

Food Resources in Virginia

Supplemental Nutrition Assistance Program (SNAP/Food Stamps)

- Provides food assistance vouchers to those who meet financial eligibility requirements.
- Phone: 211
- Apply online: [commonhelp.virginia.gov](https://www.commonhelp.virginia.gov)

Women Infants and Children (WIC)

- Provides formula, breastfeeding support, supplemental nutritious food for pregnant women and children under five who meet financial eligibility requirements.
- 877-835-5942 or 211
- <https://www.myvawic.org/>
- <https://www.vdh.virginia.gov/wic/>

Fairfax County

Annadale District

- Also serving Joseph Willard Center participants
- 7611 Little River Turnpike, Suite 301E
Annadale, VA 22003
- 703-237-6078

Mount Vernon

- Also serving Fort Belvoir Participants
- 8350 Richmond Highway, Suite 233
Alexandria, VA 22309
- 703-704-6196

Herndon/Reston

- Also serving HealthWorks for Northern Virginia, Sully and Centreville Participants
- 1850 Cameron Glen Dr., Suite 100
Reston, VA 20190
- 703-481-4099

Loudon County

- 45201 Research Pl., Suite 120
Ashburn, VA 20147
- 703-777-0239
- Monday–Thursday: 8 a.m.–4:30 p.m.
Friday: 8 a.m.–3 p.m.

Prince William County

- 703-792-7319

Manassas

- 7757 Ashton Ave., Manassas, VA 20109

Quantico Office

- Serving the military community only
- Little Hall: 2034 Barnett Ave.
Quantico, VA 22134

Georgetown South WIC Office

- 9444 Taney Rd., Manassas, VA 20110

Woodbridge Office

- 4001 Prince William Parkway, Suite 204
Woodbridge, VA 22192

City of Alexandria

Main office

- 4480 King St., 2nd Floor
Alexandria, VA 22302
- 703-746-4998

Neighborhood Health

- 2 East Glebe Rd., Alexandria, VA 22304

Casey Health Center

- 1200 N. Howard St., Suite 105
Alexandria, VA 22304

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Food Resources in Virginia

City of Falls Church

Dar Al Hijrah Islamic Center WIC Office

- 3159 Row St., Falls Church, VA 22044

Inova Cares Clinic for Women

- 6400 Arlington Blvd., Falls Church, VA 22042

Arlington County

Stambaugh Human Services Center

- 2100 Washington Blvd., 2nd Floor
- Arlington VA, 22204
- 703-228-1260
- Monday, Wednesday, Thursday: 8 a.m.–5 p.m.
- Tuesday: 8 a.m.–7 p.m. Friday: 8 a.m.–12 p.m.
- Closed daily from 12–1 p.m.

Food Pantries in Arlington

Arlington Food Assistance Center (AFAC)

- afac.org/getfood
- **To get groceries weekly**, call the Department of Human Services Community Assistance Bureau: 703-228-1300
- **Individuals older than 60** can call the Department of Human Services Arlington Area Agency on Aging: 703-228-1700
- **Barriers to picking up** can call AFAC Client Services Coordinator at 571-384-1448 to request home deliveries

AFAC Headquarters at Nelson

- 2708 S. Nelson St.
- Monday–Friday: 9:30 a.m.–1 p.m.
- Tuesday and Thursday: 6–7 p.m.
- Saturday: 9–11 a.m.

Arlington Mill Community Center

- 909 S. Dinwiddie St.
- Monday: 9:30–11:30 a.m.

Clarendon United Methodist Church

- 606 N. Irving St., lower level
- Saturday: 8:30–10:30 a.m.

Gates of Ballston Community Center

- 4108 4th St. N
- Friday: 11 a.m.–2 p.m.

Our Lady Queen of Peace Food Pantry

- Must be resident of Arlington County.
- 703-979-5580
- 2700 South 19th St.
- Wednesday: 9–11:30 a.m.
- www.ourladyqueenofpeace.org/food-pantry

Salvation Army Food Pantry

- Must show proof of Arlington residency.
- 703-979-3380
- 518 South Glebe Rd.
- First, second, third Thursday of month: 9:30–11:30 a.m., 1:30–3:30 p.m.
- <https://southernusa.salvationarmy.org/nca/arlington-va/>

Food Pantries in Alexandria

Alexandria Food Pantry–Catholic Charities

- Individuals residing in the Diocese of Arlington area and only eligible to receive food once per month.
- 4725A Eisenhower Ave, Alexandria, VA 22304
- 703-548-4227
- Wednesday, Thursday: 9 a.m.–1 p.m.
- Please arrive no later than 12:30 p.m. to allow time for check-in and shopping.
- ccda.net/need-help/food/food-pantries/alexandria-food-pantry/

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Food Pantries in Alexandria

Cynthia Hull Food Pantry

- Must call to register before being able to pick up food.
- 7511 Fordson Rd., Alexandria, VA 22306
- 703-768-7106
- Monday, Friday: 10 a.m.-1 p.m.
- <https://www.unitedcommunity.org/registration-information/>

Groveton Baptist Church Food Pantry

- Must be resident of Alexandria City, Arlington County or Fairfax County.
- 703-768-9084
- 6511 Richmond Highway
- Food pantry:
Friday: 10 a.m.-3 p.m. (Door 1)
- Clothes closet:
Friday: 10 a.m.-2 p.m. (Door 3)
- grovetonbaptistchurch.org

Koinonia Mary's Food Pantry

- Residents of Franconia, East Springfield and Kingstowne in Fairfax County. Must call to make appointment.
- 6037 Franconia Rd.
- 703-971-1991
- Monday-Wednesday: 9 a.m.-12:30 p.m.
- Thursday: 9 a.m.-12 p.m., 1-4 p.m.
- Friday: 9 a.m.-12:30 p.m.
- 2nd and 4th Saturday: 9 a.m.-12:30 p.m.
- koinoniacares.org/food-pantry.html

Shiloh Baptist Church

- Must show proof of residency for Caroline County, King George County, Spotsylvania County or Stafford County.
- 1401 Duke Street Alexandria, VA 22314
- 540-656-2395
- Monthly value packages cost \$25 and provide \$40-\$50 worth of basic and healthy groceries including meat, staples and produce. All are welcome
- Wednesday: 9 a.m.-12 p.m.
- sharefood@shiloh-bc.org
- www.shiloh-bc.org/share-food

Food Pantries in Dumfries

Francis House

- Must call to make appointment, must be resident of Dumfries, Triangle or Quantico in Prince William County.
- 2606 Heth Ct.
- 703-221-6344
- Wednesday, Thursday: 9 a.m.-1 p.m.
- <https://stfrncis.org/st-francis-house/>

Food Pantries in Fairfax

Facets

- Hot meal distribution; open to all in need
- 10700 Page Ave., Building B
- Fairfax VA 22030
- 703-352-5000
- TTY 7-1-1 for Virginia Relay
- Facets@FacetsCares.org
- <http://facetscares.org/need-help/>

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Food Pantries in Fairfax

Food for Others

- Must be referred by community social services, live in Northern Virginia, limited to 6 times per year.
- 2938 Prosperity Ave.
- 703-207-9173
- Monday–Friday: 9:30 a.m.–5 p.m.
- <https://foodforothers.org/get-help/inneedassistance/>

Salvation Army Fairfax

- Must show proof of income and proof of residency in Fairfax City, Fairfax County or Falls Church City.
- 4915 Ox Rd.
- 703-385-8700
- Monday–Friday: 9 a.m.–4 p.m.
- <https://salvationarmynca.org/nca/gethelp>

Food Pantries in Falls Church

Columbia's Spend Yourself Food Pantry and Gardens

- 3245 Glen Carlyn Rd., Falls Church, VA
- 703-534-5700
- Receive 15–20 non-perishable items and fresh produce.
- No pre-registration or referrals needed. No ID required. All are welcome.
- Saturday: 9–10:30 a.m.
- columbiabaptist.org/FoodPantry

Food Pantries in Fredericksburg

Community Ministry Center

- Must be resident of Fredericksburg or Spotsylvania.
- 918 Bragg Rd., Fredericksburg, VA 22407
- 540-412-6667
- Tuesday: 6–8 p.m. Thursday: 9–11 a.m.
- Saturday: 9–11 a.m.

Fredericksburg Regional Food Pantry

- Must be resident of Caroline County, Fredericksburg City, King George County, Spotsylvania County, or Stafford County. Show proof of income and age. Must apply for eligibility.
- 3631 Lee Hill Dr., Fredericksburg, VA 22408
- 540-371-7666
- Monday–Thursday: 8 a.m.–5 p.m.
- First Saturday of the month: 9 a.m.–12 p.m.
- <https://fredfood.org/Pantry-Locator-App>

Fredericksburg Salvation Army Food Pantry

- Limit one visit per week. Must be a resident of Planning District 16 and a resident of Westmoreland County.
- 2014C Lafayette Blvd.
- 540-373-3431
- Tuesday: 9 a.m.–12 p.m. and 1–4 p.m.
- <https://salvationarmypotomac.org/>

Fredericksburg United Methodist Church

- Must live in Fredericksburg City, King George County, Spotsylvania County or Stafford County.
- 308 Hanover St., Fredericksburg, VA 22401
- 540-373-9021
- Monday–Thursday, Saturday: 1–3 p.m.

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Food Pantries in Fredericksburg

The Storehouse Ministry

- 1013 Spotsylvania Ave.
Fredericksburg, VA 22404
- Tuesday, Thursday: 12:30-1:30 p.m.
- Must sign in before 1:15 p.m. Must be a resident of Caroline County, Fredericksburg City, King George County, Spotsylvania County or Stafford County. Must bring own bags or boxes.
- 540-841-3850
- qcministries.com/storehouse.html

Food Pantries in Manassas

Manassas and Prince William County

Community Feeding Taskforce Food Hotline

- Monday- Friday: 9 a.m.-4 p.m.
- 703-794-4668

First AME Church of Manassas

- Must be resident of Prince William County, Manassas or Manassas Park
- 10313 South Grant Ave.
Manassas, VA 20110
- 703-361-8791
- 1st and 4th Monday of month: 10-11 a.m.
- famechurch.com/food-assistance/

Northern Virginia Family Service

- Must show proof of residency for Prince William County, City of Manassas or City of Manassas Park. Must call to schedule appointment.
- SERVE Campus: 10056 Dean Dr.
Manassas, VA 20110
- 571-748-2680
- Tuesday, Thursday: 9:30-11:30 a.m., 1-3 p.m.
- Every other Wednesday: 5-7:30 p.m.
- Every other Friday: 9:30-11:30 p.m.
- nvfs.org/assistance/food-assistance/

Food Pantries in Reston

Cornerstones

- Available services: Will deliver to senior clients and local low-income housing complexes. Offer short-term emergency financial assistance to people needing help with paying rent and help with heating and cooling bills. Access to other services such as case management and financial counseling.
- Fairfax County residents in Herndon and Reston only. Must meet income requirements.
- 1484 Washington Plaza, W Suite 120
Reston, VA 20190
- 571-323-1410
- Monday-Thursday: 8:30 a.m.-4:30 p.m.
- Friday: 8:30 a.m.-1:30 p.m.
- First Saturday of the month: 9 a.m.-1 p.m.
- cornerstonesva.org/services/food-financial-or-urgent-assistance/foods-and-basic-needs

Food Pantries in Stafford

Saint William of York Outreach

- Must show proof of residency for Stafford County.
- 3130 Jefferson Davis Highway
Stafford, VA 22554
- 540-720-665
- Wednesday: 10 a.m.-12 p.m.
- stwilliamofyorkoutreach.weebly.com

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Food Pantries in Stafford

Serve Food Pantry

- Must show proof of residency for Stafford County.
- 15 Upton Ln., Stafford, VA 22554
- 540-288-9603
- Monday–Thursday: 11 a.m.–4 p.m.
- 2nd and 4th Saturday: 10 a.m.–2 p.m.
- serve-helps.org/get-help/food-pantry

Stafford Church of God Food Pantry

- 649 Garrisonville Rd., Stafford, VA 22554
- 540-659-3854
- Tuesday: 10–11:30 a.m.

Food Pantries in Woodbridge

Holy Family's Food Pantry

- Each client is given a unique identification number to facilitate each pick-up. A new ID number is provided for every visit. Clients can visit only once in each calendar month.
- 14160 Ferndale Rd., Woodbridge, VA 22193
- 703-730-1791
- Monday, Wednesday: 4–6:30 p.m.
- https://www.holyfamilycatholicchurchdalecity.org/apps/pages/index.jsp?uREC_ID=3469337&type=d&pREC_ID=2390625

Hunger Prevention Center, ACTS

- For homebound individuals and senior citizens call 703-441-8606 ext 288 to qualify for delivery.
- 3900 Acts Ln., Dumfries VA 22026
- 703-441-8606
- Monday, Thursday: 9–11:30 a.m., 1–3 p.m.
- Tuesday: 1–3:30 p.m., 5–7 p.m.
- Friday: 9–11:30 a.m.
- actspwc.org/services/food-assistance
- Eastern Prince William County residents only: Woodbridge (22191, 22192, 22193), Dumfries (22025, 22026), Quantico (22134), Triangle (22172) and Occoquan (22125).
- Income limit, once per month.

For more information, please contact the **Department of Family Services–Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

