

# Food Resources in Maryland

## Grocery Distribution Sites:

- See updates at [bit.ly/pgcfood](https://bit.ly/pgcfood)

## Adventist Community Services

- 501 Sligo Ave., Silver Spring, MD
- 301-585-6556
- Call to make an appointment.

## Catholic Charities Center

- 12247 Georgia Ave., Silver Spring, MD
- Pickup: 2nd and 4th Tuesday, 10 a.m.–2 p.m.
- The first 100 people will receive food. Bring a form of ID.
- If your family needs diapers, bring proof of child's age.

## Fountain Community Enrichment

- 15853 Commerce Ct., Upper Marlboro, MD
- Drive through pickup: 1st and 3rd Friday 11 a.m.–2 p.m.

## Galilee CDC

- 2101 Shadyside Ave., Suitland, MD
- 301-776-0442
- Pickup by appointment: Tuesday, Thursday, 12–2 p.m.

## LARS

- 311 Laurel Ave., Laurel, MD
- 301-776-0442
- Pickup by appointment only:
- Monday, Wednesday, Friday 9 a.m.–2 p.m.

## Manna

- 12301 Old Columbia Pike, Silver Spring, MD
- 301-424-1130
- Call by 3 p.m. the day before to secure a pickup.
- Pickup: Tuesday–Sunday, 9 a.m.–2 p.m.

## Mission of Love

- 6180 Old Central Ave., Capitol Heights, MD
- 301-333-4440
- Pickup by appointment only.
- Groceries: Monday–Thursday, 9 a.m.–2 p.m.
- Produce: Thursday, 11 a.m. – 3 p.m.

## Shabach Ministries

- 403 Brightseat Rd., Landover, MD
- 301-532-7003
- Pickup by appointment only:
- Monday–Friday, 10 a.m.–2:30 p.m.

## Share Food Network

- Value packages that cost \$25 and include \$50 worth of groceries.
- 301-864-3115
- Find locations throughout D.C., Maryland and Virginia online at: <https://www.catholiccharitiesdc.org/program/share-food-network/>

## Silver Spring Christian Reformed

- 1501 Arcola Ave., Silver Spring, MD
- 301-325-0186
- Pickup: 1st and 3rd Tuesday, 3 p.m.

To reach the Children's National Hospital Department of Social Work call **202-476-3070** or visit our website at [childrensnational.org/visit/resources-for-families/family-services/social-work](https://childrensnational.org/visit/resources-for-families/family-services/social-work)

*DISCLAIMER: This list of resources is intended for informational purposes only and was up to date at the time of printing. It does not constitute endorsement by Children's National Hospital Department of Family Services–Social Work Services for any of the resources listed.*

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## Grocery Distribution Sites:

### St. Callimus

- 1600 St Camillus Dr., Silver Spring, MD
- 301-328-5105
- Pickup: Friday, 4-6 p.m., Saturday, 10 a.m.-12 p.m.

### St. Stephens Baptist Church

- 5757 Temp Hills Rd., Temple Hills, MD
- Pickup: Tuesday, 11 a.m.-3 p.m.

### UCAP

- 1400 Doewood Ln., Capitol Heights, MD
- 301-322-5700 ext. 101

## Women, Infants, and Children (WIC)

- Montgomery County: 301-762-9426
- Prince George's County: 301-856-9600
- <https://health.maryland.gov/phpa/wic/pages/home.aspx>

## SNAP (Food Stamps)

- Make an account and apply online at <https://mymdthink.maryland.gov/home/#/>
- ***Please have as much of the following paperwork with you when you apply:***
- Photo ID for yourself
- Social Security numbers (or A-numbers) for all in your household
- Proof of MD residency (such as a lease, utility bill, written letter from landlord)
- Proof of income (such as pay stubs from last month of work, Social Security or unemployment benefits, received child support payments, letter from employer)
- Proof of expenses (such as rent or mortgage receipt, utility and cell phone bills, childcare or dependent care costs, child support payments you owe)

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

