

Chaplaincy Services



Jewish Prayers

Traditional, and from <u>Jewsh Prayers of Hope and Healing</u> by Alden Solovy These comforting words can be said on behalf of those who are ill. Whether friends or loved ones are struggling with physical, emotional or spiritual challenges, this prayer speaks to our desire for their healing.

Mi Shebeirach avoteinu v'imoteinu,
Avraham Yitzchak v'Yaakov,
Sarah, Rivkah, Rachel v'Lei-ah,
hu y'vareich et [name] ben/bat [parents]
baavur she-alah/she-altah
lich'vod HaMakom, lich'vod haTorah.
Bis'char zeh HaKadosh Baruch Hu
yishm'reihu/yishm'rehah
v'yatzileihu/v'yatzilehah
mikol tzarah v'tzukah umikol nega umachalah,
v'yishlach b'rachah v'hatzlachah
v'chol maaseh yadav/yadeha,
im kol Yisrael. V'nomar: Amen.

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless [name] son/daughter of [parents], since he/she has come up to the Torah in honor of God and Torah. May he/she merit from the Holy One of Blessing protection, rescue from any trouble or distress, and from any illness, minor or serious; may God send blessing and success in his/her every endeavor, together with all Israel, and let us say, Amen.

Mi Shebeirach avoteinu v'imoteinu, Avraham, Yitzchak v'Yaakov, Sarah, Rivkah, Rachel v'Lei-ah, hu y'vareich et hacholim [names]. HaKadosh Baruch Hu yimalei rachamim aleihem, l'hachalimam ul'rapotam ul'hachazikam, v'yishlach lahem m'heirah r'fuah, r'fuah shleimah min hashamayim, r'fuat hanefesh ur'fuat haguf, hashta baagala uviz'man kariv. V'nomar: Amen.

May the one who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless and heal those who are ill [names]. May the Blessed Holy One be filled with compassion for their health to be restored and their strength to be revived. May God swiftly send them a complete renewal of body and spirit, and let us say, Amen.



Prayers by Alden Solovy

Jewish Prayers of Hope and Healing

God of love,
Cast the light of health and wll-being on me [and on my family] [on ______(name)
And all who are injured, infirm or insecure.
We years for Your healing hand.
Bless us with healing of body,
Healing of soul,
And healing of spirit.
Grant all in need a full and complete recovery.

Blessed are You, Adonai our God, Source of life. Baruch atah Adonai Eloheinu, m'kor chayim Radiance and awe, Splendor and wonder, The energy of being surrounds me, Flowing day by day From the holy realms.

Let me invite these gifts of holiness Into my hands, into my body, into the core of my being.

Let me invite the energy of life Into my limbs, into my chest, into my heart.

Let me invite this well of healing Into my breath, into m blood, into my spirit.

God of old,
Healer and Guide,
You have bessed me life,
Days of hope and yearning.
Bless me with Your healing power.
Lead me back to
A life of wholeness and peace.

FOR ENDURANCE

My body is a mystery [our bodies are a mystery], So strong, so fragine. It can suffer great pain, Endure to reach triumph, But a small moment can bring collapse and death.

My body is a mystery [our bodies are a mystery], A gift of intricacy and beauty. Powerful, Endowed with the ability to take light and air and food And turn the into energy and action.

What, then, is my life? [our life?] How, then, will I [we] use this gift?

I will thank You for Your kindness and abundance. I will treasure the moments of strength and vigor. I will surrender to moments of weakness and distress.

God, who provides sustenance and health, You are the Source of life.

On Recurrent Pain

God of old,
My pain has diminished,
The trouble has eased,
This griefhas for now faded.
Thank You for these moments of relief
After the hours of affliction,
These moments of quiet inside me,
These times of rest.
Thank you for those who have
Dedicated themselves to my care.
Thank You for the chance to regain
A sense of wholeness, a sense of calm, a sense of peace.

Ancient One, Well of healing, Grant healing power to my physicians and my medications. Grant comfort and healing to all who suffer. Grant me the strength to endure when pain returns.

Blessed are You, Adonai our God, Ruler of the universe, Who gives strength to the weary.

Baruch atah Adonai Eoheinu melech ha'olam, hanotein laya'eif ko'ach

BEFORE SURGERY

God of health and healing,

I surrender myself/my son/daughter/wife/mother. . . .to the physician's skill, the surgeon's gift, the nurse's care,

Placing her/his body into the cradle of others,

Just as I pray for You to hold her/his soul gently an with love.

Watch over me/my son/daughter/wife/father througout this journey.

Bless her/his surgeon with a steady hand, keen vision and a passion for healing.

Bless her/his caregivers with focus and compassion, with wisdom and dedication.

Grant me [those who wait] patience and fortitude during these hours of uncertainty, and the ability to make sound judgments in this hour of need.

Bless our entire family with ease and comfort, energy and endurance, tranquility and strength.

Source of life, Bring Your healing power to ______(insert name). Remove her/his pain, relieve her/his distress, and restore her/his body, mind and spirit,

Bless her/him with vigor courage and hope, so that she/he may know life and health, joy and love.

And grant her/him a full and speedy recovery.

Blessed are You, God of mystery, Source of health and healing. Baruch atah, ha'El hanistar, m'kor hab'ri'ut v'haripuy



שְׁמַע יִשְׂרָאֵל יְיָאֶלהַינוּ, יְיָן אֶחָד: ברווי שם בבור סלבותו לעולם וער:

וְאָהַבְּהָּ אֵת יֵי אֱלֹהֶיף, בְּבָלֹלְבָבְךּ, וּבְבָל נַבְּשְׁךּ, וּבְבָל טְאֹרֶך: וְהָיוּ הַרְּבִּרִיס הָאֵלֶּה, אֲשֶׁר אָנֹבִיטְצֵּוְךּ הַיוֹס, עַל לְבָבֶרְ: וְשִׁנַּנְהָס לְבָנֵיף וְרַבַּרְהָּ בִּס, בְּשִׁרְהְּךּ בְּבֵיתֶךּ וּבְלֶבְהָּוֹך בַהֶּרֶךְ וּבְשְׁבְבָּךְ וּבְּקוּטֶךְ: וּכְשַׁרְהָס לְאוֹת עַל יָרֶךְ, וְהָיוּ לְטִטְבּת בֵּין עִינֶיךְ: וּבְתַבְהָּס עַל מְוֹוֻוֹת בֵּיתֶךְ וּבְשׁעָרֶיךִ:

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Contact Children's chaplain for other resources by calling 202-476-3321/202-476-3070. Nights and weekends call 202-476-5000 and ask to have a chaplain paged.