



Children's National®

Chaplaincy Services



Prayers and Spiritual Lessons
from the Native Peoples

NAVAJO

O you who dwell In the house made of the dawn,
In the house made of the evening twilight . . .
Where the dark mist curtains the doorway,
The path to which is on the rainbow . . .
I have made your sacrifice.

I have prepared a smoke for you.

My feet restore for me.

My limbs restore for me.

My body restore for me.

My mind restore for me.

My voice restore for me.

Today, take away your spell from me.

Away from me you have taken it.

Far Off from me you have taken it.

Happily I recover.

Happily my interior becomes cool.

Happily my eyes regain their power.

Happily my head becomes cool.

Happily my limbs regain their power.

Happily I hear again.

Happily for me the spell is taken Off.

Happily I walk.

Impervious to pain, I walk.

Feeling light within, I walk . . .

In beauty I walk.

With beauty before me, I walk.

With beauty behind me, I walk.

With beauty below me, I walk.

With beauty all around me, I walk.

It is finished in beauty.

It is finished in beauty.

It is finished in beauty



Sioux Prayer

Grandfather Great Spirit

All over the world the faces of living ones are alike.

With tenderness they have come up out of the
ground.

Look upon your children that they may face the
winds,

And walk the good road to the Day of Quiet.

Grandfather Great Spirit

Fill us with the Light.

Give us the strength to understand,
and the eyes to see.

Teach us to walk the soft Earth
as relatives to all that live.

- Sioux Prayer

Mother Earth Prayer

~*KiiskeeN'tum*- *She Who Remembers*

Mother Earth hear your child, As I sit here on your lap of grass, I listen to the echoes of your voice In my brother, the Wind, As he blows from all corners and directions.

The soft and gentle raindrops are the Tears you cry for your children.

Teach me the Lessons you offer: To nurture my children, as you nurture yours, To learn the Lessons of the Four Kingdoms, that make up this World of Physical Things, and To Learn to Walk the Path chosen so long ago.

Mother Earth, hear your child, Be a bond between the Worlds of Earth and Spirit. Let the Winds echo the Knowledge of the Grandfathers.

Who await, unseen, yet visible if I only turn my eyes to their World.

Let me hear their Voices, in the Winds that Blow to the East.

From the East: I seek the Lessons of Childhood: To see with the trusting innocence of a small one, The Lessons of Spirit, Given in Love by our Creator.

From the South: to Learn the Ways of Questioning: The Fire and Independence of adolescence, The Truths, and how they help us Grow along this Path

From the West: where the Grandfathers teach us Acceptance of Responsibility That come during the years of Marriage and Family.

That my own children grow Strong, and True.

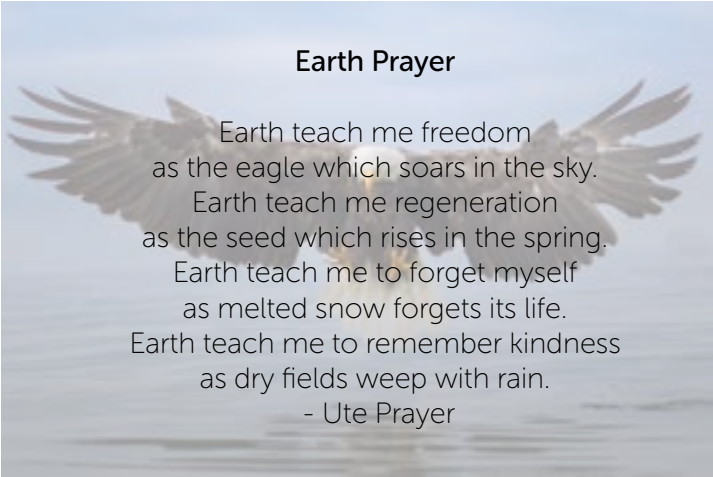
From the North: where the Elders, who by their long lives Have learned and stored Wisdom and Knowledge. And Learned to Walk in Balance and Harmony with our Mother, the Earth.

Mother Earth, hear your child. Hold my hand as I Walk my Path in this World. Guide me to the Lessons I seek, bring me closer to Our Creator, Until I return to the Western Direction, to once again Enter the World of Spirit, Where the Sacred Fire Awaits, and I rejoin the Council of the Elders, In the Presence of the One Who-Created-All.

Cheyenne Prayer for Peace

Let us know peace.
For as long as the moon shall rise,
For as long as the rivers shall flow,
For as long as the sun shall shine,
For as long as the grass shall grow,
Let us know peace.

Earth Prayer



Earth teach me freedom
as the eagle which soars in the sky.
Earth teach me regeneration
as the seed which rises in the spring.
Earth teach me to forget myself
as melted snow forgets its life.
Earth teach me to remember kindness
as dry fields weep with rain.
- Ute Prayer

May All I Say

May all I say and all I think
be in harmony with thee,
God within me,
God beyond me,
maker of the trees.

- Chinook prayer, Pacific Northwest
Coast,
North America

Prayer At Time Of Adversity An Inuit Indian Prayer

I think over again my small adventures.
My fears, Those small ones that seemed
so big,
For all the vital things I had to get and reach.
And yet there is only one great thing,
The only thing.
To live to see the great day that dawns
And the light that fills the world.



THE LORD'S PRAYER: MAORI & POLYNESIA

Eternal Spirit,

Earth-maker, Pain bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all,

Loving God, in whom is heaven:

The hallowing of your name echo
through the universe;

The way of your justice be followed by the peoples of the
world;

Your heavenly will be done by all created beings;

Your commonwealth of peace and freedom
sustain our hope and come on earth.

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In times of temptation and test, strengthen us.

From trial too great to endure, spare us.

From the grip of all that is evil, free us.

For you reign in the glory of the power that is love,
now and forever. Amen.



Resources provided by the Office of InterFaith Pastoral and
Spiritual Care.

For more information/resources call 202-476-3321.

If you are in the hospital and would like to have a chaplain visit you
please call 202-476-3070 and ask to have a chaplain paged.