



Children's National.

Fight for Children Sports Medicine Center
1 Inventa Place, Suite 150
Silver Spring, Maryland 20910
ChildrensNational.org

Comprehensive Concussion Program

The Safe Concussion Outcome Recovery & Education (SCORE) Program at Children's National Hospital has partnered with Neurology, Behavioral Pain Medicine, and Physical Therapy (coming soon) to open the Comprehensive Concussion Program at the Fight for Children Sports Medicine Center.

The Comprehensive Concussion Program is **designed to monitor and manage the care of children and adolescents who are experiencing prolonged and complicated recovery from their concussion.** Currently the clinic is held bi-monthly on the second and fourth Thursday of each month.

Utilizing the expertise of the participating disciplines, the Interdisciplinary Comprehensive Concussion Program provides comprehensive evidence-based care assessing the factors contributing to the prolonged symptoms, developing a treatment plan, and providing follow-up to guide recovery.

Specific areas of focus include:

- return to school guidance and coordination
- medication management of neurological symptoms
- physical therapy for aerobic, vestibular and cervical-spinal dysfunction (coming soon)
- pain and stress management techniques
- modification of lifestyle factors (sleep, hydration)

Who to Refer:

The clinic serves children, adolescents, & college students, ages 4 to 22, who meet any of the following criteria:

1. Acute symptoms occurring in multiple areas (physical, cognitive, emotional, and fatigue/sleep, cervical)
2. More "severe" acute injury with loss of consciousness > 1 minute or memory loss at the time of the injury
3. High number or severity of acute symptoms
4. Symptoms that are persisting at least one month post-injury

How to Refer:

- Please instruct families to call 202-476-2429 to schedule for the Comprehensive Concussion Program
- If you are unsure whether a family would be a good fit for the clinic, please email Dr. Gerard Gioia, director SCORE Concussion Program at ggioia@childrensnational.org to discuss further

In Preparation for Visit:

- Please inform families to bring copies of important documentation (e.g., previous evaluations/testing) to appointment
- Please let families know that the clinic takes a team approach and families will meet with multiple providers to assess various areas of functioning
 - Visits typically last 3-4 hours
 - Families will be sent several online forms for both caregiver and patient to complete prior to visit

If you have a patient who does not meet criteria for this clinic, but you believe would benefit from evaluation by clinicians trained in concussion assessment and management, please refer them to the SCORE Program, which has locations at the following locations: Takoma Theatre, Rockville, Prince George's County, Annapolis and Salisbury, Maryland. Families may call 202-476-2429 to schedule an appointment. Additional information about the SCORE program can be found at childrensnational.org/SCORE.