

School Health Programs and Initiatives

Children's National Hospital recognizes education as a critical social determinant of health. Clinicians and staff from our health care settings care for children who attend school, where children spend a significant amount of their time. We believe collaboration across the health and education sectors is key to improving the lives of children. As an anchor institution and leading healthcare provider for children in the District of Columbia and region, Children's National has served the early childhood and K-12 school systems for more than two decades. Children's National currently leads 29 school health programs and initiatives that span efforts from direct clinical care to educational interventions. Since 2017, our institution has launched 10 new programs that innovatively address school health. Children's National is committed to strengthening and growing its school health programs and initiatives, and serves more than 200 schools across the Washington, D.C., region to improve outcomes for all children.




Programs and Initiatives

- ★ Celiac Disease School Policies and Trainings
 - Children's School Services, Inc.
- ★ Chronic Absenteeism Reduction Effort
- ★ Cross-Sector Early Childhood Learning Collaborative
 - Darkness to Light's Stewards of Children Sexual Abuse Prevention Training
- ★ Discover SCIENCE with Dr. Bear
 - District of Columbia School-Based Health Centers
 - Early Childhood Innovation Network
 - Health Education and Safety Training
- ★ Health Trainee Education on School Health
- ★ Healthy and Ready to Learn Mobile Unit
- ★ Healthy Food Market with Capital Area Food Bank
 - Help for Victims of Violence Collaboration
 - HEMONC Education Room
- IMPACT DC School-Based Education and Training
- Joyful Food Market "Meet the Pediatricians" Table
- KiPOW! (Kid Power)
- Lactation Support for New Heights Program for Expectant and Parenting Students
- ★ METEOR Program
 - Montgomery County Elementary School-Based Health Centers
 - Montgomery County High School-Based Health Centers
 - Orthopaedic and Sports Medicine Athletic Trainers Program
 - Period of PURPLE Crying Training
 - Prince George's County School-Based Wellness Clinics
 - Safe Concussion Outcome Recovery and Education Program
 - Safe Kids District of Columbia
- ★ Salad Science Program
- ★ School-Based Mental Health Teacher Training Institute at DC Prep
 - Trauma Informed Care Training

★ Indicates new programs

 **29** SCHOOL HEALTH PROGRAMS AND INITIATIVES LED BY CHILDREN'S NATIONAL

 CURRENT PROGRAMS SERVE **217 SCHOOLS ACROSS DC, MONTGOMERY CO. AND PRINCE GEORGE'S CO., MD**

The Child Health Advocacy Institute, through leadership and collaboration, advances policy and system changes to achieve health equity for all children. Our vision is that Children's National is a school-friendly health care system designed to ensure all children reach optimal health and achieve their full academic potential.

Highlights from Newly Developed School Health Programs and Initiatives*

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NEWLY DEVELOPED SCHOOL HEALTH PROGRAMS AND INITIATIVES SINCE RELEASE OF 2017 SCHOOL-BASED HEALTH PROGRAMS REPORT



DC HIGH SCHOOL STUDENTS ENGAGED IN STEM RESEARCH AND CAREER DEVELOPMENT THROUGH SUMMER LEARNING **METEOR PROGRAM**

11 PEDIATRIC CELIAC PROGRAMS,

EDUCATION ASSOCIATIONS, GOVERNMENT INSTITUTIONS, AND PATIENT ADVOCACY GROUPS collaborated to address celiac disease in schools through the *Celiac School Action Guidelines for Education (SAGE) Initiative*

STEM
230

DC STUDENTS IN GRADES K-5 ENGAGED IN OUT-OF-SCHOOL TIME STEM LEARNING THROUGH **Discover SCIENCE with Dr. Bear**



PRE-K STUDENTS engaged in healthy eating learning sessions through *the Salad Science Program*



STUDENTS AND FAMILIES REACHED MONTHLY TO LEARN ABOUT HEALTHY EATING through demonstrations as part of the *Healthy Food Market Program*



Pediatricians, early childhood educators and mental health providers engaged in improving early learning through *The Cross-Sector Early Childhood Learning Collaborative*

*This is a summary of program data captured between 2017 and 2019.