

Teaching Story:

CARDIOLOGY CLINIC

ChildrensNational.org



Welcome to Children's National!



Inside the hospital, I go to the welcome desk.
My parents get a sticker. Now, I go to the
Cardiology Clinic.

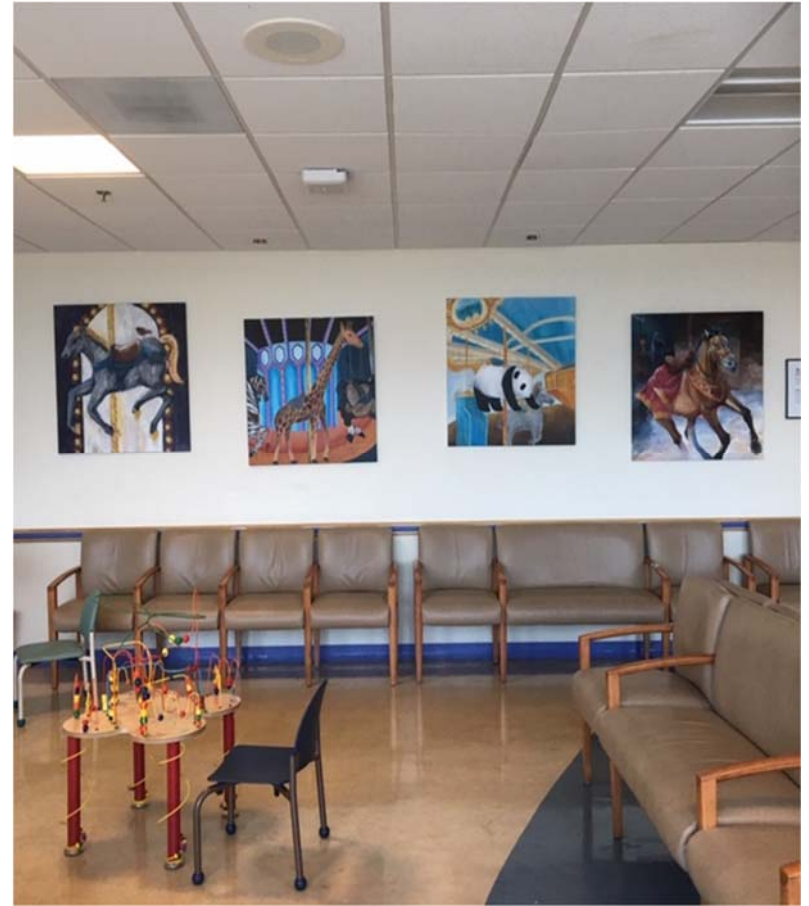


I take the elevator to the 3rd floor to the Cardiac Clinic. Cardiac means heart.



My parent checks in at the front desk.

I wait for my name to be called.



The nurse takes my vitals. The cuff wraps around my arm. It feels like its hugging me, a tight squeeze. If I am scared I can sit with my parent.



Next, I get my oxygen checked. This clip holds my finger. It does not hurt and I am safe.



The nurse checks my heartbeat. They listen with this scope. I take deep breaths.



I step on the scale to check my weight. I stand still all by myself.



The nurse measures my height. I stand tall and still. If I am nervous, I can hold my parents' hand.



I go to the ECHO room.



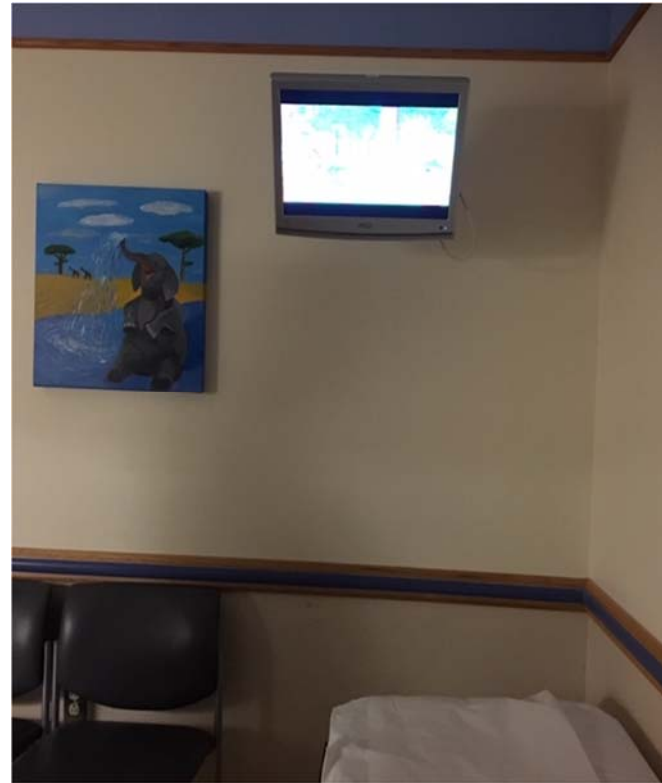
I sit and wait for the staff to start my ECHO. My parents will be in the room with me.



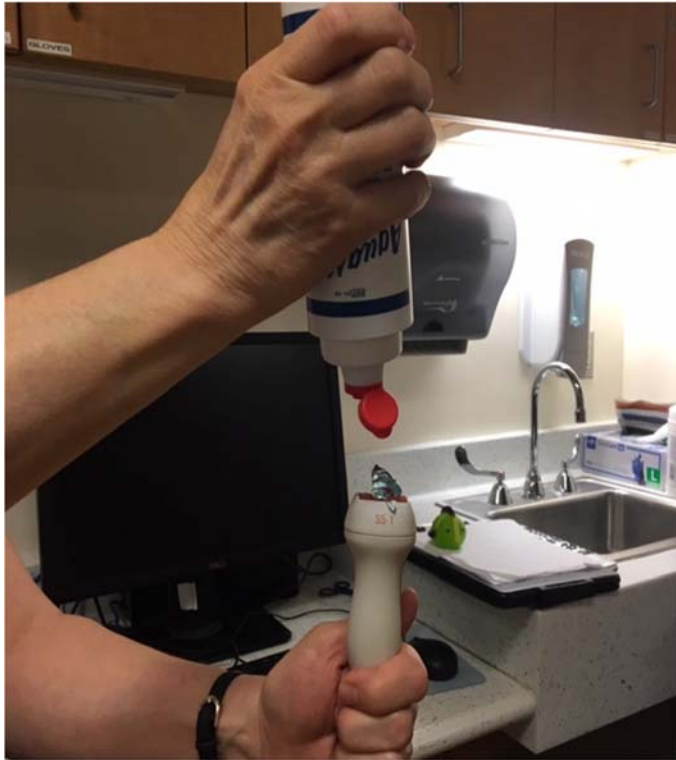
I lie down to start my ECHO.
The ECHO test shows how my
heart beats.



I can watch TV or listen to music
on my phone/iPad.



Warm gel is put on a wand.



The wand is placed on my chest. This feels sticky. I stay very calm and still.





When they are done, they use a baby wipe to clean my chest.



I am all done! I get a reward, like bravery stickers, for doing such a great job!!

To schedule an ECHO **appointment**, please contact the Cardiology scheduling department:

Phone: 202-476-2020

To request Child Life support for your child's ECHO at the main hospital, Call 202-476-8939.

For additional **autism specific support or resources** for medical services, please visit the following website:

<http://childrensnational.org/autismvisualresources>

Or contact the Autism Behavioral Consult Program:

Phone: 202-476-2884

E-mail: ABCconsultteam@childrensnational.org

Big Bird Muppet
character



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