## **Teaching Story:** HAVING AN OVERNIGHT EEG



ChildrensNational.org

#### Welcome to Children's National!





Inside the hospital, I go to the welcome desk. My parents get a sticker. Now, I go to the Neurology Clinic.











# My hospital room looks like this.

When it's time for the EEG, I sit or lay down.

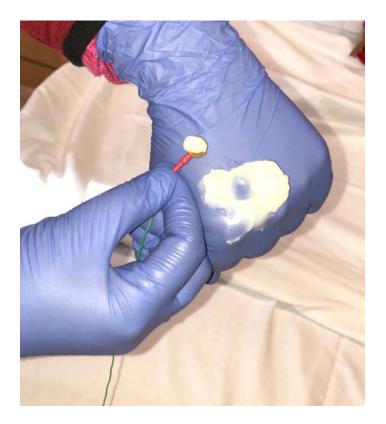


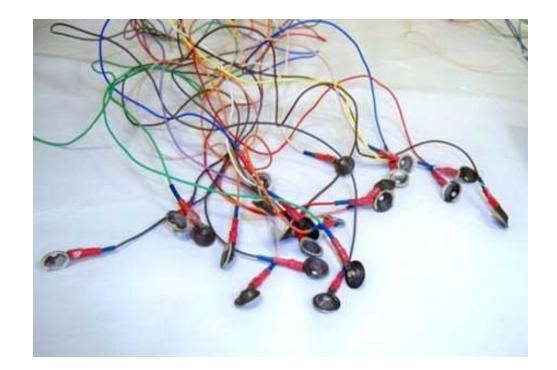
First, the staff clean my head with green cream and cotton swabs. The cream is cold.

It does not hurt.









The staff put the white cream onto their hand and then place it on the leads. These are all of the colorful leads they use.





The staff put each lead on my head. The leads are covered with a piece of cloth. One lead is put on my chest. All leads stay on while I am in the hospital.









One lead is put on my chest. It is important to leave all the leads on my body. Leads stay on in the hospital.





### Next, staff wrap a cloth around my head. They tape the cloth in place. The staff put a white hat on my head.





I can walk around, but I stay in my room. can watch a movie, play a game, play with toys, have a snack or hold my parent's hand. I sleep with my hat on my head.





### When the doctors say I'm done, the staff takes off my hat and all the leads. The EEG is done!



To schedule a **neurology appointment**, please contact the Neurology scheduling department call: 202-476-3611

For additional information about **staying overnight in the hospital for an EEG**, please call the Neuroscience In-patient unit and ask to speak with the Charge Nurse at 202-476-5150

To request **Child Life support** for your child's EEG visit, please contact Volunteer Services department at 202-476-8939.

For additional **autism specific support or resources** for medical services, please visit the following website: <u>http://childrensnational.org/autismvisualresources</u>

Or contact the Autism Behavioral Consult program at 202-476-2884 or via email at: <u>ABCconsultteam@childrensnational.org</u>

Doll generously donated by: My Sibling and My Pall Dolls Elmo is a Muppet character of Sesame Street





