



**Children's National™**

111 Michigan Ave NW  
Washington Dc 20010  
ChildrensNational.org



**Children's National™**

**Saturday, November 8, 2014**

## 5th Annual Family Education Symposium: Updates in Sickle Cell Disease

Please register online at:  
[ChildrensNational.org/SCD2014](http://ChildrensNational.org/SCD2014), or call Jessica Stinson at  
202-476-3769.

You will be asked to provide:

- First and last name
- Email address
- Number of adults attending
- Number of children attending

This symposium is made possible by the generous support of Children's National Health System's Child Health Board.



## 5th Annual Family Education Symposium: Research and Clinical Updates for Patients and Families Living with Sickle Cell Disease

**Saturday, November 8, 2014**  
**9:30 am - 4:00 pm**

**Sheikh Zayed Campus for Advanced Children's Medicine  
Children's National Health System  
111 Michigan Ave NW  
2nd Floor, Auditorium  
Washington, DC 20010**

Parking validation and lunch will be provided.  
Childcare will not be available.

### Our Program

The Sickle Cell Disease (SCD) Program at Children's National invites you to learn more about recent breakthroughs in SCD care, including bone marrow transplantation as an option for cure. This year, we are offering a new session focused on helping families advocate for SCD at the local, regional, and national levels.



### Schedule

9:30 am: On-site registration

10:00 am: Research Updates in SCD  
Emily Riehm Meier, MD, Sickle Cell Program

10:30 am: Overview of Blood and Marrow Transplantation  
Allistair Abraham, MD, Blood and Marrow Transplantation

11:00 am: Asthma in SCD Patients  
Folasade Ogunlesi, MD, Pulmonary and Sleep Medicine

11:30 am: Question and Answer Session with Physicians

12:00 pm: Lunch and Discussion with SCD Team and Families

1:00-1:30 pm: Choose one:  
Reproductive Issues in Pediatric SCD  
Veronica Gomez-Lobo, MD, Gynecology  
  
Effects of SCD on Learning  
Steven Hardy, PhD, Pediatric Psychologist

Yoga for Pain Management and Stress Relief  
Gina L Sager, MD, Registered Yoga Teacher

1:45-2:15 pm: Choose one:  
Orthopedic and Sports Medicine Issues in Pediatric SCD  
Matthew Oetgen, MD, Orthopedics

Navigating Insurance and Social Security  
Lisa Thaniel, PhD, Social Work

Yoga for Pain Management and Stress Relief  
Gina L. Sager, MD, Registered Yoga Teacher

2:30pm: Advocacy Training  
Children's Hospital Advocacy Institute