



School Health Summit 2024 Summary Report

EXECUTIVE SUMMARY

Children's National Hospital hosted a half day School Health Summit to showcase the Children's National School-Friendly Health System framework, school health initiatives and partnerships across the Washington metropolitan area, as well as to foster networking and new relationships between the health and education sectors. Held at the Children's National Research and Innovation Campus, the summit welcomed over 200 attendees from 35 organizations, including parents and high school students. Ten speakers shared their roles and mission to improve the health and wellbeing of children through programs, policy and systems change, with a focus on creating safe and supportive learning environments and addressing the root causes of critical issues, including chronic absenteeism and workforce development. A panel of experts who provide school-based services discussed challenges and potential solutions for improving healthcare and education in under-resourced communities, while a panel on youth engagement and voices in healthcare discussed strategies to engage youth in healthcare career opportunities. Children's National is committed to addressing school attendance and career training that can powerfully impact students' academic success and build the foundation for healthy, successful lives. It is vital for health and education sectors to build trusted partnerships and share decision-making with families and schools.





TABLE OF CONTENTS

Agenda 2

Introduction..... 3

Keynote And Panel Session Summaries 5

Conclusion 11

Speaker Summaries 11

Attendees..... 19

Acknowledgements 21

AGENDA

Welcome

Tonya Kinlow, M.P.A., Vice President of Community Engagement, Advocacy and Government Affairs, Children's National Hospital

Keynote

Maya Martin Cadogan, Executive Director, PAVE (Parents Amplifying Voices in Education)

Panel 1: Innovations Addressing Chronic Absenteeism and Increasing Access to Care

Moderator:

Arethusa Kirk, M.D., Pediatrician and Vice President, Population Health & Clinical Strategy, United Healthcare

Speakers:

- Andrea Boudreaux, Psy.D., M.P.H., M.A., F.A.C.H.E., Executive Director, Children's School Services
- Desiree de la Torre, M.P.H., M.B.A., Executive Director, Community and Government Affairs, Children's National Hospital
- Sara Johnson, Ph.D., Professor of Pediatrics, Johns Hopkins University School of Medicine
- Hope Rhodes, M.D., M.P.H., F.A.A.P., Medical Director, Town Hall Education Arts Recreation Campus (THEARC), Children's National Hospital

Panel 2: Youth Engagement Across the Region

Moderator:

- Reneé Roberts-Turner, D.H.A., M.S.N, R.N., N.E.-B.C, C.P.H.Q., Executive Director, Nursing Excellence, Child and Family Services, Children's National Hospital

Speakers:

- Andrea Zimmerman, Director, Advanced Technical Center, D.C. Office of the State Superintendent of Education (OSSE)
- Darcel Jackson, C.P.X.P., L.S.S.G.B., Manager, Patient Experience and Patient and Family Engagement Children's National Hospital
- Iana Clarence, M.P.H., Former Children's National Hospital Intern and Public Health Analyst, U.S. Department of Health and Human Services

INTRODUCTION



"We believe that addressing school attendance and offering career training programs can powerfully impact students' academic success and build the foundation for healthy, successful lives." – Tonya Vidal Kinlow

As the nation's children's hospital, Children's National mission is to excel in Care, Advocacy, Research and Education and we engage in school programs and initiatives across these areas to help us achieve our mission. We are advancing a comprehensive system of care for children – with aligned primary care, advocacy, public policy and



Children's National.

community partnerships – that improves outcomes for children and youth across the Washington metropolitan region. Given that 80 percent of our health is driven by social factors outside of access to healthcare, including access to high quality education, our hospital understands the urgency and necessity for health and education sectors to align efforts to address the needs of children and youth. Our Child Health Advocacy Institute leads initiatives that improve the health of our community, with a focus on programs, policies and systems that impact the determinants of health and populations that experience health inequities.

Children's National Hospital hosted a half day School Health Summit to showcase Children's National School-Friendly Health System framework, school health initiatives and partnerships across the Washington metropolitan area, as well as foster networking and new relationships. The ten summit speakers highlighted innovative cross-sector programs that are bringing care to schools, addressing chronic absenteeism and supporting youth through career development and pathway programs.

Our summit welcomed more than 200 education and health professionals from 35 organizations, including parents and high school students. Over 80 D.C. school nurses from Children's School Services attended the event as part of their summer professional development. The goals of the summit were to identify opportunities for innovative cross-sector collaborations and build new relationships across health and education to help children thrive.

The summit was held at Children's National Research and Innovation Campus Conference Theater. Children's National opened this campus in 2021 to drive innovation and reinvent pediatric research to help children grow up stronger. Through public and private partners, including industry, universities, federal agencies, start-up companies and academic medical centers, we have created an ecosystem that nurtures innovation from discovery to commercialization.

The event was sponsored by United Health Foundation and Children's National Child Health Advocacy Institute through leadership of Tonya Vidal Kinlow and Dr. Nathaniel Beers. Nearly two decades ago, Children's National became home to the country's first hospital-based department focused exclusively on child health advocacy. The Child Health Advocacy Institute advances programs, policies and system changes to achieve health equity for all children through advocacy and policy, community engagement, education and data and measurement.

Strengthening Collaborations with Schools

As an anchor institution and leading healthcare provider for children in the Washington, D.C., region, Children's National school health programs have served early childhood and K-12 school systems for nearly three decades. Children's National currently leads close to 50 school-connected programs and initiatives ranging from



Children's National.

direct clinical care to actual educational interventions. Our programs reach diverse groups of people—from students and teachers, to caregivers and other support professionals. Our 2024 School Health Programs and Initiatives report (childrensnational.org/school-partnerships) summarizes our current partnerships with schools.

We recognize that education is a critical social determinant of health that impacts long-term health and economic outcomes. Children's National developed the School-Friendly Health System framework (childrensnational.org/school-friendly) in collaboration with health and education leaders and national organizations. Children's National vision is to be a school-friendly health system that is actively working to ensure all children achieve optimal health and reach their full academic potential.

We believe partnering with schools in our local service area will not only improve service delivery to the students receiving care but will help improve health and academic outcomes. Through this work, we also strive to build trusted partnerships and share decision-making with families and schools. We help families advocate for the unique needs of their children and support schools to address community health issues, including asthma, healthy food access and mental health. Our goal is to advance health and education equity for children and families.

KEYNOTE AND PANEL SESSION SUMMARIES



“Our parent leaders are policy experts, fierce advocates and community connectors. We work with schools, elected officials, policymakers and other leaders, including our partners here at Children's National, to advance a parent-led agenda for systems change in our nation's capital.”— Maya Martin Cadogan

KEYNOTE

In recognition of the important role that parents and caregivers have in advocating for their children's health through collaborations with health and educational systems, Children's National invited Maya Martin Cadogan, Executive Director of PAVE (Parents Amplifying Voices in Education) as a keynote speaker. PAVE is dedicated to creating an environment where the vision for education in Washington, D.C., is created with children and families. During the pandemic, Children's National partnered with PAVE to provide parents and caregivers information about the COVID-19 virus and vaccines and attended PAVE's annual policy summit. In June 2023, we recognized PAVE and the DC Primary Care Association with a Children's National and HSC Health Care System Community Health Improvement Award for their leadership in helping Washington, D.C., parents and guardians understand the local education system, build relationships with elected officials and policymakers and lead and organize other families in advocating for policy change.

Ms. Cadogan started her career as a school and parent leader. As a proud 5th generation Washingtonian, Ms. Cadogan founded PAVE in April 2016 with an all-parent board of directors. PAVE is a growing network of 7,300 parents, including mothers, fathers, grandparents, aunts, uncles and other caregivers who come together to advocate, not just for their child, but for all children. In her keynote remarks, she discussed the importance of creating safe and supportive learning environments for children, especially in the current challenging times. Ms. Cadogan highlighted the efforts of PAVE's parent leaders to improve mental health and a whole child-centered education system.

PAVE policy efforts have focused on increasing the number of and funding for school-based mental health programs, social, emotional learning and restorative justice programs, ensuring training around trauma-informed practices and removing barriers to the implementation of a tiered system of supports. PAVE parents are concerned about the alarming increase in youth violence and poor academic outcomes, which have been exacerbated by the pandemic.

"In 2023 alone, 102 youth were shot for an average of 9 per month. Twenty-four percent of DC youth are now chronically absent with that number rising to 60% for our high school students. Two-thirds of students are not reading on grade level, and 80% are not doing math on grade level. These numbers are more alarming when you break them out by subgroup with students living east of the Anacostia River, low-income students and Black and Latino students faring far worse on all outcomes."

Ms. Cadogan emphasized the need for a comprehensive and equitable approach to addressing these issues and the significant contributions made by parent leaders in advocating for policies that benefit all learners. Ms. Cadogan also underscored the



Children's National.

importance of building trust with families, understanding history and culture and investing in a whole child model.

PANEL 1: INNOVATIONS ADDRESSING CHRONIC ABSENTEEISM AND INCREASING ACCESS TO CARE



“We saw through the pandemic that there are lots of ways in which we can expand our footprint in the clinic, but also through the schools to be able to reach children where they are. The United Health Foundation gave 3.4 million dollars over a three-year period and now has had some extension for mobile health units that are working in the District and in many parts of the country.” – Dr. Arethusa Kirk

As students, educators, parents and pediatricians recover from the challenges of the COVID-19 pandemic, it is critical for the health and education sectors to partner to address the needs of children. According to a report by Johns Hopkins University researchers, 66% of students attended a school where at least one in five classmates missed four weeks of school.¹¹ Supporting attendance is a key component of school and community health.

Hospitals and health systems, including ambulatory settings, need a framework for partnering with schools. A School-Friendly Health System approach can help hospitals and health systems deliver better care and patient experiences that enhance children's prospects for improved health and academic success. Children's National and RESOLVE (a nonprofit based in Washington, D.C., specializing in collaborative process design) led an effort to help hospitals, health systems and clinics become “school-friendly.” A School-Friendly Health System is a health system – meaning any entity that manages or provides healthcare services or programs, including hospitals, clinics and health centers – that is designed to ensure all children achieve optimal



health and reach their full academic potential. Health systems have demonstrated the ability to help children achieve fulfilling learning experiences that contribute to better academic outcomes and success (e.g., decreased health-related absences, more accessible services, improved care coordination in school).

The School-Friendly Health System framework consists of five principles, each accompanied by practices that help illuminate how a health system — from the systems level to individual providers — can support children's health and learning:

- Awareness. Be familiar with and responsive to the culture, policies and needs of the school systems and student populations they serve.
- Alignment. Have a cohesive strategy for collaborating with schools and communities that aligns with those partners' needs and goals.
- Accessibility. Make themselves accessible to school partners and collaborate with those partners to optimize students' learning experience.
- Accountability. Set organizational goals that support children's academic experience and set metrics and incentives that reinforce those priorities.
- Family Engagement. Collaborate and share power with families, understanding that they are the most important conduits between health systems and schools.

There is evidence that primary care, mobile units and school clinics can help alleviate the burden on the hospitals and are the front door for specialty care. Children's National partnership with the [United Health Foundation](#) enables the hospital to provide free, comprehensive healthcare to children from birth to age 21 in our mobile health program.

As part of a public-private partnership with the District of Columbia's Department of Health (DC Health), the Children's School Services program places specialized, dedicated school nurses in 112 District of Columbia public schools and 87 public charter schools. Children's School Services provides high-quality care in schools throughout the District of Columbia, caring for children's mental and physical health.

Improving Healthcare and Education in Under-resourced Communities

The mobile medical program at Children's National partners with schools to provide various health services like immunizations, well visits and screenings directly to students. The program aims to meet families' needs where they are by bringing care to where children learn. Dr. Rhodes highlighted the importance of building trust through school partnerships. Dr. Boudreaux explained how Children's School Services supports school attendance by having dedicated staff like nurses and care coordinators in schools. Dr. Johnson described the Rales model which integrates healthcare services into the school setting to address students' full range of needs and support academic success.

Drs. Johnson and Boudreaux discussed the challenges and potential solutions for improving healthcare and education in under-resourced communities. They highlighted



Children's National.

the importance of adequate staffing for mobile medical units and the need to build trust with families. Dr. Boudreaux also raised the issue of compensation and the challenge of not being able to bill for services provided to families in need. The discussion also touched on the integration of mental and physical health and the role of youth in advocating for health and wellness in their communities. The panel emphasized the need for collaboration and accountability to address these complex issues.

To address the epidemic of chronic absenteeism, Ms. de la Torre described how Children's National, DC Public Schools, Johns Hopkins University and other partners came together to create the Collaborative for Attendance Resources in Education and Health (CARE-H). The CARE-H program was developed to strengthen the connections between healthcare providers and educators by providing training and using cross-sector data sharing to engage the health system in addressing absenteeism. Receiving this monthly data helps healthcare teams identify students who are behind on well-child visits and identify those who need extra support to address chronic health concerns posing a barrier to school attendance.

[||| Chronic absenteeism challenges schools | Hub \(jhu.edu\)](#)

PANEL 2: YOUTH ENGAGEMENT ACROSS THE REGION



"I've worked for the last 12 years to make sure that we're engaging our patients and families as partners and co-designers and co-facilitators on projects and initiatives to enhance the safety, quality and experience that they receive. Recognizing that we did not have a lot of youth and patients specifically engaged in our patient and family advisory councils, we have been working to engage them better as partners in our work." – Darcel Jackson



Workforce development programs for youth are an essential part of transitioning to adulthood to prepare the next generation for the work field. As healthcare workforce shortages continue to increase and economic divides continue to grow, workforce development programs for youth will help address these concerns and provide opportunities.

Children's National has committed to strengthening employment opportunities through its [2022-2025 Community Health Improvement Plan](#). Our strategy is to sustain and expand hospital youth engagement programs and job opportunities, which include internships, trainings and research opportunities with the following anticipated goals:

- Increase number of participants in youth engagement programs and job opportunities
- Increase number of job opportunities for people with disabilities
- Increase diversity of youth in healthcare career pathways

Addressing Barriers in Youth Workforce Development

Panelists highlighted the financial and access challenges youth face that prevent them from pursuing opportunities. Ms. Clarence reflected on her experience working with youth, emphasizing the need for proper compensation, transportation services and basic needs such as providing meals. Ms. Jackson also stressed the importance of providing access to transportation services and bringing opportunities to youth directly within their communities. Ms. Zimmerman highlighted how the Advanced Technical Center (ATC) in the District of Columbia is addressing these barriers by providing students with transportation support to and from schools, which has minimized safety concerns and the burden of travel for students.

Advancing Healthcare Career Programs

Panelists discussed various methods to advance healthcare career programs. Ms. Jackson discussed how growing technology can be utilized to reach youth and keep them connected with opportunities. Programs can provide hybrid options and use electronic communications to engage youth and bring opportunities to them directly. Ms. Clarence advocated for increasing mentorship programs and building mentor-mentee relationships to keep youth connected, even after the completion of their program. Engaging youth with those who experienced similar career paths further builds relationships and representation for future generations. Ms. Jackson and Ms. Clarence also discussed the importance of representation and advocacy for youth opportunities in allied health. They explained how providing youth with opportunities to share their stories will help prepare youth to be leaders among their peers, communities and in the workforce.

CONCLUSION

Closing Comments from Michelle Riley-Brown, Children's National President and Chief Executive Officer

We are grateful for the opportunity to host this event through funding from our hospital and United Health Foundation, with the goal of continuing to foster networking across health and education.

Our speakers highlighted innovative, cross-sector programs that are bringing care to schools, addressing chronic absenteeism and supporting youth through career development and pathway programs. At Children's National, we believe that partnering with local schools makes our work of caring for students better, while also improving their learning outcomes. Education is a critical social predictor that impacts both long-term health and economic prospects.

I especially want to acknowledge the many school-based staff and nurses in attendance. Those of you who work directly with students day-to-day are heroes in keeping them healthy and feeling safe and valued.

Through collaboration with community and national organizations, Children's National led the development of the School-Friendly Health Systems framework to advance health and education equity for children and families. Through this work, we also strive to build trusted partnerships with families and schools. We know that caregivers are experts in their children, as are the educators who work with them daily. We help families advocate for their unique needs and support schools to address community health issues, including asthma, food access, and mental health.

I am grateful that so many important stakeholders came together for this summit. Young people don't exist in a vacuum. Events like these are an opportunity to strengthen collaboration among healthcare, education and employment.

We appreciate the contributions of the speakers and staff and our partners and families who are working with us to foster a school-friendly health system. Through our summit and ongoing collaborations with community stakeholders in Washington, D.C., and across the nation, we hope you will join us in putting children and families at the center of all we do to help children thrive.

SPEAKER SUMMARIES

Tonya Vidal Kinlow, M.P.A., Vice President, Community Engagement, Advocacy & Government Affairs, Children's National Hospital

Tonya Vidal Kinlow, M.P.A., is vice president of Community Engagement, Advocacy & Government Affairs at Children's National. She leads Children's National local and national advocacy and education efforts under the umbrella of the Child Health Advocacy Institute. She also works with federal and local government stakeholders to ensure that the needs of children are kept in the forefront of the development of policies and regulations.

Prior to joining Children's National in 2014, Ms. Kinlow was the vice president of Government Affairs for CareFirst BlueCross BlueShield in the National Capital Area. She has spent 25 years leading and managing government relations for associations and healthcare payers including the District of Columbia Hospital Association, the Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., and the National Medical Association. As a prominent community leader, Ms. Kinlow has held a number of elected and volunteer leadership positions with Washington, D.C., metropolitan area community organizations.

Her advocacy on behalf of children extends beyond her work in healthcare. Ms. Kinlow is a former member of the D.C. Board of Education and was the first ombudsman for D.C. Public Schools. In both roles, she fought to make sure all District children had access to quality, free public education. She currently holds board membership roles with the Smithsonian Anacostia Community Museum, the Greater Washington Urban League., and the Consumer Health Foundation, and is also co-chair of the Federal City Alumnae Chapter of Delta Sigma Theta GEMS.

Ms. Kinlow received her master's degree in public administration from American University and her undergraduate degree in Political Science from Loyola University of New Orleans, La.

Keynote Speaker

Maya Martin Cadogan
Executive Director
Parents Amplifying Voices in Education (PAVE)

D.C., her people and issues of equity and social justice are in Maya Martin Cadogan's history, heart and home. Maya is a proud 5th generation Washingtonian whose great-great grandfather, George Martin, is featured on the cover of



Children's National.

“[Black Georgetown Remembered](#)”, a book which celebrates the vibrant and beautiful history of what was once a 200 years old thriving black community in the Georgetown and Foggy Bottom neighborhoods of Washington, D.C. A product of an excellent education and public policy programs targeted to serve low-income families, Ms. Martin Cadogan was raised by a single mother from Harlem and the Bronx who is a lifelong educator and born to a native Washingtonian father who was an attorney representing the rights of taxicab drivers in the city. She currently resides in D.C.'s Ward 6 with her husband James Cadogan, a civil rights attorney and former Obama administration official who is the vice president of Criminal Justice at Arnold Ventures, where he leads the team's pretrial justice portfolio focusing on bail reform, court diversion, prosecution, and jails.

Prior to founding PAVE in April 2016 with an all-parent board of directors, Ms. Martin Cadogan was an entrepreneur in residence with New Schools Venture Fund from November 2015 to April 2016. Previously, she served as the chief of staff at Achievement Prep, a public charter school network located in Ward 8, where she focused on developing and leading the organizational infrastructure as the network grew, as the director of Policy and Special Programs for Center City PCS, another D.C. charter network with six campuses throughout the city, as a senior program manager for Sponsors for Educational Opportunity (SEO), a non-profit that places students of color in corporate financial internships, and as an assistant director of Admissions for her alma mater, Dartmouth College, focused on growing the number of racially underrepresented students at the college.

Ms. Martin Cadogan received her bachelor's degree in Sociology and History from Dartmouth College and a master's of Public Policy from the Harvard Kennedy School of Government.

Panel 1: Innovations Addressing Chronic Absenteeism and Increasing Access to Care

Moderator

Arethusa Stevens Kirk, M.D., Vice President, Population Health and Clinical Strategy
United Healthcare Community & State

Arethusa Stevens Kirk, M.D., is a national senior medical director for UnitedHealthcare Community & State where she serves as the vice president of Population Health & Clinical Strategy supporting each of the health plans nationally to achieve key clinical and business objectives. Areas of focus in her portfolio and for her team include population health strategy, health equity and quality advancement, clinical model and program development, virtual health, medical behavioral health integration and clinical innovation.



Children's National.

With over 15 years of healthcare and community leadership experience, Dr. Kirk has served as the vice president of Medical Affairs at a federally qualified health center in Baltimore City and as a National Health Service Corps Scholar. She continues to practice as a primary care physician and as an associate physician of the Neurology and Development Inpatient Unit at Kennedy Krieger Institute.

Dr. Kirk is board certified in Pediatrics and completed her residency at the Johns Hopkins Children's Hospital. She holds an honors degree in Visual Arts and Semiotics from Brown University and her medical doctorate from George Washington School of Medicine. Prior to her career in medicine, she served with the Missionaries of Charity in India, taught at an open school in the Republic of South Africa, and lived with a regional village midwife as a U.S. Peace Corps Health Education Volunteer in The Gambia, West Africa. Finally, her parallel chief commitment is to shepherd the development and potential of her two boys.

Panelists

Andrea J. Boudreaux, Psy.D., M.P.H., M.A., F.A.C.H.E., Executive Director, Children's School Services, Children's National Hospital

Andrea J. Boudreaux, Psy.D., MPH, MA, FACHE, is a committed healthcare executive and pediatric psychologist with nearly two decades of progressive leadership in healthcare administration and clinical practice. She is a dedicated clinician who recognizes the plight of minorities in both mental and physical health.

An honors graduate of Howard University and Texas A&M University School of Public Health, Dr. Boudreaux is excited to return to Washington, D.C., and lead this important work addressing the needs and improving health outcomes and access for children across the District.

Dr. Boudreaux is board certified in Healthcare Management as a Fellow in the American College of Healthcare Executives. In 2022, she was named one of 10 [Diversity Leaders to Watch](#) by Modern Healthcare.

Prior to joining Children's School Services, she worked with national health systems HCA, Kaiser Permanente, Triad Hospitals and Catholic Health Initiatives in senior leadership roles where she led organizational transformation, prioritized equity and integrated mental/behavioral health into primary care. Dr. Boudreaux is a champion of health equity and population health initiatives that shift organizational strategy around the needs for the patient and community.

During her time in clinical practice, Dr. Boudreaux sought to improve the health of her patients by recognizing the importance of meeting not only their psychological and



Children's National.

emotional needs, but also ensured their social and physical needs were met. Her research included integration of spirituality/religion into psychotherapy as well as the underutilization of mental health services within the African American community. While she spent her clinical practice addressing mental health needs, Dr. Boudreaux is a champion of maternal health and eliminating disparities for women and babies of color. Currently, Dr. Boudreaux co-chairs the Healthcare Access and Quality workgroup of the Mom and Baby Action Network, a partnership between the March of Dimes and the Centers for Disease Control, and she recently completed her tenure on the Executive Committee of the Board of the Healthcare Transformation Task Force. She serves as an alumni member of the TAMU School of Public Health Advisory Board and is Vice Chair of POWER Foundation.

Dr. Boudreaux's network includes membership in American College of Healthcare Executives (ACHE), American Psychological Association (APA), Women Business Leaders of the US Healthcare Industry (WBL) and National Association of Health Services Executives (NAHSE). For fun, she enjoys cycling and running with her Peloton family, showcasing her vocal and dramatic gifts in community theatre and participating in community service activities with her sorority sisters of Alpha Kappa Alpha Sorority, Incorporated.

Desiree de la Torre, M.P.H., M.B.A., Executive Director, Community Affairs and Government Affairs, Children's National Hospital

Desiree de la Torre, M.P.H., M.B.A., is dedicated to creating healthy communities through increasing access to quality care and moving beyond the walls of the hospital to address the social, economic and environmental conditions that contribute to poor health outcomes and higher healthcare costs.

Ms. de la Torre is the executive director of Community and Government Affairs for Children's National Hospital in Washington, D.C., where she leads the organization's community health improvement strategic planning process, including partnerships with community organizations, resources to address health disparities and compliance with federal and local community benefit regulations. She is responsible for the development of new models of care that improve health equity and impact the social determinants of health. This includes multi-sector collaborations with community organizations, schools, government agencies and payors.

Ms. de la Torre is a member of several local and national councils and associations, including the chair of the Commission on Health for Montgomery County, Maryland. She is a Presidential Leadership Scholar, a program that serves as a catalyst for a diverse network of leaders brought together to collaborate and make a difference in the world as they learn about leadership through the lens of the presidential experiences.



Children's National.

Ms. de la Torre holds a master's degree in Public Health from Boston University, a master's degree in Business Administration from Johns Hopkins University and a bachelor's degree in Psychobiology from the University of California, Los Angeles.

Sara Johnson, Ph.D., Professor of Pediatrics, Johns Hopkins Medicine

Sara Johnson, Ph.D., is the Blanket Fort Foundation Professor in Pediatric Population Health and Health Equity Research at the Johns Hopkins University School of Medicine. She also holds joint appointments in the [Department of Population, Family and Reproductive Health](#) and the [Department of Mental Health](#) in the Bloomberg School of Public Health. She is director of the [Rales Center for the Integration of Health and Education](#) and director of the General Academic Pediatrics Fellowship Program.

Dr. Johnson's research focuses on understanding the biological and social mechanisms that perpetuate health inequalities across the life course and across generations and ways to interrupt them. Current projects include an investigation of maternal stress in pregnancy and its impact on child growth via epigenetic mechanisms and a three-generation study of families in Baltimore focused on understanding pathways to success in the context of early adversity. Her school-based work is focused on evaluating new models of school health to reduce health and educational inequality in Baltimore.

Hope Rhodes, M.D., M.P.H., Medical Director, Children's National Health Center at THEARC and Mobile Medical Program

[Hope Rhodes, M.D., M.P.H.](#) is a pediatrician at Children's National Health Center in Anacostia and is the co-medical director for the [Healthy Generations Program](#). She has been a part of the Children's National community since 2006, when she participated in the Pediatric Residency Program. She served as a Chief Pediatric Resident from 2009-2010, after which she joined the faculty at what is now the [Children's Health Center \(CHC\) in Anacostia](#).

In addition to her role at Children's, Dr. Rhodes is a member of the American Academy of Pediatrics and various subcommittees including the Council on Community Pediatrics, Section on Adolescent Health and Section on Minority Health, Equity and Inclusion. She is also a member of the Maternal and Child Health, Community Health Planning and Policy Development committees of the American Public Health Association.

Dr. Rhodes completed her undergraduate and medical school education at Howard University in Washington, D.C., and attended Johns Hopkins Bloomberg School of Public Health where she received her master's degree in Public Health. She is participating in the George Washington University Atlantic Fellowship for Health Equity, a program which is part of a larger global community committed to addressing various aspects of



Children's National.

health equity. In this program, she hopes to reinforce her knowledge and skills in addressing health disparities across our healthcare system.

Dr. Rhodes was born and raised in Baltimore City, an upbringing which provided her with an early introduction to how psychosocial factors impact health outcomes. She is particularly interested in a variety of health-related subjects including reproductive health, adolescent parents, health equity and medical education.

Panel 2: Youth Engagement Across the Region

Moderator

Reneé Roberts-Turner, D.H.A., M.S.N, R.N., N.E.-B.C, C.P.H.Q., Executive Director, Nursing Excellence, Child and Family Services Children's National Hospital

Reneè Roberts-Turner, D.H.A., M.S.N., R.N., N.E.-B.C., C.P.H.Q.'s, research interests encompass leadership, nurse job satisfaction and patient experience. She is committed to ongoing learning in the field of leadership. Dr. Roberts-Turner served as the principal site investigator for a study focused on essential success factors during the merger of two clinical units and also as a co-investigator for a research project aimed at reducing errors in nurses' utilization of intravenous pump technology. Currently, she is leading an international study that explores Mid-Level Nurse Leaders' Role-Related Peak and Nadir Experiences, which is funded by the Nursing Research Support Award from Dr. Suzanne Feetham. Additionally, Dr. Roberts-Turner played a key role in leading an inter-professional team that secured an American Nurses Association Antiracism grant to fund a project aimed at creating an educational program for nurses and support staff on the care of Black and Indigenous People of Color (BIPOC) patients' hair.

Panelists

Darcel Jackson, C.P.X.P., L.S.S.G.B., Manager, Patient and Family Centered Care, Children's National Hospital

Darcel Jackson, C.P.X.P, L.S.S.G.B., holds the position of manager of Patient and Family Centered Care at Children's National. In this capacity, she is dedicated to advancing Patient and Family Centered Care by collaborating with patients and families as co-designers and co-facilitators in process improvement initiatives, ultimately enhancing the overall experience for families receiving care within the organization.

Her 18 years of experience raising her daughter, Anniyah, who had complex medical needs, transformed her life and fueled her passion for driving positive changes and improvements in the healthcare system and family caregiving within her community.

Ms. Jackson also contributes as a parent advisor on the system-level Patient and Family Advisory Council and is actively involved in various hospital committees and projects, where she helps design, implement and evaluate services, programs and systems that improve family services by integrating the patient and family perspective.



Children's National.

Iana Clarence, M.P.H., Public Health Analyst, Office of Population Affairs, United States Department of Health and Human Services

Iana Clarence, M.P.H., is a public health analyst for the Office of Population Affairs at the U.S. Department of Health and Human Services. In her role, she monitors and evaluates a portfolio of teen pregnancy prevention grantees across the United States. Prior to this role, Ms. Clarence served as program manager for the DC Network for Expectant and Parenting Teens (DC NEXT!) at the D.C. Primary Care Association. Ms. Clarence has several years of experience demonstrating her commitment to youth engagement and adolescent health. She entered the field as a graduate intern for Children's National and later led youth engagement efforts for the Child Health Advocacy Institute.

Ms. Clarence graduated from George Mason University with a bachelor of science in Health Administration and obtained her master of Public Health at the George Washington University.

Andrea Zimmermann, M.P.A., Advanced Technical Center Administrator, DC Office of the State Superintendent of Education

Andrea Zimmermann, M.P.A., has a passion for education and building collaboration between educators, employers and community stakeholders. She brings this energy to the Office of the State Superintendent of Education in her current role as administrator of D.C.'s first-ever Advanced Technical Center.

She first connected with her passion for education, activating youth and coalition building while in Ukraine as a Peace Corps Volunteer in 2009. She went on to work at the U.S. Department of Education's Offices of Career, Technical and Adult Education and of Postsecondary Education and then Advance CTE, a national nonprofit representing state leaders of career and technical education. Born and raised in Illinois,

Ms. Zimmermann has lived in D.C. since 2012. She earned her master's degree in Public Affairs Reporting from the University of Illinois-Springfield and her bachelor's in Journalism from Southern Illinois University.

Speaker Organizations and Programs

- [Parents Amplifying Voices in Education \(PAVE\)](#)
- [Children's National Mobile Health Program](#). Schools interested in partnering with the mobile medical unit may email mobileclinic@childrensnational.org.
- [Children's School Services](#)
- [Collaborative for Attendance Resources in Education and Health \(CARE-H\) | Children's National Hospital](#)

- [The Rales Center – Integration of Health and Education](#)
- [Career and Technical Education \(CTE\) | Office of the State Superintendent of Education \(OSSE\)](#)
 - [CTE Advanced Technical Center One-Pager | OSSE](#)
- [Youth Engagement | Children's National Hospital](#)
- [Project Insight](#)

Resource Table Materials

- [School Partnerships | Children's National Hospital](#)
- [School-Friendly Health System Framework | Children's National Hospital](#)
- [School Health Connections newsletter](#)
- [Child and Adolescent Protection | Children's National Hospital](#)
- [Stop the Bleed Training](#)
- [International Day of Women and Girls in Science High School Symposium](#)
Save the Date: February 11, 2025

ATTENDEES

Advocates for Justice and Education

American Counseling Association

CareFirst BlueCross BlueShield

Chi Bornfree, Inc.

Children's Hospital Association

Children's Law Center

Children's National Hospital

Children's School Services

Compass Care

Coolidge High School - NAF Academy of Health Sciences

DC Charter School Alliance

DC Deputy Mayor for Education
DC Department of Health
DC Department of Insurance, Securities and Banking
DC Hunger Solutions
DC International Public Charter / DC Health Occupations Students of America, Future Health Professionals (HOSA)
DC Office of the Attorney General
DC Public Schools
DC State Board of Education
Dominion Hospital/HCA Healthcare
Eastern High School Academy of Health Sciences
Grandparent Caregiver's Program
Grassroots Health
Health Services for Children with Special Needs (HSCSN)
Johns Hopkins School of Medicine Rales Center
Medstar Health
McKinley Technology High School HOSA Chapter
National Board for Certified Counselors
Office of the State Superintendent of Education
Parents United for School Health
Parents Amplifying Voices in Education
Safe Kids Worldwide
United Healthcare
United Planning Organization
United Way National of the Capital Area

ACKNOWLEDGEMENTS

The Child Health Advocacy Institute at Children's National would like to extend our appreciation to the many individuals who contributed to the summit. Thank you to the attendees, including healthcare and education professionals, government partners, funders, parents and youth, who inspire us every day. The event planning and development of this report were led by Julia DeAngelo, Program Manager of School Strategies with support from Katherine Chen, Graduate Student Intern, Jennifer L. Stinebiser, Marketing and Communications Consultant, Danielle Dooley, Medical Director of Community Affairs and Population Health and Desiree de la Torre, Executive Director, Community and Government Affairs. We are grateful to Tonya Vidal Kinlow, Vice President of Community Engagement, Advocacy and Government Affairs and Nathaniel Beers, Executive Vice President of Community and Population Health for their leadership in school health and sponsoring the event. We also thank Shamia Holloway, Public Affairs Liaison at Children's National Research and Innovation Campus for helping to plan and coordinate tours of the Children's National Research and Innovation Campus' Center for Genetic Medicine Research and JLABS @ Washington, DC, following the event.

For more information, visit childrensnational.org/school-partnerships and contact schoolpartnerships@childrensnational.org.