

Pregnancy Care Options in Washington, D.C.

Please note that Children's National Hospital does not provide obstetrical care and is not a delivery hospital.

Pregnancy Options Counseling

Carafem

- Virtual consultation with medical provider and at home medication assisted termination of pregnancy with 24/7 medical support.
- Eligibility: residents of District of Columbia, Maryland and Virginia for a pregnancy up to 11 weeks gestation
- 855-SAY-CARA (855-729-2272)
- <https://carafem.org/>

Latin American Youth Center

- Counseling, Treatment, Referral and Linkage Program (CTRL). Services include pregnancy test and pregnancy options counseling.
- LAYC's Kaplan Building: 1419 Columbia Rd. NW, 3rd Floor, Washington, DC 20009
- Eligibility: All services are free of charge to youth ages 11-24 years old.
- Walk-ins and appointments available: Monday–Thursday: 2–6 p.m.
- 202-319-2252
- <https://www.layc-dc.org/sexual-health>

Planned Parenthood of Metropolitan Washington, D.C.

- Gynecologic Care, termination of pregnancy and postpartum exams; Pregnancy Testing and Option Counseling; Mental Health and Primary Care.
- 225 4th St. NE, Washington, DC 20002
- 202-347-8512
- <https://www.plannedparenthood.org/planned-parenthood-metropolitan-washington-dc/patient-resources>

Washington Surgi-Clinic

- Complete gynecological and termination of pregnancy.
- 202-899-5797
- <https://www.washingtonsurgi-clinic.com/>

To reach the Children's National Hospital Department of Social Work call **202-476-3070** or visit our website at **childrensnational.org/visit/resources-for-families/family-services/social-work**

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Adoption Resources

Paths for Families

- Call or text 1-800-439-0233
- <https://pathsforfamilies.org/path/im-pregnant/>

The Barker Foundation

- 1-888-731-6601 or text 240-600-1106
- <https://www.barkeradoptionfoundation.org/adoption-services/pregnancy-counseling>

Prenatal Care Clinics

Community of Hope

- Obstetrics and gynecology; Delivery at the Birth Center may be an option, midwives also deliver at Medstar Washington Hospital Center; Doula Services; Home visiting program; Breastfeeding support and education; Emotional wellness (counseling, substance use treatment, psychiatry); Prenatal care coordination begins at first prenatal appointment and continues until baby is at least 6 months old. Assist the pregnant person in connecting to wellness and social services resources, ensure that any barriers to care are reduced (transportation, food insecurity, employment and leave concerns), and to serve as the liaison between the patient and the care system. Care coordinators can help patients in scheduling their own appointments and appointments for the baby once born.
- 202-540-9857
- 24-Hour Nurse Advice Line: 202-540-9857
- <https://www.communityofhopedc.org/>

Marie Reed Community Health Center	2155 Champlain St. NW, Washington, DC 20009 <ul style="list-style-type: none">• Monday, Thursday, Friday: 8:30 a.m.-5 p.m.• Tuesday: 8:30 a.m.-7 p.m.• Wednesday: 8:30 a.m.-7:30 p.m.• Saturday: 9 a.m.-3:30 p.m.
Family Health, Birth Center and Pharmacy	2120 Bladensburg Rd. NE Washington, DC. 20018 <ul style="list-style-type: none">• Monday, Wednesday, Thursday, Friday: 8:30 a.m.-5 p.m.• Tuesday: 8:30 a.m.-7:30 p.m.• Saturday: 9 a.m.-3:30 p.m.
Conway Health and Resource Center Administrative and Housing Offices	4 Atlantic St. SW, Washington, DC 20032 <ul style="list-style-type: none">• Monday, Tuesday, Wednesday, Friday: 8:30 a.m.-5 p.m.• Thursday: 8:30 a.m.-7 p.m.• Saturday: 9 a.m.-3:30 p.m.

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Prenatal Care Clinics

Elaine Ellis Center of Health

- Obstetrics and gynecology services, Adult and pediatric healthcare, Mental health and substance use treatment.
- 1627 Kenilworth Ave. NE, Washington, DC 20019
- Monday–Thursday: 9 a.m.–6 p.m.
Friday: 9 a.m.–2 p.m.
1st Saturday of each month: 9 a.m.–2 p.m.
- 202-803-2340
- <https://eechealth.com/>

George Washington University Hospital

- Obstetrics and gynecology including Maternal Fetal Medicine Specialists; Delivery hospital; 5 Trimesters Mental Health Clinic (counseling and psychiatry).
- 2150 Pennsylvania Ave. NW, 5th Floor (South Pavilion), Washington, DC 20037
- 2300 M St. NW, Suite 110, Washington, DC 20037
- Main: 202-741-2500
- Mental Health Clinic: 202-741-2888
- <https://gwdocs.com/specialties/obstetrics-gynecology-obgyn>

Howard University Hospital

- Obstetrics and gynecology including Maternal Fetal Medicine Specialists; Delivery hospital; Pelvic Medicine. Pediatrician, primary care and mental health and substance use services are also available at Howard.
- 2041 Georgia Ave. NW, Suite 1700, Washington, DC 20060
- 202-865-4164
- <https://www.huhealthcare.com/health-services/obgyn/>

La Clínica del Pueblo

- Obstetrics and gynecology; Mental health support; Pediatric and adult health care; Mental health and substance use treatment.
- 2831 15th St. NW, Washington, DC 20009
- Monday–Friday: 8:30 a.m.–5 p.m.
- 202-462-4788
- <https://www.lcdp.org/>

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Mary's Center:

- Obstetrics and gynecology; Pediatric and adult healthcare; Perinatal Mental Health Program (therapy, support groups, psychiatry); Case management; Home visiting program; Domestic violence support; WIC.
- 2333 Ontario Rd. NW, Washington, DC
- 100 Gallatin St. NE, Washington DC 20011
- 3912 Georgia Ave. NW, Washington, DC 20011
- Monday–Friday: 9 a.m.–5 p.m.
- **Main Line:** 202-483-8196 **Appointment Line:** 844-796-2797 **WIC line:** 202-232-6679
- <https://www.maryscenter.org/>

Medstar Georgetown University Hospital

- Obstetrics and gynecology including Maternal Fetal Medicine Specialists; Delivery hospital; Women's Mental Health Program; Breastfeeding support.
- Georgetown Plaza: 2233 Wisconsin Ave. NW, 3rd Floor, Washington, DC 20007
- **Main:** 202-481-1060 **Mental Health Program:** 202-944-5400
- <https://www.medstarhealth.org/locations/obstetrics-gynecology-glover-park>

Medstar Washington Hospital Center

- Obstetrics and gynecology services including Maternal Mental Health Specialists; Delivery Hospital; Women's Mental Health Program; Breastfeeding Support Group and Afterglow Postpartum Support Group; Childbirth education: Breastfeeding Class, Newborn Care Class.
- Physician's Office Building North Tower: 106 Irving St. NW, 1st Floor Suite 1500, Washington, DC 20010
- Monday–Friday: 8 a.m.–4 p.m.
- 202-877-7101

Teen Alliance for Prepared Parenting (TAPP)

- Obstetrics and gynecologic services; prenatal education; parenting education (individual and workshops); individual and group counseling; workshops in communication, conflict resolution and life management skills; support to continue education; Centering group prenatal care
- Eligibility: Pregnant and 21 years or younger. Young fathers can enroll if they are expecting a child or if they have a child under 5-years-old. Once enrolled youth may continue to participate in the program until 23 years of age.
- Washington Hospital Center, Georgetown University Hospital, Anacostia High School and Roosevelt High School
- 202-877-0755
- <https://www.medstarhealth.org/services/teen-alliance-for-prepared-planning>

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Prenatal Care Clinics

Unity Health Care

- Obstetrics and gynecology services; Adult and pediatric healthcare; Mental health and substance use treatment; WIC; Case management; Teen Clinic.
- <https://www.unityhealthcare.org/>

Anacostia Health Center <ul style="list-style-type: none"> • WIC Location 	1500 Galen St. SE, Washington, DC 20020 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–9 p.m. • Saturday: 8 a.m.–2 p.m.
Parkside Health Center <ul style="list-style-type: none"> • WIC Location • Fax: 202-397-3059 	765 Kenilworth Terrace NE, Washington, DC 20019 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–9 p.m.
Stanton Road Health Center <ul style="list-style-type: none"> • Fax: 202-889-9301 	3240 Stanton Rd. SE, Washington, DC 20020 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–8 p.m.
East of the River Health Center <ul style="list-style-type: none"> • WIC Location • Fax: 202-548-8680 	4414 Benning Rd. NE, Washington, DC, 20019 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–5 p.m.
Columbia Road Health Services <ul style="list-style-type: none"> • Teen Clinic, No OBGYN services • Fax: 202-588-8101 	1660 Columbia Rd. NW, Washington, DC 20009 <ul style="list-style-type: none"> • Monday–Thursday: 8 a.m.–8 p.m. • Friday: 8 a.m.–5 p.m. • Saturday: 8 a.m.–12 p.m.
Brentwood Health Center <ul style="list-style-type: none"> • Fax: 202-832-8575 	1251-B Saratoga Ave. NE, Washington, DC 20018 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–9 p.m. • Saturday: 8 a.m.–2 p.m.
Minnesota Avenue Health Center <ul style="list-style-type: none"> • Fax: 202-370-6210 • WIC Office Temporarily Closed 	3946 Minnesota Ave. NE, Washington, DC 20019 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–9 p.m. • Saturday: 8 a.m.–2 p.m. • 2nd and 4th Sunday: 8 a.m.–2 p.m.
Upper Cardozo Health Center <ul style="list-style-type: none"> • 202-469-4699 Fax: 202-299-1720 • WIC Location 	3020 14th St. NW, Washington, DC 20009 <ul style="list-style-type: none"> • Monday–Friday: 8 a.m.–9 p.m. • Saturday: 8 a.m.–2 p.m. • 1st and 3rd Sunday: 8 a.m.–2 p.m.

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Hotlines

National Suicide and Crisis Lifeline

- Call 988 or 1-800-273-TALK (8255)

District of Columbia Department of Behavioral Health 24-Hour Access Helpline

- 1-888-793-4357

CHAMPS: Mobile crisis for children and teens under the age of 18

- 202-481-1440

Mobile Crisis for Adults

- 202-673-9300

Crisis Text Line

- Text "HOME" to 741-741

District of Columbia Shelter Hotline

- 1-800-535-7252 or 202-399-7093

The Trevor Project

- 1-866-488-7386

National Abortion Hotline

- 1-800-772-9100

National Domestic Violence Hotline

- 1-800-799-7233

DC SAFE: 24/7 crisis intervention for domestic violence in Washington, D.C.

- 1-844-443-5732

National Human Trafficking Hotline

- 1-888-373-7888

National Maternal Mental Health Hotline

- Call or text 1-833-852-6262

National Adoption Hotline

- 1-888-251-0075
- Online Chat: <http://nationaladoptionhotline.org/online-chat/>

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

