# Tobacco & Vaping Cessation



# Washington, D.C.

American Lung Association of the District of Columbia

- . 202-546-5864
- action.lung.org/site/TR?fr\_id=22778&pg=entry

### **Quit for Life**

- . 202-806-5293
- uhc.com/member-resources/health-care-programs/quit-for-life

# **Maryland**

American Lung Association of Maryland

· 410-560-2120

### Tobacco Use & Cessation Program

- 6401 York Road, 3rd Floor Baltimore, MD 21212
- · 410-887-0565
- baltimorecountymd.gov/departments/health/health-services/substance-use/tobacco/ index.html

# Virginia

## Virginia Hospital Center

· 703-558-6740

### **Quit Now Virginia**

- · 1-800-QUIT-NOW (7848-669)
- vdh.virginia.gov/tobacco-free-living/quit-now-virginia/

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.



**DISCLAIMER:** This list of resources is intended for informational purposes only and was up to date at the time of printing. It does not constitute endorsement by Children's National Hospital Department of Family Services-Social Work Services for any of the resources listed. **Last Revised:** July 14, 2022