

Teaching Story:

GETTING AN IV



Welcome to Children's National!



Inside the hospital, I go to the welcome desk. My parents get a sticker. I take the elevator to the 3rd floor to the Cardiac Clinic. Cardiac means heart.





I need an IV for my medicine.
I can hold my favorite toy, teddy, or
blanket.



My IV nurse
comes to my
room and checks
my ID bracelet.



I can lay down or
sit up.

My parent can
stand beside me
and hold my hand.



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My IV nurse wraps a band around my arm or hand.

This may feel like a tight squeeze. It only lasts for a short time.



The IV nurse looks at my arm.
I can do things with my other hand like hold my
parents' hand, hold my toy, or watch a show.





I do not move my arm.
I sit still and I do not move.

My IV nurse holds my arm and puts a tiny tube on my skin.

I may feel something and I am safe.



I do not move my arm. If I don't want to look at the tube, I can look away at my parents, at my toy, or at a video.



My IV nurse uses different kinds of tape to keep my IV in place.





The IV might be in my arm or my hand.



After the IV is taped, I can have a soft board or a soft covering to keep my new IV in.



I am all done!
I can have a
reward, like stickers,
for doing such a
great job!!



I keep my IV at the hospital. I do not pull it or pick it.
If it hurts, I can tell my parents or my nurse.
Before I go home, my nurse takes my IV off.



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To request Child Life support for an IV placement, ask your nurse or call 202-476-8939

For additional visual supports or resources for medical visits, contact Autism Behavioral Consult program:

Phone: 202-476-2884

E-mail: ABCconsultteam@childrensnational.org

Website:

<http://childrensnational.org/autismvisualresources>



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Elmo is a Muppet character of Sesame Street

