

Division of Colorectal and Pelvic Reconstruction
PELVIC FLOOR THERAPY



Children's National

Pelvic Floor Therapy may help patients who are experiencing fecal incontinence from either stool moving too fast or too slow. The patient may need better sphincter control, or the patient may be constipated, and the sphincters will not relax.

In order for the therapy to work well, the patient will need to be able to follow instructions from the pelvic floor therapist. The therapy will take place when the patient is awake and is recommended for ages 4-21.

- Please call Physical Therapy Your Way AFTER you have received your appointments from the Colorectal Scheduler.
 - You can reach Physical Therapy Your Way at 571-312-6966 or 703-372-5716 and let them know you are a referral from the Division of Colorectal and Pelvic Reconstruction at Children's National Hospital.
 - Be sure to let them know what the dates are of your appointments with the Colorectal Team.
- For additional resources please visit their website: [physicaltherapyourway.net](https://www.physicaltherapyourway.net)



If you have any questions about your child's regimen, please contact the colorectal and pelvic reconstruction clinical team at:
202-476-2656 |
CNCCNurse@childrensnational.org



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