Psychology and Behavioral Medicine
- Physical Therapy
- School Support

Appointments Available at:

- **Children's National Hospital**
111 Michigan Ave. NW
Washington, DC 20010
202-476-6765
- **Children's National Northern Virginia**
3023 Hamaker Ct.
Fairfax, VA 22031
- **Children's National Montgomery County**
9850 Key West Ave.
Rockville, MD 20850
- **Children's National Prince George's County**
2900 Campus Way N.
Lanham, MD 20706
- **Children's National Annapolis**
1730 West St.
Annapolis, MD 21401

Make an Appointment: 202-476-EASE (3273)

Children's National

Children's National is a leading pediatric hospital and health system. We are committed to providing the highest quality of care for our patients and their families. Our interdisciplinary approach to pediatric pain medicine is one of the few in the world. We use evidence-based approaches to uncover personalized treatments that are safe and effective.

We treat pain that has:

- Lasted longer than 4-6 weeks
- Failed standard treatment
- Significantly impaired quality of life

Pain is more than a physical injury. It also has social, emotional and psychological implications that affect the child, their family and friends.

Our approach is tailored to each child's unique needs. This includes standard therapies and alternatives backed by research, such as multi-sensory techniques that maximize the power of all five senses. This focuses a child's attention on the senses less impacted by that pain (i.e., sight, sound, taste, smell) to distract and deflect.

Features of Our Clinic:

- 6,675 sq. ft. of treatment space
- State-of-the-art teleconference and telemedicine technology to help diagnose and treat families around the world
- Semi-private infusion rooms designed to reduce stress on patients requiring infusions
- Comfortable, non-threatening medical and psychological assessment rooms that help children feel more at ease during assessment and treatment

Our Team:

- Elisha Peterson, M.D., FAAP, Chronic Pain Clinic Director
- Kelly Riely, CRNP
- Michael Lotke, M.D.
- Jeffery Rabin, D.O.
- Sarah Reece-Stremtan, M.D.
- Ira Cohen, M.D.
- Tracy Burns, M.D., FAAP
- Laura Gray, Ph.D.
- Emily Musy, PT