

Food Resources in Maryland



Children's National

Women, Infants, and Children (WIC)

WIC continues to offer all services over the phone, including new applications.

Montgomery County: 301-762-9426

Prince George's County: 301-856-9600

SNAP (Food Stamps)

Make an account and apply online at

mymdthink.maryland.gov/home

Please have as much of the following paperwork with you when you apply:

- Photo ID for yourself
- Social Security numbers (or A-numbers) for all in your household
- Proof of DC residency (such as a lease, utility bill, written letter from landlord)
- Proof of income (such as pay stubs from last month of work, Social Security or unemployment benefits, received child support payments, letter from employer)
- Proof of expenses (such as rent or mortgage receipt, utility and cell phone bills, childcare or dependent care costs, child support payments you owe)

Grocery Distribution Sites:

See updates at bit.ly/pgcfood

Adventist Community Services

501 Sligo Ave, Silver Spring, MD

Phone: 301-585-6556

Call to make an appointment.

Catholic Charities Center

12247 Georgia Ave., Silver Spring, MD

Pickup: 2nd and 4th Tuesday, 10am-2pm

The first 100 people will receive food. Bring a form of ID. If your family needs diapers, bring proof of child's age.

Fountain Community Enrichment

15853 Commerce Court, Upper Marlboro, MD

Drive through pickup: 1st and 3rd Friday, 11am-2pm

Galilee CDC

2101 Shadyside Ave., Suitland, MD

Phone: 301-776-0442

Pickup by appointment: Tuesday, Thursday, 12-2pm

To reach the Children's National Department of Family Services-Social Work Services call **202-476-3070** or visit our website at childrensnational.org/visit/resources-for-families/family-services/social-work



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LARS

311 Laurel Ave. Laurel, MD

Phone: 301-776-0442

Pickup by appointment only:

Monday, Wednesday, Friday 9am-2pm

Manna

12301 Old Columbia Pike, Silver Spring, MD

Phone: 301-4241130

Call by 3pm the day before to secure pickup.

Pickup: Tuesday-Sunday, 9am-2pm

Mission of Love

6180 Old Central Ave., Capitol Heights, MD

Phone: 301-333-4440

Pickup by appointment only.

Groceries: Monday-Thursday, 9am-2pm

Produce: Thursday, 11am - 3pm

Shabach Ministries

403 Brightseat Rd., Landover, MD

Phone: 301-532-7003

Pickup by appointment only:

Monday-Friday, 10am-2:30pm

Share Food Network

Value packages that cost \$22 and include \$40- \$45 worth of groceries.

Phone: 301-864-3115

Find locations throughout D.C, Maryland and

Virginia online at:

catholiccharitiesdc.org/share-find-site

Silver Spring Christian Reformed

1501 Arcola Ave, Silver Spring, MD

Phone: 301-325-0186

Pickup: 1st and 3rd Tuesday, 3-pm

St. Callimus

1600 St Camillus Drive, Silver Spring, MD

Phone: 301-328-5105

Pickup: Friday, 4-6pm,

Saturday, 10am-12pm

St. Stephens Baptist Church

5757 Temp Hills Rd., Temple Hills, MD

Pickup: Tuesday, 11am-3pm

UCAP

1400 Doewood Lane, Capitol Heights, MD

Phone: 301-322-5700 ext. 101

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

