

# Pregnancy Care Options in Virginia

**Please note that Children's National Hospital does not provide obstetrical care and is not a delivery hospital.**

## Pregnancy Options Counseling

### Carafem

- Virtual consultation with medical provider and at home medication assisted termination of pregnancy with 24/7 medical support.
- Eligibility: residents of District of Columbia, Maryland and Virginia for a pregnancy up to 11 weeks gestation.
- 855-SAY-CARA
- <https://carafem.org/>

### Falls Church Healthcare Center

- Gynecological care, termination of pregnancy and birth control.
- 900 S Washington St., Suite 300, Falls Church, VA 22046
- 703-532-2500
- <https://fallschurchhealthcare.com/>

### Planned Parenthood Virginia:

- Locations in Richmond, Virginia Beach, Hampton and Charlottesville.
- <https://www.plannedparenthood.org/health-center/va>

### Planned Parenthood of Metropolitan Washington, DC

- This is the closest Planned Parenthood location for Northern Virginia.
- Gynecologic care, termination of pregnancy and postpartum exams, pregnancy testing and option counseling, mental health and primary care.
- 1225 4th St. NE, Washington, DC 20002
- 202-347-8512
- <https://www.plannedparenthood.org/planned-parenthood-metropolitan-washington-dc/patient-resources>

To reach the Children's National Hospital Department of Social Work call **202-476-3070** or visit our website at **[childrensnational.org/visit/resources-for-families/family-services/social-work](https://childrensnational.org/visit/resources-for-families/family-services/social-work)**

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*Last Revised: June 2023*

# Pregnancy Care Options in Virginia

## Pregnancy Options Counseling

### Whole Woman's Health of Alexandria

- Pregnancy testing and options counseling, termination of pregnancy up to 16 weeks gestation, birth control and emergency contraception. Virtual at home medication assisted termination of pregnancy care to anyone with a Virginia mailing address up to 11 weeks gestation. Language translation services are available.
- 2839 Duke St., Alexandria, VA 22314
- 1-877-781-7122
- Virtual services: 877-835-8631
- <https://www.wholewomanshealth.com/clinic/alexandria/>

## Adoption Resources

### Adoption Makes Family

- 410-683-2100
- <https://www.adoptionmakesfamily.org/>

### Paths for Families

- 1-800-439-0233 call or text
- <https://pathsforfamilies.org/path/im-pregnant/>

### The Barker Foundation

- 1-888-73-6601 or text 240-600-1106
- <https://www.barkeradoptionfoundation.org/adoption-services/pregnancy-counseling>

## Prenatal Care Clinics

### Alexandria Inova Cares Clinic for Women

- Provides comprehensive outpatient obstetrical services and gynecological care as well as nonstress testing, all at little to no cost to the patient. Additionally, ICCW provides support services including radiology, laboratory, genetic testing, diabetes management, case management, social work, family planning loop electrosurgical excision procedures, colposcopy procedures and nutritional counseling.
- 4700 King St., Suite #150, Alexandria, VA 22302
- Monday, Friday: 9 a.m.–4:30 p.m.  
Tuesday, Wednesday, Thursday: 8 a.m.–4:30 p.m.
- **New Patient Registration/Scheduling: 703-531-3000**    **Clinic Office Line: 571-665-6591**
- <https://www.inova.org/locations/inova-cares-clinic-women-alexandria>

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# Pregnancy Care Options in Virginia

## Prenatal Care Clinics

### Arlington County Health Clinic

- Maternity services and pregnancy testing for uninsured women who live in Arlington County; comprehensive prenatal (pregnancy) care and health supervision for pregnant women. Services are provided in partnership with the Virginia Hospital Center's Arlington Maternity Clinic.
- Appointments: 703-228-1200
- Human Services Center at Sequoia Plaza : 2100 Washington Blvd., 2nd Floor, Arlington, VA 22204
- **Maternity Clinic Hours:**
  - Monday, Thursday: 3-5:20 p.m.
  - Tuesday: 9-11:20 a.m., 2:45-5:45 p.m.
  - Wednesday: 8-10:20 a.m., (1st and 3rd of the month 2:30-4 p.m.)
  - Thursday: 3-5:20 p.m.
- <https://www.arlingtonva.us/Government/Programs/Health/Public-Health/Health-Clinics-and-Services/Maternity-Clinic>

### Central Virginia Health Services (CVHS)

- Provides obstetrics and gynecology care, pediatric care and behavioral health care at multiple additional locations across Central Virginia.
- 1965 Jefferson Davis Hwy., Fredericksburg, VA 22401
- 540-735-0560
- **Health Center Hours:**
  - Monday, Thursday, Friday: 8:30 a.m.-5 p.m.
  - Tuesday: 10:30 a.m.-7 p.m.
  - Wednesday: 8:30 a.m.-5 p.m. (\*Closes at 12 p.m. on the first Wednesday of each month)
  - Closed daily for lunch 12-1 p.m.
- <https://cvhsinc.org/patients/services/medical>

### Fairfax County Maternity On-Line Medical Referral Services – MOMS

- Assists pregnant residents of Fairfax County to prenatal care and assigns a Family Assistance Worker.
- Complete Eligibility Form: [https://www.fairfaxcounty.gov/moms/MOMS\\_EligibilityForm\\_Main.aspx](https://www.fairfaxcounty.gov/moms/MOMS_EligibilityForm_Main.aspx)
- <https://www.fairfaxcounty.gov/moms/>

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# Pregnancy Care Options in Virginia

## Prenatal Care Clinics

### Fairfax County Inova Cares Clinic for Women:

- Fairfax County clinics provide comprehensive outpatient obstetrical services and gynecological care as well as non-stress testing, LEEP and colposcopy procedures at little to no cost to the patient. Offers specialty gynecological care, including maternal fetal medicine, Gynecology/Oncology and Urology/Gynecology services.
- Must contact the Fairfax County Health Department to initiate prenatal care. Once qualified, you will be referred to Inova Cares Clinics for Women for care. To reach the Fairfax County Health Department, call 703-246-2411.
- <https://www.inova.org/our-services/inova-cares-clinic-women>

<b>Falls Church</b>	6400 Arlington Blvd., Suite 210, Falls Church, VA 22042 <ul style="list-style-type: none"><li>• Monday–Thursday: 8 a.m.–4:30 p.m.</li><li>• Friday: 9 a.m.–4:30 p.m.</li></ul>	703-531-3000
<b>Herndon</b>	600 Herndon Pkwy., Suite 200, Herndon, VA 20170 <ul style="list-style-type: none"><li>• Monday–Friday: 8 a.m.–4:30 p.m.</li></ul>	703-464-6080
<b>Mount Vernon/ Alexandria South</b>	8350 Richmond Hwy., Alexandria, VA 22309 <ul style="list-style-type: none"><li>• Monday–Friday: 8 a.m.–4:30 p.m.</li></ul>	703-704-9013

### Greater Prince William Health Center

- Provides adult, pediatric and obstetrics/gynecology medical care. Provides assistance applying for insurance and offers transportation assistance.
- 703-680-7950
- <https://www.gpwhealthcenter.org/womens-health/>

<b>Dumfries</b>	17739 Main St., Suite 130, Dumfries, VA 22026 <ul style="list-style-type: none"><li>• 7 a.m.–7 p.m.</li><li>• <b>Lab hours:</b> 7:30 a.m.–6 p.m.</li><li>• Closed daily for lunch 12–1 p.m.</li></ul>	
<b>Manassas</b>	9705 Liberia Ave., Suite 201, Manassas, Virginia 20110 <ul style="list-style-type: none"><li>• 7 a.m.–7 p.m.</li><li>• <b>Lab hours:</b> 7:30 a.m.–6 p.m.</li><li>• Closed daily for lunch 12–1 p.m.</li></ul>	
<b>Woodbridge</b>	4379 Ridgewood Center Dr., Suite 102, Woodbridge, VA 22192 <ul style="list-style-type: none"><li>• 7 a.m.–7 p.m.</li><li>• <b>Lab hours:</b> 7:30 a.m.–6 p.m.</li><li>• Closed daily for lunch 12–1 p.m.</li></ul>	

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# Pregnancy Care Options in Virginia

## Prenatal Care Clinics

### HealthWorks for Northern Virginia

- Provides mental health care, case management, assistance enrolling in insurance, comprehensive primary care, including adult, prenatal and gynecology and pediatric care. Transportation assistance may be available.
- Eligibility: low-income, uninsured residents of Fairfax County and the cities of Fairfax and Falls Church.
- 703-443-2000
- <https://hwnova.org/service/medical-services/>

<b>Leesburg</b>	163 Fort Evans Rd. NE, Leesburg, Virginia 20176 <ul style="list-style-type: none"><li>• Monday, Tuesday, Wednesday, Friday: 8 a.m.-5 p.m.</li><li>• Thursday: 8 a.m.-8 p.m.</li></ul>
<b>Herndon</b>	1141 Elden St., Third Floor, Herndon, VA 20170 <ul style="list-style-type: none"><li>• Monday, Tuesday, Wednesday, Friday: 8 a.m.-5 p.m.</li><li>• Thursday: 8 a.m.-8 p.m.</li></ul>
<b>Reston</b>	11484 Washington Plaza West, Reston, VA 20190 <ul style="list-style-type: none"><li>• Monday, Wednesday, Thursday, Friday: 8 a.m.-5 p.m.</li><li>• Thursday: 8 a.m.-8 p.m.</li></ul>

### Loudoun County Inova Cares Clinic for Women – Landsdowne

- Provides comprehensive obstetric care to county residents who are uninsured, have limited resources, or are insured by Medicaid. The clinic is staffed by a team of board-certified OB-GYN physicians and midwives who are bilingual (English/Spanish) and dedicated to serving our diverse community. Prenatal education classes are also offered. This program is a service of Inova Loudoun Hospital and offered to the community in collaboration with the Loudoun County Health Department and HealthWorks for Northern Virginia. Certain eligibility information is required. Loudoun County Health Department can be reached at 703-777-0236.
- 44055 Riverside Pkwy., Suite #234, Leesburg, VA 20176
- Monday-Friday: 8 a.m.-4:30 p.m.
- 703-858-8100
- <https://www.inova.org/our-services/womens-services/maternity-services/locations/inova-loudoun-childbirth-services/clinic>

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# Pregnancy Care Options in Virginia

## Prenatal Care Clinics

### Neighborhood Health

- Provides mental health care, case management, assistance enrolling in insurance, comprehensive primary care, including adult, prenatal and gynecology and pediatric care.
- 703-535-5568
- <https://neighborhoodhealthva.org/>

<b>Annandale</b> <ul style="list-style-type: none"> <li>• Family Medicine, Women’s Health, Pediatrics</li> </ul>	6715 Little River Turnpike, Suite 201, Annandale, VA 22003 <ul style="list-style-type: none"> <li>• Monday– Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-535-5568
<b>Casey Health Center</b> <ul style="list-style-type: none"> <li>• Family &amp; Internal Medicine, Pediatrics, Women’s Health, Prenatal and Postpartum Care, Behavioral Health</li> </ul>	1200 North Howard St., Alexandria, VA 22304 <ul style="list-style-type: none"> <li>• Monday, Tuesday, Thursday: 7:45 a.m.–7 p.m.</li> <li>• Wednesday: 8 a.m.–7 p.m.</li> <li>• Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-535-5568
<b>East Glebe Road</b> <ul style="list-style-type: none"> <li>• Family &amp; Internal Medicine, Pediatrics, Women’s Health, Behavioral Health</li> </ul>	2 East Glebe Rd., Alexandria, VA 22305 <ul style="list-style-type: none"> <li>• Monday–Thursday: 8 a.m.–7 p.m.</li> <li>• Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-535-5568
<b>Martha Custis Drive</b> <ul style="list-style-type: none"> <li>• Adult Medicine, Women’s Health</li> </ul>	1225 Martha Custis Dr., Suite C1, Alexandria, VA 22302 <ul style="list-style-type: none"> <li>• Monday–Friday: 8 a.m.– 4:30 p.m.</li> </ul>	703-535-5568
<b>Merrifield Center</b> <ul style="list-style-type: none"> <li>• Family Medicine, Women’s Health, Pediatrics</li> </ul>	8221 Willow Oaks Corporate Dr., Suite 450 Fairfax, VA 22031 <ul style="list-style-type: none"> <li>• Monday–Thursday: 8 a.m.–7 p.m.</li> <li>• Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-237-3446
<b>Richmond Highway</b> <ul style="list-style-type: none"> <li>• Family &amp; Internal Medicine, Pediatrics, Women’s Health, Behavioral Health, Dental Care</li> </ul>	6677 Richmond Hwy., Alexandria, VA 22306 <ul style="list-style-type: none"> <li>• Monday, Tuesday, Thursday: 8 a.m.–7 p.m.</li> <li>• Wednesday, Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-535-5568
<b>Sequoia</b> <ul style="list-style-type: none"> <li>• Family Medicine, Women’s Health</li> </ul>	2120 Washington Blvd., Arlington, VA 22204 <ul style="list-style-type: none"> <li>• Monday–Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-535-5568
<b>South County Center</b> <ul style="list-style-type: none"> <li>• Adult Family Medicine, Women’s Health</li> </ul>	8350 Richmond Hwy., Suite 301, Alexandria, VA 22309 <ul style="list-style-type: none"> <li>• Monday: 8 a.m.–7 p.m.</li> <li>• Tuesday–Friday: 8 a.m.–4:30 p.m.</li> </ul>	703-704-5333

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# Pregnancy Care Options in Virginia

## Hotlines

### National Suicide and Crisis Lifeline

- Call 988 or 1-800-273-TALK (8255)

### Crisis Text Line

- Text "HOME" to 741-741

### The Trevor Project

- 1-866-488-7386

### National Domestic Violence Hotline

- 1-800-799-7233

### National Abortion Hotline

- 1-800-772-9100

### National Human Trafficking Hotline

- 1-888-373-7888

### National Maternal Mental Health Hotline

- Call or text 1-833-852-6262

### National Adoption Hotline

- 1-888-251-0075
- Online Chat: <http://nationaladoptionhotline.org/online-chat/>

For more information, please contact the **Department of Family Services-Social Work Services** at 202-476-3070 or visit our resources page by scanning the QR code.

