



## PSYCHOLOGY EXTERNSHIP EXPERIENCES

### 2024-2025

Children's National Hospital offers several externship experiences in child clinical and pediatric psychology to students enrolled in doctoral programs in psychology. Attached are descriptions of opportunities that are being offered in the 2024-2025 academic year, with information about how to apply for each position.

**Descriptions of opportunities in neuropsychology are available under separate cover.**

**The deadline for applications is February 1, 2024.** Applications may be submitted electronically or in paper form and individual supervisors will indicate their preference in the descriptions below. Due to the high volume of calls received in the past, we request that you not call to confirm the status of your application.

### THE INSTITUTION

Children's National is a non-profit institution incorporated in 1870. The mission of Children's National is to be preeminent in providing pediatric healthcare services that enhance the health and well-being of children regionally, nationally, and internationally. Through leadership and innovation, Children's National strives to create solutions to pediatric healthcare problems.

The Children's National main campus is located in Washington, D.C., adjacent to the Washington Hospital Center, National Rehabilitation Hospital, the Washington V.A. Hospital, Catholic University and Howard University. It is easily accessible from suburban areas. In addition, Children's National has satellite outpatient clinics in Washington D.C., Maryland and Virginia, and is part of a complex of healthcare facilities for the entire Washington, D.C., metropolitan area. Further information about the hospital and its programs is available on our website ([www.childrensnational.org](http://www.childrensnational.org)).

Psychology and Behavioral Health, led by Dr. Randi Streisand, is a Division within the Center for Neurosciences and Behavioral Medicine, which is directed by Dr. Roger Packer, a neurologist. Other divisions in this center include Neuropsychology, Psychiatry, Neurology, Neurosurgery, Developmental Pediatrics, Genetics and Metabolism, Hearing and Speech, and Physical Medicine and Rehabilitation. This Center for Excellence structure was designed to stimulate multidisciplinary collaboration, in terms of both patient care and research, among disciplines and specialties with common interests.

Faculty-level psychologists at Children's National who engage in training, clinical service, and research in a variety of specialty areas, including Psychology & Behavioral Health, Endocrinology, Hematology/Oncology, Pulmonary Medicine, Cardiology, Trauma/Burn Surgery, Food Allergy, Neurology, Neurosurgery, Obesity, Psychiatry, and Developmental Psychology. Psychology and Neuropsychology faculty are involved in virtually all of the other Centers of Excellence. Facilities at the

hospital include outpatient clinics, the Freddie Mac Foundation Child & Adolescent Protection Center, Child and Adolescent inpatient units, library, auditorium, laboratories and research space. In addition, Psychology occupies outpatient offices in 5 suburban satellite clinics (Takoma, D.C.; Laurel, Maryland; Rockville, Maryland; Fairfax, Virginia; Tenleytown, D.C.).

Children's National is the pediatric teaching hospital for the George Washington University School of Medicine and Health Sciences. Psychologists at Children's National hold academic appointments in the Department of Psychiatry and Behavioral Sciences and the Department of Pediatrics at the medical school. Children's National offers a variety of training programs in various medical specialties, all of which are overseen by the medical staff. The Division of Psychology conducts post-doctoral, internship and practicum-level training for psychology students.

### **Statement about Diversity, Equity, and Inclusion**

The Division of Psychology and Behavioral Health and its training program are committed to practices that promote diversity, equity, and inclusion in patient care, training, research, professional development and advocacy. Our students and faculty actively work to develop the cultural self-awareness and humility needed to effectively serve diverse populations. The values of our program align with anti-racism and we strive to take actions consistent with these principles. We also stand with LGBTQ+ communities and support gender affirming care. We are committed to cultivating an inclusive and diverse community that reflects our larger society. We know doing so will align us to better understand and contribute to the communities we serve. As such, we are engaging in intentional efforts to enhance the recruitment, retention, and promotion of trainees, staff, and faculty with identities underrepresented in psychology.

At Children's National, we are working to create a culture that leverages our differences to achieve excellence. We promote and practice compassion, commitment and connection in order to create strong partnerships with the community, our staff members, our patients and their families. To learn more about Children's National Hospital's commitment to Diversity, Equity, and Inclusion, please see the hospital's website:

<https://childrensnational.org/about-us/diversity-equity-and-inclusion>

Children's National Hospital is an equal opportunity employer that evaluates qualified applicants without regard to race, color, national origin, religion, sex, age, marital status, disability, veteran status, sexual orientation, gender, identity, or other characteristics protected by law.

### **Didactics**

#### **Psychology & Behavioral Health Division's Extern Didactics Series**

Extern group didactics are offered twice a month, typically midday (12-1pm) on Zoom. Didactics are frequently lectures with some opportunities for experiential learning from students. For some talks, trainees at all levels are invited including those in our APA-accredited internship, postdoctoral fellows, as well as externs. Didactic speakers are local leaders, faculty and postdoctoral fellows in the psychology training program. Didactic topics are selected for relevance to externs and changes year-to-year, and all talks are recorded to permit externs to view asynchronously if they cannot participate live. There are specific initiatives in place to provide enhanced training in diversity, equity, and inclusion. In the past, externs have had the opportunity to participate in the Racial Equity Challenge, an intensive 'bootcamp' experience to cultivate self-awareness and cultural humility. Specific didactics are subject to availability year-to-year. Below you will find an example schedule from a prior year:

### Sample Titles in Extern Didactic Titles

|                                                                                                            |
|------------------------------------------------------------------------------------------------------------|
| Kick-Off: Getting the Most Out of Externship at Children's National                                        |
| Overview of DC Resources                                                                                   |
| Orientation to DC Housing Inequity                                                                         |
| Introduction to Racial Equity Challenge                                                                    |
| Integrated Primary Care                                                                                    |
| Suicide Screening                                                                                          |
| Case Formulation in Integrated Primary Care: Considering Individual and Systems-Level Factors              |
| Sleep Hygiene and Behavioral Sleep Interventions                                                           |
| Perspectives on the Educational System and School-Based Psychological Services                             |
| Introduction to Trauma Focused CBT                                                                         |
| Introduction to Pain and Pain Psychology                                                                   |
| Enuresis & Encopresis                                                                                      |
| Pediatric Weight, Stigma, and Suggestions for Clinical Practice                                            |
| Culturally Specific Risk and Protective Factors for Black and Latinx Youth and Recommendations for Therapy |
| Selective Mutism                                                                                           |
| Professional Development Panel (Interns/postdocs meet with externs)                                        |
| Using DBT in Short-Term Therapy with Adolescents                                                           |
| The Impact of Early ACE Exposure and Trauma-Informed Care                                                  |
| Promoting Infant & Toddler Development                                                                     |
| Parent-Child Interaction Therapy: Caregiver Engagement                                                     |
| Considerations When Working with Recently-Arrived Immigrant Families                                       |
| Executive Functioning: Evidence & Intervention Strategies                                                  |
| Outpatient Diagnostic Evaluations in Psychology                                                            |

### Spanish Training Emphasis Program (STEP)

The *Spanish Training Emphasis Program's* (STEP) mission is to address mental health disparities for Latinx children, adolescents, young adults, and their families by increasing the availability of bilingual psychologists who are trained in the provision of bilingual, culturally competent therapy and assessment services. Through formalized training activities, this program is designed to be inclusive for all psychology trainees who wish to increase their confidence, competence, and comfort in serving Spanish-speaking families who receive care at Children's National Hospital. All externs can participate in didactic training in multicultural competency, with special consideration of common challenges for Latinx families, such as varying levels of acculturation, issues related to immigration status, barriers to care, and stress related to intersecting minoritized identities. Bilingual trainees are encouraged to participate in process groups held in Spanish to increase their clinical vocabulary, allow for space to consult on culturally sensitive case conceptualizations, and promote self-reflection regarding bilingual and multicultural care. Additionally,

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there may be coordinated opportunities for direct service provision (therapy, consultation, assessment) to Spanish-preferring families through multiple clinics, including Integrated Primary Care, Child Development Clinic, and Outpatient Psychology. Bilingual trainees might have the opportunity to receive supervision in Spanish with a licensed bilingual psychologist (depends on rotation/supervisor availability). Further, STEP aims to improve overall care for the Latinx community by increasing the availability of training materials, resources, manuals on therapy modalities, and treatment worksheets in the Spanish language. For those interested, the DMV region allows for trainees to pursue advocacy and program development opportunities with the help of our STEP team. Extern participation in STEP is voluntary, and depends on the trainee's schedule, didactic and group calendar, and faculty availability.

## **APPLICATION INSTRUCTIONS**

### **How to apply:**

1. Complete the following survey just once (1 time) regardless of how many externship applications you are submitting. Please click this link or use the following QR code to complete it  
<https://redcap.link/CNExternApp2024>
2. Refer to each externship ad page for specific requirements, application details, and contacts.

**CLINICAL EXTERNSHIP IN PEDIATRIC PSYCHOLOGY-CONSULT  
SELECTED MEDICAL SUBSPECIALTIES  
2024-2025**

**Description:** As a collaboration among medical specialty faculty members, we are pleased to offer a dynamic externship in Pediatric Psychology Specialty Consult. This position is ideally suited for advanced practicum students seeking specialized training in pediatric psychology. During this externship, the trainee will complete medical specialty consultation rotations, which will provide them with a solid foundation in the psychosocial aspects of multiple acute and chronic health conditions. The goal is for the extern to learn to assess and treat behavioral and emotional factors that impact the child's medical condition through clinic consultation roles.

The purposes of psychology consultations in medical specialties include promoting healthy child development, behavior and psychological adjustment and coping in the context of child health conditions. The extern will engage in clinic consultation and short-term health-focused treatment within selected inpatient and outpatient medical subspecialties. The extern will use the principles of behavior, learning, and psychosocial adaptation from the clinical, rehabilitation, and pediatric psychology literatures in both inpatient and outpatient settings. All rotations include collaboration with physicians, nursing, social work, and other allied team members.

During this externship year, the extern will complete up to four 6-month medical specialty rotations, with approximately two days/week of practicum training. Didactic seminars are also offered as part of the Division of Psychology and within some specialty rotations.

For each of these rotations, the extern will work under the direct clinical supervision of faculty members who provide psychological services for each rotation. The exact set of rotations will be coordinated by Drs. Coburn and Tully who oversee this externship program and will be based on the extern's interests and availability. Applicants will be asked to rank their preferred rotations and provide days available during the application process. Rotations for the practicum year will be established at the time of offering the position and will be finalized in collaboration with the applicant.

**Possible Medical Specialty Rotations:**

- HIV – (Mondays – (full day), Tues-Thurs – half days at main hospital)
- Celiac (Fridays, 2x/month; Wed Rockville or main hospital)
- Diabetes – Fridays (main hospital)
- Allergy – Monday Oral Food Challenge clinics (main hospital)
- Solid Organ Transplant – M-F, inpatient; Tues/Thurs – outpatient (main hospital)
- Burn/Trauma – Monday or Wednesday (main hospital)
- Complex Care – Mondays (main hospital)
- Dermatology – Thursdays (main hospital)
- Hidradenitis suppurativa clinic (Dermatology): 2<sup>nd</sup> and 4<sup>th</sup> Fridays (main hospital)

**Rotations by Day of the Week**

| Day    | Rotation Options                                                           |
|--------|----------------------------------------------------------------------------|
| Monday | HIV<br>Allergy (oral food challenge clinic)<br>Burn/Trauma<br>Complex Care |

|           |                                                                                                                                                                                                           |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|           | Solid Organ Transplant                                                                                                                                                                                    |
| Tuesday   | Solid Organ Transplant<br>HIV (1/2 day)                                                                                                                                                                   |
| Wednesday | Celiac (in-person clinic 2 <sup>nd</sup> Wed – Main hospital; 4 <sup>th</sup> Wed- MoCo ROC)<br>Burn/Trauma<br>Solid Organ Transplant                                                                     |
| Thursday  | Dermatology<br>Solid Organ Transplant<br>HIV (1/2 day)                                                                                                                                                    |
| Friday    | Diabetes<br>Celiac (telehealth clinic 1 <sup>st</sup> and 3 <sup>rd</sup> Fridays)<br>Dermatology (Hidradenitis suppurativa clinic 2 <sup>nd</sup> and 4 <sup>th</sup> Fridays)<br>Solid Organ Transplant |

**Example Extern Schedule:**

July-December:

Mondays: Complex Care Clinic

Thursdays: Solid Organ Transplant

January – June:

Mondays: HIV

Wednesdays: Burn/Trauma

**Time Requirement:** ~16 hours/week. Depending on the rotations matched, there is flexibility. Clinic hours are 8am-5pm. Attendance at extern didactics (2x/month in person or via Zoom) is highly recommended.

**Locations (based on rotation):**

Main Hospital: Children's National Hospital 111 Michigan Ave, NW, Washington, DC 20010

Shepherd Park: 7125 13<sup>th</sup> PI NW, Washington, DC 20012

Montgomery County Regional Outpatient Clinic ("MoCo ROC"): 9850 Key West Ave, Rockville, MD 20850

**Number of Positions Being Offered:** Up to 4 individuals will be recruited for this externship.

**Qualifications:** Applicants must be in at least the third year of a program and have prior practicum experience with child and adolescent therapy or pediatric or health psychology. Preference will be given to advanced doctoral students with documented interest in health/pediatric psychology. The successful candidate will have excellent interdisciplinary and professional communication, knowledge of health psychology principles, and will be able to demonstrate flexibility, conscientiousness, and organization.

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please send a letter of interest, CV/resume, and two letters of recommendation via email to [Shayna Coburn PhD](#) and [Carrie Tully PhD](#); Licensed Psychologist. In the subject line of the email, please make the subject line of the email: "LastName Peds Consult Externship"

- Shayna Coburn, Ph.D.: [scoburn@childrensnational.org](mailto:scoburn@childrensnational.org)
- Carrie Tully, Ph.D.: [ctully1@childrensnational.org](mailto:ctully1@childrensnational.org)

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**CLINICAL EXTERNSHIP IN MOOD AND ANXIETY DISORDERS**  
**Division of Psychology and Behavioral Health**  
**Outpatient Psychology Department**

**Description:** This externship is ideally suited for *advanced* practicum students seeking further training in treating mood and anxiety disorders from childhood to adolescent, and during the perinatal period. The extern will rotate through three service programs, including the outpatient Anxiety Disorders Program and outpatient Mood Disorders Program. Externship activities are conducted under the direct clinical supervision of Drs. Lilia Mucka Andrew and Erin M. Sadler.

The Mood Disorders Program at Children's National provides outpatient care to children and adolescents with mood disorders (e.g., major depression, bipolar disorder, disruptive mood dysregulation disorder) and their families. The extern will gain experience in the assessment and treatment of mood disorders through individual and group therapy (*optional*). Additional externship opportunities include working with young children (under 6), children with medical illnesses and histories of trauma.

The Anxiety Disorders Program at Children's National provides care to children and adolescents with anxiety disorders (e.g., generalized anxiety, OCD, tics, separation and social anxiety), and their families. Externs will gain experience in assessment and treatment of anxiety disorders in school-aged children (6-18 years), though younger children are sometimes seen as well. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. Training goals include building skills in application of CBT/ERP and the use of SPACE with children and their families.

In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on the day of the externship).

**Qualifications:** Applicants must be in at least the third year of a doctoral program. Formal coursework and prior direct clinical experience in child/adolescent assessment and treatment is required. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and evidence-based interventions including CBT. Experience with adults is helpful, but not required.

**Number of Positions Being Offered:** One (1) extern will be recruited for this externship.

**Time Requirement:** 16 hours (2 days)/week. Tuesdays and Thursdays preferred. Services are conducted via telehealth and in person at the Takoma Theatre location. It is anticipated that this externship will start July 2024 and end in June 2025.

**Locations:** Takoma Theatre ROC: 6833 4th St. NW, Washington, DC 20012 (metro accessible)

**To Apply:** 1) Complete the survey; <https://redcap.link/CNHExternApp2023> (see page 2 of this application brochure); 2) Send a letter of interest, curriculum vitae, and two letters of recommendation via email to: Lilia Andrew, PhD ([lmucka2@childrensnational.org](mailto:lmucka2@childrensnational.org)) & Erin M. Sadler, PsyD, ([esadler@childrensnational.org](mailto:esadler@childrensnational.org))

**COMBINED CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY AND ALLERGY/IMMUNOLOGY  
2023-2024**

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence as well as comprehensive training in pediatric psychology. The extern will spend one day each with the Anxiety Disorders Program (ADP) and the Division of Allergy and Immunology at Children's National, under the direct clinical supervision of Lilia Mucka Andrew, PhD and Mi-Young Ryee, PhD within Anxiety and Linda Herbert, PhD and Tiffany Kichline, PhD within Allergy.

The Anxiety Disorders Program at Children's National provides care to children and adolescents with anxiety disorders (e.g., generalized anxiety, OCD, tics, separation and social anxiety), and their families. Externs will gain experience in assessment and treatment of anxiety disorders in school-aged children (6-18 years), though younger children are sometimes seen as well. Experience with group therapy and working with children and adolescents with medical illness may be a possibility. Training goals include building skills in application of CBT/ERP and the use of SPACE with children and their families. In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on externship day ).

The Division of Allergy and Immunology at Children's National provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. This externship offers experience with consultation/liaison services and procedural support during oral food challenge clinics, outpatient therapy services with an emphasis on cognitive/behavioral approaches, and psychosocial program development.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have completed formal coursework in child development and treatment, and prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** One extern will be recruited for this externship.

**Time Requirement:** 16 hours (2 days)/week. The Anxiety Disorder Program is held on Thursdays at Takoma Theatre with in-person and telehealth opportunities. The Allergy/Immunology Program is held in-person on Wednesdays at the Main Hospital.

**Locations:** Children's National Hospital (Main Hospital: 111 Michigan Avenue NW 20010; Takoma Theatre ROC: 6833 4th St. NW, Washington, DC 20012); (Metro/shuttle accessible)

**To Apply:** 1) Complete the survey; <https://redcap.link/CNHExternApp2023>; 2) Send a letter of interest, curriculum vitae, and two letters of recommendation via email with heading **ANXIETY & ALLERGY\_LASTNAME** to: **Tiffany Kichline, PhD, ([tkichline@childrensnational.org](mailto:tkichline@childrensnational.org))** and **Lilia Mucka Andrew, PhD ([lmucka2@childrensnational.org](mailto:lmucka2@childrensnational.org))**

Tiffany Kichline, PhD  
Licensed Clinical Psychologist

Lilia Mucka Andrew, PhD  
Licensed Clinical Psychologist

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[tkichline@childrensnational.org](mailto:tkichline@childrensnational.org)

Linda Herbert, PhD  
Licensed Clinical Psychologist  
[lherbert@childrensnational.org](mailto:lherbert@childrensnational.org)

[lmucka2@childrensnational.org](mailto:lmucka2@childrensnational.org)

Mi-Young Ryee, PhD  
Licensed Clinical Psychologist  
[mryee@childrensnational.org](mailto:mryee@childrensnational.org)

**CLINICAL EXTERNSHIP IN HEMATOLOGY/ONCOLOGY PEDIATRIC PSYCHOLOGY**  
**Divisions of Hematology, Oncology, and Blood and Marrow Transplantation; Center for Cancer and Blood Disorders**

**Description:** This externship is ideally suited for advanced clinical students seeking comprehensive training in pediatric psychology. Externs will spend two days per week providing psychological services to children and adolescents with cancer or blood disorders and their families. Clinical activities will be carried out under the direct supervision of Drs. Steven Hardy, Dana Footer, Megan Connolly, and Stephanie Merwin (pediatric psychologists).

The Center for Cancer and Blood Disorders at Children's National Medical Center includes both outpatient and inpatient services for children diagnosed with cancer, hematologic disorders such as sickle cell disease, and other malignant and non-malignant disorders. Physicians, psychologists, nurse practitioners, nurses, social workers, and other psychosocial team members work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include coping and adjustment with diagnosis and treatment, anxiety (generalized, anticipatory, and procedural), depression, behavior problems, nonadherence to medical treatment, pain exacerbated by psychological stressors, and grief/loss.

The externship consists of clinical training in pediatric psychology, direct clinical care of patients and families, participation in multidisciplinary rounds and a weekly psychology seminar. As desired, opportunities are available to participate in new and ongoing clinical programs and research at Children's National. Clinical activities, which emphasize cognitive/behavioral, acceptance and commitment, and family systems approaches, include: (1) inpatient and outpatient consultation/liaison services (2) outpatient therapy and (3) mental health screening programs. Externs will also have opportunities to participate in our multidisciplinary Long-term Follow-up Clinics for survivors of childhood cancer and children who have undergone stem cell transplant to treat malignant and non-malignant diseases as well as our Sickle Cell Disease Integrative Clinic for pain management.

**Qualifications:** Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience working clinically with medically ill populations is preferred, but not required.

**Time Requirements:** 2-3 days per week (16hrs/week, or more depending on extern needs)

**Location:** Children's National Hospital  
111 Michigan Avenue, NW Washington,  
DC 20010

**Location:** Children's National Hospital  
111 Michigan Avenue, NW Washington,  
DC 20010

**Number of Positions Being Offered:** Up to 3 externs will be recruited for this position

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Email a letter of interest, CV, and at least two letters of recommendation to Dana Footer, PsyD at [dfooter@childrensnational.org](mailto:dfooter@childrensnational.org)

## CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY & EATING DISORDERS

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence. The Extern will spend 1 day each per week providing outpatient services for youth with disordered eating and Child and Adolescent Anxiety Disorders Program (ADP) at Children's National Hospital under the direct clinical supervision of Sarah Hornack, PhD and Mi-Young Ryee, PhD, respectively.

The Child and Adolescent Anxiety Disorders Program (ADP) at Children's National provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (5-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents and also participate in group therapy. Experience working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, opportunities for didactics include psychiatry grand rounds, clinical seminars and case conferences within the hospital (depending on the day of the externship).

The child and adolescent eating disorders rotation involves outpatient evaluation and psychotherapy for youth presenting with binge eating disorder, bulimia nervosa, and anorexia nervosa. The extern will gain experience with delivery of Family-Based Treatment (FBT) and enhanced cognitive-behavioral therapy (CBT-E) for eating disorders. Externs will coordinate care with clinicians of other disciplines, including psychiatrists, adolescent medicine physicians, and dietitians. There may also be opportunities to co-lead groups.

**Qualifications:** Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy.

**Number of Positions Being Offered:** One extern will be recruited for this externship.

**Time Requirement:** 16 hours/ week. The Child and Adolescent Eating Disorders rotation is offered on Mondays or Thursdays and the Child and Adolescent Anxiety Program is held on Wednesdays, both at Takoma Theatre (see below for address). It is anticipated that this will be a 1-year externship from July 2024-June 2025.

Takoma Theatre, 6833 4<sup>th</sup> St. NW, Washington, DC 20012

To Apply: 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Send a letter of interest; CV/resume, and two letters of recommendation via email to:

Sarah Hornack, PhD  
Licensed Clinical Psychologist  
Children's National Health System  
[shornack@childrensnational.org](mailto:shornack@childrensnational.org)

Mi-Young Ryee, PhD  
Licensed Clinical Psychologist  
Children's National Health System  
[mryee@childrensnational.org](mailto:mryee@childrensnational.org)

**CLINICAL EXTERNSHIP IN EATING DISORDERS**  
**Division of Adolescent and Young Adult Medicine**  
**Donald Delaney Eating Disorder Clinic**

**Description:** This externship is ideally suited for *advanced* practicum students seeking further training in treating eating disorders from childhood to emerging adulthood. Externs will spend two days per week providing psychological services to children, adolescents, and young adults with eating disorders and a variety of disordered eating behaviors. Clinical activities will be carried out under the direct supervision of Dr. Sarah Hornack (pediatric psychologist).

The Donald Delaney Eating Disorder Clinic at Children's National Hospital includes both outpatient and inpatient services for children with eating disorder diagnoses. Physicians, psychologists, physician's assistants, dietitians, nurses, and social workers work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include malnutrition due to caloric restriction; compensatory behaviors; medical complications due to malnutrition and compensatory behaviors; body image disturbances; comorbid mood, anxiety, and/or trauma-related symptoms; family adjustment to treatment and diagnosis; nonadherence to treatment; and behavioral problems.

The externship consists of:

- Clinical training in eating disorder treatment (up to 4 patients)
  - o RO-DBT
  - o CBT-E
  - o CBT-AR
  - o FBT
- Clinical assessment in eating disorder treatment (2 per month, opportunity for full assessment and developing integrated reports)
- Groups
- Consultation team meetings for multidisciplinary care

Externs will also have the opportunity to participate in research focused on eating disorder assessment, diagnosis, and treatment among a largely racial and ethnic minority population of patients.

**Qualifications:** Formal coursework in diversity, equity, and inclusion or experience based on completed workshops or seminars, as well as experience conducting semi-structured interviews. Clinical experience with children, adolescents, and young adults.

**Time Requirements:** 2 days per week from July to June (16hrs/week)

**Location:** Children's National Hospital – Friendship Heights  
5028 Wisconsin Ave NW, Suite 350  
Washington, DC 20016

**Number of Positions Being Offered:** 1 extern will be recruited for this position

**To Apply:** Email a cover letter, CV, and at least two letters of recommendation to Sarah Hornack, PhD at [shornack@childrensnational.org](mailto:shornack@childrensnational.org)

**Due:** February 1<sup>st</sup>, 2024

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**BEHAVIORAL SLEEP MEDICINE CLINIC**  
**Departments of Psychology, Pulmonary and Sleep Medicine**

**Description:** This externship is ideally suited for advanced practicum students (3<sup>rd</sup> or 4<sup>th</sup> year) with a least one year of clinical child experience who are seeking comprehensive training in behavioral sleep medicine and pediatric psychology. Externs will spend one day each week (Thursday) providing comprehensive assessment, follow-up consultation and psychotherapy to out-patients with sleep disorders and co-morbid psychopathology. Clinical activities will be under the direct supervision of Tyish Hall Brown, Ph.D., MHS, licensed clinical psychologist and Director of Behavioral Sleep Medicine.

The Behavioral Sleep Medicine Clinic offers externs the opportunity to gain expertise in the diagnosis and treatment of sleep disorders through clinic consultation, long-term therapy with children, teens, and families, and didactic experiences (optional Sleep Seminar Series). Sleep and circadian regulation are complex domains of cutting-edge clinical science that require special training in context of a specialized sleep clinic. Training focuses on the diagnosis and assessment of pediatric sleep disorders and basic circadian and sleep regulation, evaluation of complex cases that often involve sleep disturbances and comorbid medical, psychiatric and developmental disorders as well as evidenced based treatment for sleep disorders. In addition to leading comprehensive assessment of sleep problems, externs take on short and long-term psychotherapy patients with chronic sleep disturbance as well as sleep and psychiatric disorders using evidence-based therapies including, CBT and mindfulness medicine. In addition to group and individual supervision, externs may provide and receive peer supervision among a very diverse group of specialties including more advanced psychology trainees, sleep medicine physicians and fellows (from disciplines including pediatrics, neurology, pulmonary critical care, family medicine, internal medicine) and psychiatry.

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have had one full year in pediatric rotation involving both assessment and treatment, with a documented interest in gaining experience in a medical/pediatric setting.

**Time Requirement:** 4-6 hours/ week (clinic 8 hours; report writing/didactics 2 hours). The Pediatric Sleep Medicine rotation is held on Thursdays. This is a 1 year externship from July 2024 – June 2025.

**Location:** Children's National Hospital, 111 Michigan Avenue, NW Washington, DC 20010

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Send a letter of interest; CV/resume, and two letters of recommendation via email to Tyish Hall Brown, Ph.D., MHS  
Division of Pulmonary and Sleep Medicine  
Children's National Hospital  
111 Michigan Avenue, NW 20010  
[thallbrown@childrensnational.org](mailto:thallbrown@childrensnational.org)  
(202) 476-6209

## CHILD & ADOLESCENT BURN AND TRAUMA SURGERY EXTERNSHIP

**Externship Description:** Advanced clinical psychology doctoral students are encouraged to apply to work with the Burn Trauma Surgery Team's Psychology Service. This team is multidisciplinary and includes physicians, nurse practitioners, physical therapists, occupational therapists, social workers, dietitians, Child Life specialists, postdoctoral fellows, and psychologists. Team members work with individual families to assist with medical and behavioral management of the injury and recovery. This externship offers clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences are as follows:

1. Consultation with families of children with burn and other traumatic injuries. This includes meeting with families as part of their visits in the hospital's fast-paced outpatient burn clinic. Psychology provides psychoeducation regarding supporting adjustment, psychosocial screening, and brief interventions including pain management strategies as well as other behavioral and cognitive strategies. Attending clinic may provide observational and experiences with interdisciplinary team including physicians, nurse practitioners, occupational and physical therapists working with children/families.
2. Outpatient evaluation and psychotherapy with children and families. Common referral questions include difficulty adjusting to injury, posttraumatic stress disorder, anxiety, and depression. There are opportunities for training in conducting trauma-focused cognitive-behavioral therapy (TF-CBT).
3. Consultation and treatment with children who have experienced burn and other traumatic injuries during their inpatient hospitalization. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, recommendations for treatment/referral, and providing feedback (verbal and chart notes) to medical team.
4. Assistance with and experience in participating and observing program development, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.
5. Research opportunities may be available for interested and motivated candidates. Clinical research topics may include topics relating to family adjustment to injury and include skill building opportunities in literature reviews, preparing IRB protocols, obtaining consent, database management, and preparing presentations and manuscripts.
6. Formal didactic opportunities include psychology externship didactics, multidisciplinary burn rounds, clinical research meetings, psychiatry grand rounds, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.

**Qualifications:** Formal coursework in child assessment and child psychopathology/treatment is required. Prior practicum experience in child or adolescent therapy is also required; prior work on a multidisciplinary team preferred.

**Time Requirements:** 16 hours/week. Available days for externship include Mondays, Wednesdays, and Fridays.

**Number of positions being offered:** 1 position will be offered

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, and two letters of reference to: Carrie Tully, Ph.D., (202) 476-4546 / [ctully1@childrensnational.org](mailto:ctully1@childrensnational.org)

## CLINICAL EXTERNSHIP IN ENDOCRINOLOGY & DIABETES

**Description:** This externship is for advanced clinical psychology practicum students seeking further training in pediatric psychology within the Division of Endocrinology & Diabetes at Children's National Hospital. The diabetes team is multidisciplinary and includes physicians, nurse educators, dietitians, social workers, and psychologists. Psychology team members meet with children and families newly diagnosed with diabetes and also work with individual youth and families to assist with medical and behavioral management of endocrine disorders and type 1 and type 2 diabetes. In addition to formal in-person supervision, opportunities for didactics and participation in behavioral research lab activities are available. Further, priority is placed on attendance and active participation in extern didactics and a variety of DEI trainings offered through the division and hospital.

### **Potential experiences are as follows:**

1. Outpatient psychotherapy with children and families - typical caseload 4-6 weekly patients. Common referral issues include difficulty adjusting to diabetes diagnosis, adherence to medical regimen, anxiety, depression, parent-adolescent conflict, and family communication difficulties.
2. Consultation, education, and counseling with families of children newly diagnosed with diabetes. Outpatient education is provided for all families in a group format.
3. Consultation during outpatient diabetes and endocrine clinic appointments (e.g., Type 2 Diabetes Clinic, Turner Syndrome). Attending clinics may include participant-observation experiences with physicians, nurse educators, and dietitians working with children/families. Brief psychological consultations are often requested during clinics as well.
4. Co-leading behavioral and psychosocial group for parents and teens with diabetes as well as assisting with programming designed to help support families with diabetes (e.g., Family Night; Halloween Party and Candy Exchange, Off to College/Transition Workshop).
5. Didactics and research opportunities are available including: (1) participating in weekly research lab meetings and (2) discussing relevant research regarding diabetes management in children and teenagers with type 1 and type 2 diabetes. Opportunities for research and didactics depend on days of week of externship and could also include (a) extern didactics/DEI trainings, (b) multidisciplinary diabetes team meetings, (c) clinical research meetings, (d) psychiatry grand rounds, and (e) pediatric grand rounds.

**Qualifications:** Formal coursework in child assessment, psychopathology and treatment is required. Prior practicum experience in child or adolescent therapy is also required.

**Time Requirements:** 1 day (8 hours) or 2 days (16 hours) per week; Available days for externships include Monday – Friday.

**Number of positions being offered:** Up to 3 positions will be offered

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, and two letters of reference to: Lauren Clary, Ph.D. , (202) 476-2231, [LClary@childrensnational.org](mailto:LClary@childrensnational.org).

## CLINICAL EXTERNSHIP IN GASTROENTEROLOGY

**Description:** This externship is ideally suited for advanced practicum students seeking further training in pediatric psychology. The Division of Gastroenterology provides outpatient psychological consultation and treatment to a diverse clientele of families with conditions such as inflammatory bowel disease, functional abdominal pain, celiac disease, eosinophilic esophagitis, and encopresis. This position offers opportunities to participate in a range of multidisciplinary outpatient clinics and services at the main hospital and/or regional outpatient centers (ROCs)\* under the direct clinical supervision of Shayna Coburn, PhD:

- **Functional GI Disorders Clinic:** (Fridays 8am-12:30pm at the main hospital) Offers multidisciplinary evaluation and treatment of patients with a range of disorders of the gut-brain axis. Patients are seen by a gastroenterologist, psychologist, pain medicine specialist and dietitian. Common referral questions for consultation and outpatient therapy include coping with chronic pain, rumination, and anxiety.
- **Inflammatory Bowel Disease Clinic:** (1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month 9am-5pm at the main hospital) Provides evaluation and treatment of newly diagnosed and complex patients with ulcerative colitis and Crohn's disease. Patients are seen by a range of specialists including a gastroenterologist, nurse, psychologist, dietitian and social worker. Brief assessment and outpatient therapy addresses coping with chronic illness, self-management, procedural anxiety, and depression.
- **Encopresis Clinical Service:** (Daily at the main hospital and via telehealth) Provides outpatient therapy in combination with collaborative medical treatment for children and teens with chronic constipation, stool withholding and soiling.
- **Celiac Disease Program:** (Fridays 9am-5pm via telehealth; optional in-person Wednesdays at the Montgomery County ROC) Provides outpatient consultation and treatment to children and adolescents with celiac disease, requiring a strict gluten-free diet. Psychologists are integrated into clinic visits alongside a physician, nurse, dietitian, and education specialist to address coping with diagnosis, dietary changes, physical symptoms, and eating/feeding challenges. Potential experiences include half-day weekly clinic, therapy, and optional groups for teens and parents (2 hours on a weekday evening).

**Qualifications:** Applicants must be in at least the third year of a doctoral program and have prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** Up to two externs will be recruited for this externship.

**Time Requirement:** The extern will spend one or two days 8-16 hours/week. At least one of the days will be on a Thursday or Friday.

### Children's National Hospital Locations:

*\*Note: Depending on COVID-19 restrictions during the time of the externship, some or all clinical care may be provided through telehealth.*

- Main Hospital: 111 Michigan Ave NW, Washington, DC 20010
- Montgomery County ROC: 9850 Key W Ave, Rockville, MD 20850 (optional)

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please send a letter of interest, CV/resume, and two letters of recommendation via email to:

Shayna Coburn, PhD, Licensed Clinical Psychologist, [scoburn@childrensnational.org](mailto:scoburn@childrensnational.org)



## EXTERNSHIP IN BEHAVIORAL HEADACHE PROGRAM

**Description:** This externship is ideally suited for advanced practicum students seeking specialized training within a pediatric hospital setting. The Headache Program is a multidisciplinary team consisting of neurologists, psychologist, neurology fellows, medical students, and nurses who collaborate as a team to evaluate, diagnose, and treat children and adolescents with various headache conditions.

This position includes one day working within the interdisciplinary chronic headache team in the evaluation/diagnostic program along with neurologists, neurology fellows, and nurse practitioners. The second day will focus on developing and executing pain-focused cognitive-behavioral treatment to patients and their families.

Theoretical orientations utilized within this clinic include an integrative rehabilitative approach involving pain-focused cognitive and behavioral skills, acceptance and commitment therapy, and other mindfulness approaches necessary to restore functioning and prevent disability associated with chronic headache conditions.

**Qualifications:** Applicants must be in at least the third year of a doctoral program with experience in child and adolescent therapy and documented interest in gaining advanced experience in a medical/pediatric setting.

**Time Requirement:** Externships are 1-year and will occur from Summer 2024 – Spring/Summer 2025.

*Note: Ideally this is a 2 day externship (16 hours/week) and is tentatively dedicated to Wednesdays & Thursdays at Fairfax, VA location.*

**Number of positions being offered:** 1-2 externs will be recruited for this externship.

**Children's National Hospital Locations: *Flexibility with location is important***

- Main Hospital: 111 Michigan Ave NW, Washington, DC 20010
- Northern Virginia ROC: 3023 Hamaker Court, Suite 300, 3<sup>rd</sup> Floor, Fairfax, Virginia 22031

*\*Note: Some clinical care may be provided through telehealth.*

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please send your letter of interest, curriculum vitae, and 2 letters of reference directly from recommenders to Angela Fletcher, PsyD, Division of Neurology, Psychiatry & Behavioral Sciences: [anfletcher@childrensnational.org](mailto:anfletcher@childrensnational.org)

## EXTERNSHIP IN BEHAVIORAL PAIN MEDICINE

**Description:** This externship is ideally suited for advanced practicum students seeking specialized training within an academic medical center or pediatric setting. The Pain Medicine Program is a multidisciplinary team specializing in management of chronic pain conditions. Physicians, psychologists, physical therapists, occupational therapists, and nurses work together as a team and collaborate with psychiatrists, social workers, and community providers (pediatricians, schools, etc.) to facilitate and implement rehabilitative therapy. Our behavioral team includes 2-3 pain psychologists and 1 psychology fellow.

All tracks consist of clinical training in pediatric psychology, pain management, and supervision. Specialty seminars and didactics are available as well. Theoretical orientations utilized include an integrative approach involving cognitive and behavioral, acceptance and commitment therapy, and other mindfulness approaches. Opportunities exist for presentation of research at local and national conferences. Applicants have the opportunity to choose a particular track of interest and all tracks include interdisciplinary evaluation/consult clinics and short-term individual therapy.

**Pediatric Pain Management Track:** This position consists of primary training in our outpatient chronic pain clinic, treating youth with a wide range of chronic pain problems including, but not limited to headaches, abdominal pain, complex regional pain syndrome, myofascial pain, and autonomic disorders. Clinical activities include multidisciplinary and interdisciplinary intake evaluations, consultations, brief outpatient treatment, collaboration with schools, and care coordination. Extern will also have the opportunity to participate in an evidence-based parent/child group intervention, The Comfort Ability Program. This track is available in multiple locations, including telemedicine, the Main Hospital in DC, satellites in Rockville, MD, & Fairfax, VA.

**Headache Track:** 1-2 days per week, the extern will work within the interdisciplinary chronic headache team providing evaluation/treatment alongside neurologists, neurology fellows, and nurse practitioners, as well as providing individual therapy to youth struggling with chronic headache/migraines.

**Concussion Track:** 1-2 days per week, the extern will provide evaluations for patients with a range of physical, behavioral/emotional, cognitive, and sleep disturbance symptoms following a concussion (mild traumatic brain injury). The extern will have the opportunity to collaborate with the other members of the team including neuropsychologists, neurologists, schools, and physical therapists. Note -this track is dedicated to Tuesdays at the Shady Grove location (Rockville, MD) or Thursdays at the new Sports Medicine Center in Silver Spring, MD..

**Qualifications:** Applicants must be in at least the third year of a doctoral program with experience in child and adolescent therapy and documented interest in gaining advanced experience in a medical/pediatric setting.

**Time Requirement:** Externships are 1-year and will occur from July 2024 – June 2025; anticipated 8 (1 day) -16 (2 days) hours per week. Tuesdays or Thursdays are required for the Concussion Track. Other possible clinic days for the Pain Management Track are Mondays, Tuesdays, Wednesdays & Thursdays. Prefer 2 days per week. Please note: Externs are encouraged to participate in 2 different tracks if interested. For example, an extern can dedicate 1 day to the concussion track and 2nd day to pain management.

**Number of positions being offered:** 1-2 externs will be recruited for this externship.

**Location:** Children's National Hospital – 111 Michigan Ave., N.W. – *Some tracks may require clinic days at the Satellite locations (Rockville, MD & Fairfax, VA) and telemedicine continues for many patients. Flexibility with location is important – based on clinic needs, locations may change.*

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**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please specify your preferred track in your letter of interest, curriculum vitae, and 2 letters of reference directly from recommenders to Chelsey Bowman, PhD ([cbowman@childrensnational.org](mailto:cbowman@childrensnational.org)).

## **HIV SERVICES MENTAL HEALTH PROGRAM**

**Description:** The HIV Services Mental Health Program provides psychological services to children, adolescents, young adults, and families living with HIV/AIDS. The Program is currently open to patients between ages 4 and 24 and their families. Our services are multidisciplinary to ensure that patients and families receive comprehensive care in our outpatient clinic.

Patients living with HIV/AIDS often experience a variety of mental health issues including: anxiety, depression, bereavement, post-traumatic stress symptoms, substance abuse, relationship problems, difficulties with adjustment, and behavioral problems. Patients are routinely screened for areas of concern, and possible recommendations are discussed with families.

Mental health services are provided on an outpatient and medical inpatient basis. Patients and families may be referred for a number of pediatric issues including: medication adherence, pill swallowing, adjustment to illness, adjustment to hospitalization, and diagnosis disclosure/education. Treatment may include individual therapy, family therapy, parent training, and/or group therapy depending on the presenting problem. Psychiatry consultation and medication management are also available. Lastly, children and adolescents living with HIV undergo developmental and psychological evaluations to monitor cognitive development and signs of HIV-related problems.

Extern experiences may include:

1. Mental health and substance use screening
2. Consultation (outpatient and inpatient)
3. Outpatient therapy (individual and possibly group)
4. Psychological evaluation

**Qualifications:** This is a complex service requiring previous direct experience with children and adolescents. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and appropriate interventions. Formal course work and previous experience in child/adolescent assessment and therapy is required.

**Time Requirements:** 8-16 hours/per week from September to May. Specific days on-site will be coordinated with supervising psychologists.

**Number of Positions being offered:** One extern will be recruited for this externship.

**Location:** Children's National Hospital 111 Michigan Ave. N.W. Washington, DC 20010

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please e-mail a letter of interest, curriculum vitae, and two letters of reference to Ashley Maxie-Moreman, PhD, Special Immunology Services  
E-mail: [amaxiemore@childrensnational.org](mailto:amaxiemore@childrensnational.org)

## **CLINICAL EXTERNSHIP IN SOLID ORGAN TRANSPLANT**

### **Divisions of Nephrology and Cardiology**

**Description:** This externship is ideally suited for advanced clinical psychology doctoral students seeking comprehensive training in pediatric psychology. Direct supervision will be provided by Kaushal Amatyia, Ph.D, pediatric psychologist.

The divisions of nephrology and cardiology provide kidney and heart transplant services to children aged 0-17 and follow up care to patients up to age 21. The transplant teams are multidisciplinary and include physicians, nurse practitioners, nurse educators, dietitians, social workers, child life specialists, pharmacists, and psychologist. Psychological services include transplant readiness evaluations, adjustment to diagnosis and treatment, preparation for transplant, and follow up care for adjustment and adherence. Nonadherence to medications and medical recommendations is the primary presentation for therapeutic services. It is prevalent in significant portion of the transplant population and is associated with poor graft survival and shorter life expectancy. Psychosocial difficulties can lead to or contribute to nonadherence and need to be monitored regularly. Additionally, psychology is involved in dialysis clinic and provides services to children and adolescents receiving dialysis and renal replacement therapy.

This externship offers clinical, research, and didactic experiences as well as opportunities to contribute to program development. Potential experiences include:

- Consultations with families attending the multidisciplinary transplant clinics (Tuesdays and Thursdays, 8:30-12pm) and dialysis clinics (MWF 8am- 6pm)- externship schedule is flexible based on extern availability and interest and need for services. Psychology provides services including adherence and psychosocial screening and brief interventions to improve adherence, pain management, healthy diet/weight, sleep, and emotional/behavioral functioning.
- Outpatient therapy services for children and adolescents prior to or post-transplant. Services may be provided in-person or via telehealth.
- Consultations with patients and families in inpatient in the heart and kidney unit and the cardiac ICU.
- Formal didactic opportunities include multidisciplinary transplant and dialysis rounds, program development meetings, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.
- Research opportunities: (1) investigating quality of life in pediatric dialysis and transplant patients (2) pre-transplant psychosocial functioning and association with nonadherence (3) transition readiness in adolescents and young adults.
- Assistance with and experience in participating and observing program development exist, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.

**Qualifications:** Prior practicum experience in child or adolescent therapy is required. Preference will be given to doctoral students in at least their 3<sup>rd</sup> year. Experience with medically ill populations is desired, but not required.

**Time Requirement:** 8-16 hours/week; days are negotiable based on extern's availability and interests. It is anticipated that this will be a 1 year externship from July 2024-June 2025.

**Number of positions being offered:** One extern will be recruited for this position.

**Location:** 111 Michigan Avenue NW, Washington, DC 20010

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, and two letters of reference to: Kaushal Amatya, Ph.D., Divisions of Nephrology and Cardiology, [kamatya@childrensnational.org](mailto:kamatya@childrensnational.org), (202) 476-5059

## CLINICAL EXTERNSHIP IN EARLY CHILDHOOD BEHAVIORAL HEALTH

### Division of Psychology & Behavioral Health

This externship is ideally suited for advanced practicum student seeking further training in early childhood behavioral health. The extern will spend 1 day per week with the [Early Childhood Behavioral Health Program](#) (ECBHP) at Children's National. The Early Childhood Behavioral Health Program at Children's National provides outpatient care to young children (6 years and under) and their families. Externs will gain experience working with children experiencing a variety of behavioral and mental health disorders including internalizing and externalizing problems. Externs will have opportunities to conduct initial intake evaluations and facilitate ongoing therapy/treatment. The extern can gain exposure to [Parent Child Interaction Therapy](#) (PCIT). The extern may also gain exposure to [Applied Behavior Analysis-informed treatment](#), treatment for early childhood anxiety disorders, group-based interventions (social communication and executive functioning therapy for young children, parent behavior management, groups for families with children recently diagnosed with autism), and/or assessment (testing). In addition to formal in-person supervision, opportunities for didactics include case conferences with child psychiatrists and clinical social workers, psychiatry grand rounds, and clinical seminars. Note that this externship may pair well with another 1-day per week externship placement.

**Qualifications:** Applicants must be in at least the third year of a doctoral program at the time of the application, have completed formal coursework in child development and treatment, and have had prior externship experience with child and adolescent therapy. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** 1 extern will be recruited for this externship

**Time Requirement:** 8 hours/week (1 full day). The Early Childhood Behavioral Health Program will likely be held on Thursdays with the potential for Tuesday availability. It is anticipated that this will be a one-year externship from July 2024 to June 2025.

**Location:** Children's National, Takoma Theatre Regional Outpatient Clinic  
6833 4th Street NW  
Washington, DC 20012  
Some of the work may be done via telehealth

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please send a letter of interest, CV/resume, and two letters of recommendation via email.

Cassi McCants, PsyD  
Licensed Psychologist

[CMCCANTS@childrensnational.org](mailto:CMCCANTS@childrensnational.org)

**CLINICAL EXTERNSHIP IN ADHD AND LEARNING DIFFERENCES**  
**Division of Psychology and Behavioral Health, Outpatient Psychology Department**

**Description:** The *ADHD & Learning Differences Program* at Children's National is a specialized program dedicated to engaging in innovative interdisciplinary research and training, providing high quality services for children, adolescents, and families, and working with school partners and community-based organizations to improve care for ADHD. We provide outpatient services to families and children/adolescents (ages to 3-18) with neurodevelopmental disorders including ADHD and specific learning disorders, as well as behavioral, anxiety, and mood disorders. The extern will spend two days per week conducting empirically-based assessment and providing individual, group, and family-focused treatment services through the *ADHD and Learning Differences Program* at Children's National. This externship offers rich clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences include:

- *Diagnostic evaluations* and assessment of ADHD, attention, learning, and/or behavioral concerns for children and adolescents, comprehensive report writing, and follow-up consultation
- *Parenting interventions* including individual and group-based therapy programs to empower parents to effectively manage a child's attention and behavior
- *Adolescent education support* for youth ages 11 to 18 years old (middle and high school) to achieve success in school by improving organization, time management, and homework performance
- *Family therapy* with parents/caregivers and youth to receive individualized training to manage ADHD and/or behavior concerns
- *Group therapy* for children and adolescents to build skills and practice with their same age peers
- *Frustration management* to promote effective coping with frustration and negative emotions for children ages 8 to 11 years old
- Additional externship opportunities include working with youth with medical illnesses histories and complex co-occurring mental health concerns
- In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences, attend behavioral health grand rounds, pediatric grand rounds, psychiatry grand rounds, and clinical seminars (depending on the day of the externship)
- Externs also be invited to attend and present at weekly clinical research seminars on ADHD and have the opportunity to participate in research projects
- Additional research opportunities may be available for interested and motivated candidates. Clinical research topics may include topics relating to ADHD and learning including school interventions and mechanisms underlying social, emotional, and academic functioning, substance use and other risk behaviors. Opportunities for providing school consultation, obtaining consent/assent, and preparing presentations and manuscripts are available and encouraged.

**Qualifications:** Formal coursework and prior direct clinical experience in child/adolescent assessment and treatment is required. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and behavioral interventions including CBT and behavioral parent training (BPT) skills.

**Time Requirements:** 16 hours/week. The specific days will be worked out to suit the extern's schedule.

**Location:** Takoma Theatre ROC, 6833 4th St. NW, Washington, DC 20012 (metro accessible)

**Number of positions being offered:** 2 positions will be offered

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, and two letters of reference to: Melissa Dvorsky, Ph.D.: [MDvorsky@childrensnational.org](mailto:MDvorsky@childrensnational.org)

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**Clinical Externship in Behavioral Parent Training (BPT)**  
**Division of Psychology and Behavioral Health**  
**Outpatient Psychology Department**

**Description:** This externship is ideally suited for advanced practicum students seeking further training in childhood ADHD. Externs will spend two days per week providing outpatient services through the Behavioral Parent Training (BPT) Clinic.

The Behavioral Parent Training (BPT) Clinic at Children's National serves parents of children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD), offering parents assistance in managing their children's challenging behaviors. BPT is one of the few empirically validated interventions for childhood ADHD, making it a critical element to most treatment plans developed for children with ADHD. Clinic staff work with parents, within the context of a supportive environment, to develop effective strategies that can be implemented on a consistent basis. Thorough intake sessions are conducted. Pre-treatment assessments are administered following the intake appointment, in order to guide treatment and track treatment progress. Parents' presenting concerns generally range from mild to severe, and frequently include the following: noncompliance with rules or routines, aggressive behavior, tantrums, disrespectful language, disruptive behavior, and destructive behavior. Sessions are conducted in individual and/or group formats. School consultation is provided, as necessary. Externs participate in all aspects of the interventions described above, under close supervision provided by Dr. Efron. Caseload is determined based on externs' level of training and previous experience.

Optional externship opportunities include conducting individual therapy with children and teens who have been diagnosed with ADHD; this additional experience is ideal for externs who wish to gain expertise in both child-focused, as well as parent-focused, interventions.

In addition to formal, face to face supervision, externs also have the opportunity to attend the Psychology Division's externship seminar series and weekly behavioral health grand rounds.

**Location:** The clinic is based at the Children's National Northern Virginia location; 3023 Hamaker Court, Ste. 300, Fairfax, VA 22031

**Qualifications:** Applicants must be in at least the third year of a psychology doctoral program, have completed formal coursework in child development, child psychopathology and treatment, and have had prior practicum experience with child assessment and intervention. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** Two externs will be recruited for this externship.

**Time Requirement:** 16 hours (2 days)/week.

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Send a letter of interest, CV, and two letters of recommendation via email to Dr. Lisa Efron ([lefron@childrensnational.org](mailto:lefron@childrensnational.org)).

**For more information contact:** Dr. Lisa Efron at [Lefron@childrensnational.org](mailto:Lefron@childrensnational.org) or (571) 405-5797.

## CHILD DEVELOPMENT PROGRAM

**Description:** Clinical and Developmental Psychology doctoral students are invited to apply for an externship in the Child Development Clinic. The position offers supervised training in evaluation of infants and young children referred for developmental and behavioral problems, primarily in the range of birth to age three. The presenting problems include complications around the time of birth (e.g. extreme prematurity, birth asphyxia, etc.), motor delays, language delays, global developmental delay, intellectual disabilities, and autism spectrum disorder. Many of the children have complex medical conditions, underlying neurologic disorders, and/or genetic disorders. The extern will be exposed to children from a wide range of ethnic and cultural backgrounds and socioeconomic conditions.

Under direct supervision, the extern will conduct structured interviews of parents, administer standardized tests, such as the Bayley Scales of Infant Development 4<sup>th</sup> edition, Differential Ability Scales 2<sup>nd</sup> edition, and the Vineland Adaptive Behavior Scales, in addition to scoring and interpreting parent- and teacher-report measures. In addition, the extern will have the opportunity to observe administration of, learn to administer and score test items from the Autism Diagnostic Observation Schedule 2<sup>nd</sup> Edition and how to conduct comprehensive diagnostic interview. Trainees and their supervisors will integrate information from community resources, including schools and early intervention programs, and medical records, help formulate a therapeutic plan, provide parent feedback, and write the assessment report. The extern will also learn about strategies and interventions to help with common behavior and developmental challenges for this age range. The extern will have the opportunity to present their case as part of afternoon rounds. An opportunity to join inpatient consultations, as well as developmental rounds in the NICU and/or CICU/HKU, is also available.

**Qualifications:** Graduate-level coursework in child development and assessment is expected. Some assessment experience and strong writing skills are preferred.

**Time Requirement:** A commitment of 16 hours a week is expected. The specific days will be worked out to suit the extern's schedule.

**Number of Positions Being Offered:** 5 externs will be recruited for this position.

**Location:** Children's National Hospital – 111 Michigan Avenue, N.W., Suite 3800

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a current CV, a letter of interest, and two letters of recommendation to Haley Meagher [hmeagher2@childrensnational.org](mailto:hmeagher2@childrensnational.org)

## CLINICAL EXTERNSHIP IN PEDIATRIC MOOD /TRAUMA

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from childhood to adolescence. The extern will spend one day, each, per week providing outpatient services through the Mood/Trauma Disorders Program and one day at Children's National Trauma/Burn surgery program at Children's National, under the direct clinical supervision of Komal Sharma-Patel, PhD and Carrie Tully, PhD respectively.

The Mood Disorders Program at Children's National provides outpatient services to children and adolescents with mood disorders (e.g. major depression, pediatric bipolar disorder, disruptive mood dysregulation disorder) and also to youth reporting trauma histories with PTSD symptomatology, and their families. Externs will gain experience in assessment and treatment of trauma using evidence-based treatment (Trauma-Focused CBT) models, and mood disorders through individual and family formats.

The psychology team in the Trauma/Burn Service at Children's National provides inpatient and outpatient consultation, evaluation, and treatment for youth and their families following injuries. The majority of patients will be seen through the Ambulatory Burn Clinic. There will be opportunities given for inpatient consult/liaison with children hospitalized for medical trauma. Externs will have the opportunity for exposure to outpatient treatment within the context of injuries using evidence-based pediatric psychology techniques such as TF-CBT and ACT-based principles.

In addition to formal, in-person supervision, externs within the both Mood/Trauma and Trauma/Burn Program will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on the day of the externship).

**Qualifications:** Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with conducting cognitive behavioral therapy, preferably with children and adolescents. Preference will be given to advanced doctoral students.

**Number of Positions Being Offered:** One extern will be recruited for this externship.

**Time Requirement:** 16 hours (2 days)/week. Monday, Wednesday and/or Fridays preferred. Services are provided in person at the Takoma Theater clinic and at downtown Children's National Hospital location. It is anticipated that this externship will run through June 2025.

**Location:** 1 - Children's National Hospital- Takoma Theater, 6833 4th St. NW, Washington, DC 20012; 2 - Children's National Hospital, 111 Michigan Avenue, NW, Washington, DC 20010 (both locations metro accessible)

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Send a letter of interest; CV/resume, and two letters of recommendation via email.

**Komal Sharma-Patel, Ph.D**  
Licensed Clinical Psychologist  
Children's National Hospital  
[ksharmapat@childrensnational.org](mailto:ksharmapat@childrensnational.org)

**Carrie Tully, PhD**  
Licensed Clinical Psychologist  
Children's National Hospital  
[ctully1@childrensnational.org](mailto:ctully1@childrensnational.org)

## WHOLE BEAR CARE: PRIMARY CARE BEHAVIORAL HEALTH SERVICES

**Description:** This externship opportunity involves providing behavioral health services to children, adolescents, young adults, and families receiving services at community-based primary care clinics through Whole Bear Care (WBC): Primary Care Behavioral Health. Currently, WBC embeds psychologists alongside pediatricians and clinical staff within several community primary care clinics across the District of Columbia. As such, psychologists ensure timely identification of mental health problems within one trusted setting. Psychologists are co-located in these integrated care clinics and work with patients exhibiting a range of externalizing and internalizing disorders. Psychologists prioritize multidisciplinary communication and collaboration with multi-disciplinary care teams as well as other key professionals internal and external to Children's National (social workers, psychiatrists, medical specialists, school staff, community-based therapists).

The psychology externship with Whole Bear Care offers the opportunity to engage in the following experiences. We will work with externs to tailor the experience to their interests:

**Consultation within primary care:** The extern's primary role is to provide consultation to patients and their primary care providers around a range of mental health issues. The extern will work closely with both the family and primary care provider during the triage and consultation process to ensure that issues are adequately addressed either within primary care or within the community.

**Therapy within primary care:** The extern will carry an ongoing caseload of 2-4 short- to medium-term therapy cases seen within the primary care clinic. Types of cases can be tailored to the extern's interests. Some previous interests have included parent training, ADHD, anxiety and mood treatment, sleep interventions, and medication adherence.

Opportunities for bilingual (Spanish and English) applicants to complete their externship through our Latinx serving, bilingual clinic exist. Supervision with a bilingual, bicultural psychologist is a part of this experience. All Whole Bear Care externs are also given the opportunity to participate in a bi-monthly didactic series and a 9-week racial equity training.

### **Required extern experiences include:**

1. Outpatient behavioral health consultation with children, adolescent, young adults, and families regarding general mental health concerns. Consultation includes assessment of presenting issue, referral to appropriate mental health services, and in-session intervention as warranted.
2. Outpatient behavioral health consultation with primary care teams regarding general mental health concerns and developmental concerns about patients.
3. Outpatient therapy with children, adolescent, young adults, and families regarding general mental health concerns.
4. Timely documentation of service provision in electronic medical record.

**Qualifications:** This is a *fast-paced* externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3<sup>rd</sup> yr or higher) with a strong knowledge of psychopathology and appropriate interventions. Trainees interested in providing services in Spanish should be prepared to discuss their level of fluency with psychologist at interview.

**Time Requirements:** 16 hours/week from September to May (earlier start date negotiable). Preferably, the candidate would be available for orientation and training during August. Specific days on-site to be coordinated with supervising psychologist but clinical days are available Monday-Thursday.

**Number of Positions Being Offered:** 3 externs will be recruited for this externship.

**Locations:** 1) Children's National at Shaw Metro, 614 S Street NW, Washington, DC  
2) Children's National at Shepherd Park, 7125 13th Place NW, Washington, DC  
4) Children's National at Columbia Heights, 3336 14<sup>th</sup> St, NW Washington, DC

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, at least two letters of reference to:  
Avanté Smack, Ph.D., Psychologist, Whole Bear Care: Primary Care Behavioral Health Services  
E-mail: [asmack@childrensnational.org](mailto:asmack@childrensnational.org)

## CHILD INPATIENT PSYCHIATRY EXTERNSHIP

**Description:** The Inpatient Psychiatry Externship is ideally suited for a trainee who enjoys working in a fast-paced, multidisciplinary team environment with youth with emotional and behavioral dysregulation. This externship opportunity involves providing therapeutic services to children and adolescents while they are on an acute inpatient unit. The extern will work on both the Child Psychiatric Unit (CPU) and the Adolescent Psychiatric Unit (APU). The APU/CPU are for children who have been deemed a danger to themselves or others. Patients generally have a history of self-injury, suicidal behavior, severe aggression, psychosis, or difficulties with emotional and behavioral dysregulation. Externs will have the opportunity to work with a wide variety of patients with complex presentations. The average length of stay for patients is between 5-7 days. The extern will collaborate with a dynamic multi-disciplinary team with psychiatry, medical trainees, child psychiatric specialists, child life, nursing, expressive therapy, and social work. Dialectical Behavior Therapy and Cognitive Behavioral Therapy techniques are generally utilized to achieve stabilization and create safety plans. The extern will be directly supervised by the attending psychologist, Deborah Zlotnik, Ph.D. and postdoctoral fellow, and will also work closely with the attending psychiatrist. The psychology externship with inpatient psychiatry offers the opportunity to engage in the following experiences:

- Carry a caseload of two patients. The extern will be responsible for conducting diagnostic interviews, short-term individual therapy, creating behavior plans, crisis management, safety planning, and coordinating with our case management team. The extern will also have the experience of attending and participate in family meetings.
- The extern will attend patient rounds and have the opportunity to participate in the therapeutic milieu.
- The extern will lead or co-lead 2 groups teaching cognitive behavior therapy (CBT), Dialectical Behavior Therapy (DBT), and social skills to both youth and caregivers.
- The extern will have 2 hours of supervision.
- The extern will have an opportunity to learn DBT techniques.

**Qualifications:** This is a *fast-paced* externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3<sup>rd</sup> year or higher) with a strong knowledge of psychopathology and appropriate interventions. An ideal applicant will have familiarity with CBT and DBT skills.

**Time Requirements:** 16 hours/week from July to June, start date flexible. Specific days on-site to be coordinated with supervising psychologist.

**Number of Positions Being Offered:** 1-2 externs will be recruited for this externship.

**Locations:** Children's National Hospital – Main Hospital, 111 Michigan Avenue, N.W., Washington, D.C.

**To Apply:** 1) Complete the survey; <https://redcap.link/CNExternApp2024> (see page 2 of this application brochure); 2) Please email a letter of interest, curriculum vitae, at least two letters of reference to:

**Deborah Zlotnik, Ph.D.,**

Licensed Faculty Psychologist, Inpatient Psychiatry

E-mail: [Dzlotnik@childrensnational.org](mailto:Dzlotnik@childrensnational.org)