

CANVAS COVENTRY ARUNDEL HOUSE




# YOUR EVENT GUIDE

SEMESTER ONE • SEPT-DEC 2025


# WELCOME

to your first semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the **MY CANVAS APP** for any extra events we'll be adding to your calendar.


## 13 SEPT - 3PM WELCOME PARTY Reception

 We start the year as we mean to go on with drinks, snacks and a chance to meet the team.


## 19 SEPT - 12PM BREAKFAST FRIDAY Reception

 Join us for some egg and bacon sandwiches and more!


## 25 SEPT - 10AM WORLD COFFEE DAY Reception

 On your way to a lecture or studying hard, grab a free coffee from Reception!


## 30 SEPT - 4PM PIZZA AND PROSECCO NIGHT Reception

 Come grab a slice of pizza and a glass of prosecco to feel energised throughout the day.


## 10 OCT - 8PM TABLE TENNIS COMPETITION Common Room

 Put on your gaming shoes and compete against your fellow residents in a head-to-head competition.


## 20 OCT - 3PM DIWALI Reception

 Celebrate the Festival of Light with colour, culture, and plenty of tasty treats!


## 26 OCT - 2PM PUMPKIN CARVING COMPETITION Common Room

 Grab a pumpkin, get messy, and let your spooky side shine.


## 31 OCT - ALL DAY SPOT THE BLACK CAT CHALLENGE Across Common Areas

 Go on a hunt to find all hidden figures and win halloween treats.


## 03 NOV - 4PM SMOOTHIES AND BOBA TEA Reception

 Enjoy smoothies and boba tea at Reception and make some new friends.


## 05 NOV - 2PM BONFIRE NIGHT Reception

 Think Bonfire Night... but indoors and delicious warm food, good chats, and autumn energy.


## 21 NOV - 8PM POOL COMPETITION Common Room

 Be in it to win it... Be crowned the champion of the pool table at our competition.


## 28 NOV - 4PM ANTI-STRESS/ MENTAL HEALTH WORKSHOP Common Room

 Come listen to ASMR sounds and talk about anti-stress techniques.


## 02 DEC - 2PM CV WORKSHOP Common Room

 Polish your CV to get you the jobs we know that you deserve!


## 12 DEC - 8PM DARTS COMPETITION Common Room

 Put on your gaming shoes and compete against your fellow residents in a head-to-head competition.

## 19 DEC - 2PM HOT CHOCOLATE DAY Reception

 Help yourself to a warm hot chocolate or mocha to keep you warm through the cold winter days.

## 25 DEC - ALL DAY CHRISTMAS DAY Reception

 Mulled wine, cosy snacks, and Christmas movies! Get in the festive spirit with us!

KEY



COMMUNITY  
& CREATIVITY



CAREER &  
DEVELOPMENT



EQUALITY &  
DIVERSITY



MINDFULNESS  
& WELLBEING



# LIFE WORKS