

SUBJECT: Treatments and Medication Administration PROCEDURE:NUR: II:3109P Nursing Students and Instructors

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I. <u>PROCEDURE</u>

Nursing students and their clinical instructors may administer treatments and medications in accordance with Children's National Medical Center's policy, procedures, and clinical standards.

- A. Students of Professional Nursing
 - 1. Delegation and/or Assignment of Treatments and Medication Administration Responsibilities:
 - a) The Registered Nurse (RN), either the faculty and/or Children's National staff is responsible for analyzing and evaluating the outcomes of care of an assigned or delegated task.
 - b) The Registered Nurse, either the faculty and/or Children's National staff supervises and determines appropriate actions of any student involved in patient care.
 - 2. Administration of Treatments
 - a) All treatments performed by students of professional nursing must be supervised by an instructor who has completed Children's National Affiliate Faculty Orientation Program, or a Children's RN who has successfully completed a unit based orientation program.
 - b) Students of professional nursing may NOT, under any circumstance, perform the following treatments, which include but are not limited to:
 - (1) Flush a central venous access device
 - (2) Irrigate nephrostomy tubes
 - (3) Care for arterial lines
 - (4) Insert an oral or nasal airway
 - (5) Administer blood or blood products
 - (6) Take a verbal or telephone order from a physician
 - (7) Start a peripheral intravenous line
 - (8) Point of Care Testing (e.g. Precision G, urine dip)

- c) Students of professional nursing must be directly supervised EVERY TIME one of the following treatments are performed, which include but not limited to:
 - (1) Flush a peripheral intravenous line
 - (2) Change intravenous pump tubing
 - (3) Perform endo-tracheal suctioning
 - (4) Perform naso-tracheal suctioning
 - (5) Tracheostomy care inclusive of suctioning of the tracheostomy, stoma care, and tie changes
 - (6) Assist an RN with a routine tracheostomy tube change
 - (7) Passing and/or irrigating a nasogastric tube
 - (8) Central line dressing changes
 - (9) Administration of enteral tube feedings
 - (10) Discontinue an intravenous line
 - (11) Administer TPN or lipids
 - (12) Perform burn/wound care
 - (13) Transport a sedated patient independently without an RN trained in moderate (conscious) sedation
- 3. Medication Administration
 - a) Professional nursing students must comply with Children's National's Medication policies and procedures.
 - b) Professional nursing students may administer medications under the supervision of an instructor who has completed the Children's National Affiliate Faculty Orientation Program or a Children's Registered Nurse who has successfully completed a unit based orientation program.
 - c) Students of professional nursing must always be under DIRECT supervision when administering the following medications:
 - (1) All medications administered by intravenous drip
 - (2) Digitalis preparations
 - (3) Medications requiring specialized administration techniques (e.g. Interferon)
 - (4) Parenteral Narcotics**
 - (5) Insulin**
 - (6) ACTH
 - (7) Research and investigational drugs

(8) Anticoagulants

**These medications must be cosigned by two registered nurses.

- d) Professional nursing students MAY NOT under any circumstance administer medications via IV push or sedation/analgesia for diagnostic or therapeutic purposes, including moderate (conscious) sedation.
- B. Students of Practical Nursing
 - 1. Administration of Treatments
 - a) All treatments performed by students of professional nursing must be supervised by an instructor who has completed Children's National Affiliate Faculty Orientation Program, or a Children's RN who has successfully completed a unit based orientation program.
 - b) Students of professional nursing may NOT, under any circumstance, perform the following procedures, which include but are not limited to:
 - (1) Perform naso-tracheal or endotrachel suctioning
 - (2) Flush peripheral or central intravenous lines
 - (3) Irrigate nephrostomy tubes
 - (4) Insert oral or nasal airways
 - (5) Care for arterial lines
 - (6) Transport a sedated patient independently without a Registered Nurse trained in Moderate Sedation
 - (7) Change or assist in changing a tracheostomy tube
 - (8) Care for a peritoneal dialysis catheter's exit site
 - (9) Perform venipuncture/blood draws
 - c) Students of practical nursing must be directly supervised EVERY TIME one of the following treatments are performed, which include but not limited to:
 - (1) Administration of enteral tube feedings
 - (2) Irrigation of nasogastric tubes
 - (3) Burn/wound care
 - (4) Urinary catheterization
 - (5) Oral-naso or nasopharyngeal suctioning
 - (6) Intravenous pump tubing change
 - (7) Tracheostomy care inclusive of suctioning of the tracheostomy tube
 - (8) Stoma care, tie changes

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- (9) Central line dressing changes
- (10) Chest tube care/maintenance
- (11) Ostomy care
- (12) Discontinue an intravenous line
- C. Instructors of Nursing Students
 - 1. All instructors must complete the Children's National Medical Center (Children's National) Affiliate Faculty Orientation Program prior to the start of clinical supervision of students. Refer to Nursing Policy 3114.
 - 2. All instructors are responsible for orienting students to Children's National organization and policies and procedures before or on the initial day of the student's clinical rotation.
 - 3. All instructors must comply with Children's National policies and procedures.
 - 4. The instructor must supervise all patient care (inclusive of treatment administration, medication preparation and administration, and documentation) provided by the student.
 - 5. The instructor must cosign all documentation of care, treatment, administration, and medication administration performed by the student.

II. <u>REVIEW OR REVISION DATE</u>

Original: 08/98 Reviewed: 03/00 Revised: 04/01 Reviewed: 05/01 Reviewed: 10/01 Revised: 08/04 Revised: 02/12

III. <u>REFERENCES</u>

Rodriguez, Lori. Manual of Staff Development Mosby-Year Book Inc. St. Louis. 1996