Visual Schedule: Today's Visit to the Dentist Office

When I get to the dentist's office, I wait in the waiting room. I can listen to music, hold hands, and hold my favorite toy. I listen for the assistant to call my name. Then, we go with the assistant.



I sit in the special chair. This chair moves up and down. It is safe.



I say hello to the dentist. The dentist is very friendly. I wear sunglasses to protect my eyes. If I am nervous I can help put the glasses on.



There is a bright light to help the dentist see my nice smile.



I open my mouth big so the dentist can see my teeth.



They use a mirror to look and count my teeth. I keep my mouth open wide. The dentist brushes my teeth.



We talk to the dentist. When the dentist is done, I get a sticker for being a great helper. I did a great job. Everyone is proud of me.









