

Newborn and Infant Supply Resources in Maryland

Diapers

Judy's Center

- Prince George's County
- Provides diapers to families in need as well as case management and resource referral. Program goal is to enhance development and prepare children for school.
- Eligibility: Parents and caregivers of children birth to five who live in the area served by the school where the center is located.
- **Adelphi at Cool Spring Elementary School**
301-408-6860 extension 45487
<https://www.pgcps.org/offices/early-learning-programs/judy-center-early-learning-hub/judy-center-at-cool-spring-elementary>
- **Capitol Heights and District Heights at Carmody Hill Elementary School**
301-808-8193
<https://www.pgcps.org/offices/early-learning-programs/judy-center-early-learning-hub/judy-center-early-learning-hub-at-carmody-hills>
- **Gaithersburg- Summit Hall Elementary School**
101 West Deer Park Rd.
301-284-4170
<https://www.montgomeryschoolsmd.org/departments/dtecps/judycenters/gaithersburg.aspx>
- **Takoma Park-Rolling Terrace Elementary School**
240-740-1940
<https://www2.montgomeryschoolsmd.org/departments/dtecps/judycenters/silverspring>
- **Temple Hills-Hillcrest Heights**
301-702-3800
<https://www.pgcps.org/offices/early-learning-programs/judy-center-early-learning-hub/judy-center-early-learning-hub-at-hillcrest-heights-elementary>

Maryland Diaper Bank

- Charles County, Southern Prince George's County and St. Mary's County
- Partners with local non-profit and community organizations that serve families with children 5 and under in Charles, Prince George's and St. Mary's County. Diapers are only distributed through partner organizations; you cannot obtain supplies from the Maryland Diaper Bank directly.
- <https://www.marylanddiaperbank.org/where-to-get-diapers>

Rainbow Community Development Center (RCDC)

- Montgomery County
- 2120-A Industrial Parkway, Silver Spring, MD 20904
- RCDC provides 50 diapers once per month and food distribution twice per month to families in need by appointment only.
- Eligibility: Must have transportation for pick-up appointments which occur on Tuesday and Thursday mornings.
- You will receive a text message with questions that must be answered. Children are eligible birth to 2-years-old. You must have ID and proof of birth for baby (hospital discharge papers, birth certificate or insurance card for baby)
- Call to request an appointment 240-628-9154; please don't leave more than one voicemail. Spanish speaking volunteers available.

Books

Books from Birth Prince George's County:

- Enrolled children in Prince George's County receive a free book mailed to their home from birth to five.
- Books-From-Birth@pgcmls.info
- Apply: <https://www.pgcmls.info/freebooks>

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Clothing and Baby Supplies

A Wider Circle

- Baby supplies and equipment, clothes and household furniture.
- 9159 Brookville Rd., Silver Spring, MD 20910
- Eligibility: contact agency directly or by referral from a partner agency
- 301-608-3504
- contact@awidercircle.org
- <https://awidercircle.org/>

Anne Arundel County Food Bank

- Provides food, nutritional supplements, medical equipment and more to those in need, free of charge.
- <https://aafoodbank.org/need-help/>
- Baby Pantries listed on resource list: <https://aafoodbank.org/wp-content/uploads/sites/7/2023/07/Pantry-and-Resource-List-072023.pdf>

Colesville Council of Community Congregations (C4)

Baby Closet

- Provides baby clothes, diapers and furniture by appointment only.
- 14015 New Hampshire Ave., Silver Spring, MD 20904
- Eligibility: Montgomery County resident and one of the following: Medicaid, Medicare, WIC, Letter from Social Worker/Health Provider/Clergy, paystub or income tax form.
- Must bring printed and completed application in person.
- Tuesday and Friday, 9-11a.m.
- 301-989-8742
- <https://c4clothescloset.com/>

Freecycle

- Trade and gift items for free.
- <https://www.freecycle.org/>

Jessup Baptist Church Baby and Toddler Pantry

- Provides diapers, wipes, formula and baby clothes.
- 2862 Jessup Rd., Jessup, MD
- Bring photo ID and proof of birth.
- Wednesdays 1-3 p.m.
- jbcbbabypantry@gmail.com
- <https://www.facebook.com/groups/jbcbbabypantry/>

Kids in Safety Seats (KISS):

- Provides low-cost car seats to families unable to afford one. Some providers offer convertible car seats, rear-facing infant seats for low-birth weight infants or for children with special transportation needs.
- Provides information about car safety, video car seat installation assistance, one-on-one questions and referrals to other resources. The program is not able to provide car seats urgently. It's recommend applying 1-2 months in advance of need.
- Eligibility: Maryland residents with financial need may be eligible for car seat assistance. All are eligible for education services. Must complete a Caregiver Agreement form and be able to attend an in-person meeting to obtain the training and car seat.
- Monday-Friday from 8:30 a.m.-5 p.m.
- 1-800-370-SEAT (1-800-370-7328)
- To view calendar and register for in-person installation support, visit: <https://health.maryland.gov/phpa/OEHFP/KISS/Pages/Maryland-Car-Seat-Checkup-Events.aspx>
- mdh.kiss@maryland.gov
- <https://health.maryland.gov/phpa/OEHFP/KISS/Pages/Home.aspx>

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Laurel Pregnancy Center (faith-based)

- Connection to materials for baby such as clothing, formula, diapers and wipes.
- Parenting 101 class (Zoom) and peer counselors to provide support.
- 415 Main St., Laurel, MD 20707
- 301-776-9996
- <https://lpcpartners.org/materialsassistance/>

Pregnancy Aid Center:

- Provides medical treatment, support, and material goods to pregnant and parenting families.
- Services: Obstetrics and gynecology (Flat fee for prenatal care services if uninsured); Mental health counseling; Referral to community resources; Outreach team can assist with applications to WIC and Medicaid; Self-serve clothes closet in waiting room, sometimes has used baby furniture, diapers and food.
- Weinberg Women's Health Center: 4700 Erie St. College Park, MD 20740
- Eligibility: Any age, no residency requirements.
- Insurance: Medicaid, pending Medicaid, uninsured.
- 301-345-2050
- <https://pregnancyaidcenter.org/services/food-clothing/>

Lactation

Adventist Healthcare

- Breastfeeding and pumping support (English only)
- 14915 Broschart Rd., Suite 100, Rockville, MD 20850
- Do not need to be patients of Adventist Healthcare to receive outpatient lactation services. Lactation consults are billed \$100/hour, they do not submit any claims to any insurance companies. An itemized receipt can be requested and submitted to insurance for out-of-network reimbursement.
- In-office consults available by appointment only on Monday, Tuesday and Thursday mornings; Breast pumps and breastfeeding supplies are available for rent and purchase; Free Breastfeeding Support group: Breastfeeding Education, Support & Togetherness (BEST); Warm line messages about breastfeeding will be answered in the evening.
- 240-826-MOMS (6667)
- Wednesday 10:30-11:30 a.m. virtual and free to all.
- Must register: <https://www.adventisthealthcare.com/calendar/search-results/?keywords=best>

East of the River Lactation Support Center

- Provides lactation support and guidance during pediatric appointments at Children's National Health Center Anacostia.
- 2101 Martin Luther King, Jr. Ave. SE Washington, DC 20020
- Consultations with a lactation consultant can also be requested by providers at any Children's Pediatrician Office, any community providers or a caregiver can self-refer. Consultations can occur by phone, virtual or in person.
- Breastfeeding Classes are available virtually on the 2nd and 4th Thursday of the month.
- All services are free.
- Request services by phone: 202-476-9641 (preferred method)
- lactationsupport@childrensnational.org
- <http://www.dcbfc.org/eastRiverLactation.php>

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La Leche League USA

- Provides free meetings led by volunteer Leaders who are experienced with breastfeeding and are accredited by La Leche League International. Helps parents learn about the ages and stages of breastfeeding and creates a community of support by bringing breastfeeding families together. Offers support between meetings for breastfeeding challenges, such as positioning and latch, soreness, pumping and milk storage.
- Helpline: 1-877-452-5324
- La Leche League of Maryland, Delaware, and the District of Columbia: <https://llofmd-de-dc.org/local-groups-1>

Mamatoto Village

- International Board-Certified Lactation Consultants (IBCLC) and Certified Lactation Consultants assist with breastfeeding.
- Home visiting lactation services may be available.
- Participants with DC Medicaid (Amerihealth, Carefirst Community Health Plan, Medstar Family Choice and HSCSN) receive services at no cost.
- Families that deliver at Medstar Washington Hospital Center in Safe Moms Safe Babies program may be eligible for grant-funded services.
- Other families may be eligible for grant-funded services or have an out-of-pocket expense for services.
- The Milk Bar free in-person lactation support (virtual for infants under 4 weeks) on the 2nd Thursday of the month and the last Saturday of the month at 11 a.m.
- Must preregister on Instagram or Eventbrite <https://www.eventbrite.com/o/mamatoto-village-6039255925>
- Cassietta Pringle: cassietta@mamatotovillage.org
- 202-248-3434

Maryland WIC Breastfeeding

- Contact your local WIC: <https://health.maryland.gov/phpa/wic/Pages/wic-apply.aspx>
- Email Breastfeeding Staff: MDH.WICBreastfeeding@Maryland.gov
- Information and videos: <https://wicbreastfeeding.fns.usda.gov/>
- Maryland WIC for Participants App
 - iOS: <https://apps.apple.com/us/app/maryland-wic-for-participants/id1247911527>
 - Android: https://play.google.com/store/apps/details?id=com.sigmasoftware.mdwic&hl=en_US

National Breastfeeding Helpline, Office of Women's Health

- Trained breastfeeding peer counselors are available by phone. Support is available in English and Spanish.
- 1-800-994-9662
- Monday-Friday: 9 a.m.-6 p.m.
- Information about breastfeeding and pumping <https://www.womenshealth.gov/breastfeeding>

The Breastfeeding Center for Greater Washington

- Provides one-on-one prenatal, lactation and follow-up consultations with IBCLCs (International Board of Lactation Consultant) in-person, at home and virtually. Consultations are also available in English and Spanish.
- Provides a variety of classes on topics including breastfeeding, childbirth, infant sleep, baby care, nutrition and much more. Online and telehealth support group- English Only.
- Most classes are free or insurance-covered: Accepts Aetna, Blue Cross and Blue Shield, Carefirst, DC Medicaid and United/GEHA insurance.
- <https://www.breastfeedingcenter.org/classcalendar>
- <https://www.breastfeedingcenter.org/>

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University of Maryland Medical Center Virtual Moms Breastfeeding Support Group

- Free support group for breastfeeding mothers. Open to all mothers regardless of location or delivery hospital.
- Monday, Thursday: 12-1p.m.
- Request link via email: ChildBirthEd@umm.edu

Women, Infants, and Children (WIC)

- Provides food vouchers, breastfeeding support, and breast pumps to eligible parenting people.
- Montgomery County: 301-762-9426
- Prince George's County: 301-856-9600
- Breastfeeding Information and Videos:
<https://health.maryland.gov/phpa/wic/Pages/breastfeeding-services.aspx>

Portable Cribs and Safe Sleep Education

Safe Sleep

- English: <https://safetosleep.nichd.nih.gov/>
- Spanish: <https://espanol.nichd.nih.gov/actividades-proyectos/sts>

Cribs for Kids

- Services: partner organizations provide safe sleep education for parents and caregivers, and many provide portable cribs to those who qualify.
- Eligibility: All who receive a portable crib must receive education about Safe Sleep. Organizations have specific requirements and eligibility criteria for receiving a portable crib.
- Locator: <https://cribsforkids.org/our-partners/>
- Medicaid Managed Care Organizations often assist with portable cribs. Call the member services number on the card for more information.

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

