

Tobacco & Vaping Cessation



Washington, D.C.

American Lung Association of the District of Columbia

- 202-546-5864
- action.lung.org/site/TR?fr_id=22778&pg=entry

Quit for Life

- 202-806-5293
- uhc.com/member-resources/health-care-programs/quit-for-life

Maryland

American Lung Association of Maryland

- 410-560-2120

Tobacco Use & Cessation Program

- 6401 York Road, 3rd Floor
Baltimore, MD 21212
- 410-887-0565
- baltimorecountymd.gov/departments/health/health-services/substance-use/tobacco/index.html

Virginia

Virginia Hospital Center

- 703-558-6740

Quit Now Virginia

- 1-800-QUIT-NOW (7848-669)
- vdh.virginia.gov/tobacco-free-living/quit-now-virginia/

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

