

Financial Resources

Emergency Financial Assistance in Washington, D.C.

Greater Washington Urban League

- 202-427-4100
- uintake@gwul.org
- <https://www.gwul.org/utility-assistance>

DC Department of Insurance Securities & Banking (DISB) Foreclosure Prevention

- Provides resources to help District residents avoid foreclosure, including foreclosure mediation, housing counseling and legal aid for homeowners.
- District's Foreclosure Prevention Hotline:
202-265-CALL (2255) and
1-855-449-CALL (2255)
- <https://disb.dc.gov/service/foreclosure-prevention>

Emergency Financial Assistance in Maryland

Laurel Advocacy & Referral Services

- 311 Laurel Ave., Laurel, MD 20707
- 301-776-0442
- Monday-Friday: 9 a.m.-2 p.m.
- Monday: 5-7:30 p.m.
- <https://www.laureladvocacy.org/foodpantry.html>

Emergency Financial Assistance in Virginia

ALIVE!

- 2723 King St., Alexandria, VA 22302
- 703-837-9300
- Monday-Friday 9 a.m.-3 p.m.
- <https://www.alive-inc.org/family-and-emergency-assistance-program-alexandria-va/>

To reach the Children's National Hospital Department of Social Work call **202-476-3070** or visit our website at **childrensnational.org/visit/resources-for-families/family-services/social-work**

DISCLAIMER: This list of resources is intended for informational purposes only and was up to date at the time of printing. It does not constitute endorsement by Children's National Hospital Department of Family Services-Social Work Services for any of the resources listed.

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Financial Literacy, Education and Planning in Washington, D.C.

DC Department of Employment Services (DOES)

- Financial Literacy Series: <https://does.dc.gov/page/financial-literacy-series>

DC Department of Insurance Securities & Banking (DISB)

- 202-727-8000
- <https://disb.dc.gov/>
- **Financially Fit DC:** helps residents identify short-term needs, make a budget and set plans to reach long-term goals with online tools and curated workshops. <https://welcome.financiallyfitdc.com/>
- **Earned Income Tax Credit information:** special tax break tailored for low- and moderate-income workers. <https://eitc.dc.gov/>
- **Bank on DC:** provides mainstream access to financial services, products and financial education to unbanked and under-banked households in the District. The program partners with banks and credit unions to offer bank accounts that have low minimum balance requirements and no or low-cost monthly fees. <https://bankondc.org/>
- **Student Loan Ombudsman:** helps families and prospective students identify scholarship opportunities and minimize student loan debt. Can show college graduates how to understand loan repayment options and identify debt relief programs and resolve complaints. <https://disb.dc.gov/studentloanhelp>
- **Small Business Resources:** <https://disb.dc.gov/service/small-business-resources>

Opportunity Accounts Program by Capital Area Asset Builders

- 4:1 matched savings program that allows qualified residents to save up to \$1,500 with a match of \$6,000, growing their Opportunity Account contribution up to \$7,500. Funds can be used to help pay for a variety of savings goals, including education, first-time home purchases, small business development and retirement.
- DCoportunity@caab.org
- <https://www.caab.org/en/programs/matched-savings-programs/dc-opportunity-accounts-program>

The Women's Center

- 1025 Vermont Ave. NW, Suite 310
Washington, DC 20005
- 202-293-4580
- <https://thewomenscenter.org/services/legal-financial-resources/>

United Planning Organization

- 2907 MLK Jr Ave. SE, Washington, DC 20032
- 202-682-6572
- FEC@upo.org
- <https://www.upo.org/fec/>

Financial Literacy, Education and Planning in Maryland

Crusaders 4 Change

- 240-630-2242
- hello@crusaders4change.org
- <https://www.crusaders4change.org/personal-finance-coaching>

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Financial Literacy, Education and Planning in Maryland

Making Change

- 9770 Patuxent Woods Dr., Suite 307, Columbia, MD 21046
- 443-518-7647
- info@makingchangecenter.org
- <https://makingchangecenter.org/personal-financial-counseling/>

United Way of Central Maryland

- 1800 Washington Blvd., Suite 340, Baltimore, MD 21230
- 410-547-8000
- <https://www.uwcm.org/economic-advancement>

Financial Literacy, Education and Planning in Virginia

THEARC Virginia

- 2147 Staples Mill Rd., Richmond, VA 23230
- 804-649-8481 (Main Office)
- Find your local chapter: <https://www.thearcofva.org/local-chapters>
- <https://www.thearcofva.org/financial-planning>

The Women's Center

- 133 Park St. NE, Vienna, VA 22180
- 703-281-2657
- <https://thewomenscenter.org/services/legal-financial-resources/>

Income Tax Preparation

IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE)

- These programs offer free basic tax return preparation to qualified individuals.
- Find a VITA site near you <https://irs.treasury.gov/freetaxprep/>
- <https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers>

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

