



X-Ray

What is an X-Ray?

Note: Child-friendly language in green.

An x-ray is a method of taking pictures of the inside of your child's body using radiation called electromagnetic waves. It can be used to look for bone fractures, infections, and other issues.

Why is it done?

X-rays are used to see images of bones within the body.

What can I do to help my child?

- Child life specialists are available to help your child better understand and cope with the scan.
- Parents/caregivers are also encouraged to be with their child during the scan, though there are some exceptions. Women who may be pregnant cannot be in the fluoroscopy room during the procedure.
- Please ask a staff member for more information about these options for support!



Child Life

Children's National Hospital Department of Radiology is staffed with Certified Child Life Specialists. Child life specialists are trained to address the emotional and developmental needs of children and their families during healthcare experiences and can provide procedural preparation and support before and during your child's exam. If you would like to speak to a child life specialist before your child's radiology appointment, please call **202-476-3338** or email childliferadiology@childrensnational.org.

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