

Handout for “School Supports and the IEP Process”
Caregiver Webinar Series
Olivia Soutullo, Ph.D.
ecbhp@childrensnational.org
April 16, 2025

Local Resources

- Strong Start: To refer a child, call (202) 727-3665 or submit a referral online at <https://eip.osse.dc.gov/>
- Early Stages: To refer a child, fill out the online form at www.earlystagesdc.org, email a completed form to referral@earlystagesdc.org, call: (202) 698-8037, or fax a completed form to (202) 654-6079
- District of Columbia Public Schools: dcps.dc.gov/
- DCPS School Profiles: <https://profiles.dcps.dc.gov/>
- Enrollment Handbook: <https://enrolldcps.dc.gov/>
- District of Columbia Public Charter School Board: dcpcsb.org/
- Office of the State Superintendent of Education: osse.dc.gov/
- Office of the Student Advocate: studentadvocate.dc.gov/
- Office of Ombudsman for Public Education <https://educationombudsman.dc.gov/>
- Office of the Student Advocate Parent & Family Go-To Guide: <https://studentadvocate.dc.gov/page/advocacy>
- Special Education Programs and Resource Guide: <https://dcpsspecial.ed.wixsite.com/home> and <https://dcpsspecial.ed.wixsite.com/home/at-a-glance>
- DCPS Special Education: <https://dcps.dc.gov/special.education>
- Advocates for Justice in Education: aje-dc.org/
- Children’s Law Center: www.childrenslawcenter.org
- DC Education Resource Center: <https://dc.gov/page/education-resource-center>
- DC guide for families in private or religious schools: <https://dcps.dc.gov/node/979882>
- DC Special Education Cooperative: <https://special.edcoop.org/>
- DC School Behavioral Health Program: <https://dbh.dc.gov/service/school-behavioral-health-program>
- DC School Behavioral Health Program School-Clinician List: <https://dbh.dc.gov/node/1500291>

Special Education and 504 Plan Resources

- Wrights Law: <https://www.wrightslaw.com/>
- Center for Parent Information and Resources: <https://www.parentcenterhub.org/iep-overview/>
- Understood for All Inc.: <https://www.understood.org/>
- Understanding IEPs: <https://www.understood.org/en/school-learning/special-services/ieps/understanding-individualized-education-programs>

- Public school IEPs vs private school service plans: <https://www.understood.org/en/school-learning/special-services/special-education-basics/the-difference-between-ieps-and-service-plans>
- IEPs vs. 504 Plans: <https://www.understood.org/en/school-learning/special-services/504-plan/the-difference-between-ieps-and-504-plans>
- Special Education: A Basic Guide for Parents: https://www.nasponline.org/Documents/Resources%20and%20Publications/Handouts/Families%20and%20Educators/Special_Education_a_Basic_Guide_for_Parents.pdf
- Sample IEP Evaluation Request: <https://www.parentcenterhub.org/evaluation-2/>

Resources for Specific Conditions

- Accommodations for Students with Anxiety: <https://www.understood.org/en/school-learning/partnering-with-childs-school/instructional-strategies/at-a-glance-classroom-accommodations-for-anxiety>
- Depression: Supporting Students at School: https://www.nasponline.org/Documents/Resources%20and%20Publications/Handouts/Families%20and%20Educators/Depression_Supporting_Students_at_School.pdf
- ADHD: A Primer for Parents & Educators: https://www.nasponline.org/Documents/Resources%20and%20Publications/Handouts/Families%20and%20Educators/ADHD_a_Primer_For_Parents_and_Educators.pdf