

SEMESTER ONE · SEPT-DEC 2025



to your first semester at Canvas. Join us in celebration, relaxation and exploration over the following months. Download the MY CANVAS APP for any extra events we'll be adding to your calendar.

## 15 SEPT - 12PM **WELCOME BRUNCH**

## Reception Area

Sip on an alcohol-free mimosa, enjoy fruit and sweet treats. A great way to meet & mingle!

# 17 SEPT - 10AM **WEMBLEY INFO DAY**

### Reception Area

Explore all of our Canvas info to help you get to know the building and local Wembley gems.

## 20 SEPT - 5PM ICE BREAKER EVENING

#### Common Area

Play board games, pool and ping pong. Perfect for meeting new friends!

## 25 SEPT - 5PM **COOKING CLASS**

#### **PDR**

Teaching you basic cooking skills for your future stay.

# 10 OCT - ALL DAY **WORLD MENTAL HEALTH DAY**

### Reception Area

Enjoy mindfulness activities & self-care tips to boost your wellbeing.

## 26 OCT - 3PM **NATIONAL PUMPKIN DAY**

#### Study Room

Carve pumpkins & see them on display. Bring your spooktacular creativity to life!

## 31 OCT - ALL DAY **HALLOWEEN**

#### Reception Area

Dive into Halloween with festive décor & grab some sweets & chocolates.

## 01 NOV - 11AM DIWALI

### Study Room

Paint a canvas with your handprint to celebrate Diwali. Join the festive fun!

# 02 NOV - FROM 12PM **NATIONAL STRESS AWARENESS DAY**

## Reception Area



Find stress-busting tips, face masks & a self-care station

## 05 NOV - 7PM **GUY FAWKES NIGHT**

#### 13th Floor Terrace



Enjoy sparklers, photos & festive food & drinks. Celebrate in style!

## 20 NOV - ALL DAY **CV WORKSHOP**

#### Reception

Get job ready! Pop into the Reception with your CV where the team can proof read and provide you with tips to boost your chances on the job market.

# 09 DEC - 3PM **CHRISTMAS CARD DAY**

#### Study Room



Create your own Christmas cards and spread holiday cheer.

## 18 DEC - 3PM **GINGERBREAD MAKING**

### Study Room

Build & decorate gingerbread houses & people. A sweet festive activity!

# 20 DEC - 7PM **CHRISTMAS PARTY**

#### Common Area

Celebrate with drinks, food &holiday cheer. A festive end to the year!











