



Get the facts about your HMO — *and peace of mind for your family.*

Not your ordinary HMO Plan

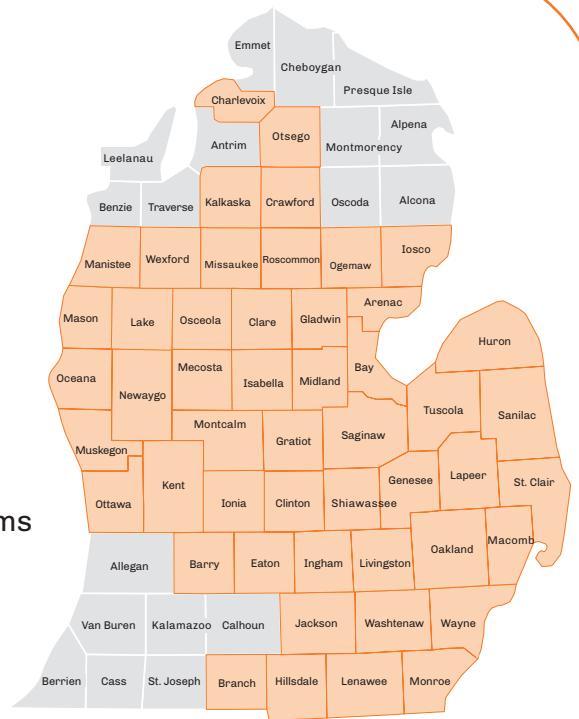
When enrolled in HAP’s HMO plan, you can choose your doctor from thousands of highly qualified primary care physicians (PCPs). Chances are, your current doctor and hospital are already part of an established network of providers. As a HAP member, you’ll choose a PCP. Your PCP may recommend specialty services from a certain specialist or facility, but you can choose to receive the care you need from any HAP-contracted specialist without a referral.

With HAP, you can change your PCP whenever you want to, and everyone on your plan can select the PCP of their choice.

Access to the *top doctors and hospitals* in Michigan

As a HAP HMO member, you can choose from thousands of doctors, in addition to Michigan’s leading hospitals. For 2026, we have expanded our HMO network from 43 counties to 50 counties, now covering more counties in the lower peninsula for *State of Michigan employees!*

- Ascension Hospitals
- Corewell Health
- Covenant HealthCare
- Detroit Medical Center
- Henry Ford Health Hospitals
- McLaren Hospitals
- Michigan Medicine
- MYMichigan Hospitals
- Sparrow Health Systems
- Trinity Hospitals
- Wexford PHO
- ***And more!***



Plus, if you need to see an in-network specialist, there’s absolutely no referral needed. Explore plan benefits at HAP.org/som.

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HAP and its subsidiaries do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

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No referral needed

With this plan, your care is coordinated through your PCP. Your PCP will provide your preventive care, keep your medical history updated and help you choose a specialist if you need one. When you need to see a specialist for an initial consultation, you don't need to get a referral from HAP.

Care management programs *(powered by Populance and Henry Ford Health)*

HAP emphasizes proactive, patient-centered care that leverages data analytics to improve health outcomes, reduce costs and ensure equitable access for high-risk and diverse populations through personalized, coordinated and timely interventions. Members can receive:

- High-quality transitional care to make a smooth transition from hospital to home.
- One-on-one diabetes support to help manage medications, nutrition and blood sugar monitoring.
- Coordinated care management at home for high-risk conditions and to reduce hospital visits.
- Supportive care assistance for chronic conditions and palliative care to maximize your comfort and time at home.
- Post-acute care services for faster recovery at home after a hospital or rehab stay.

Virtual doctor visits

Telehealth services refers to convenient "virtual" visits between patients and doctors through communications technology. Your virtual care benefit gives you access to your doctor's office from the convenience of your home.

Access your plan benefits on your mobile device

The HAP App allows members to:

- View digital ID cards
- Find a doctor, specialist or care provider
- Securely access benefit and plan information
- View claims and explanations of benefits

The HAP App is free and available at the Apple and Google Play app stores.

Take the worry out of your travel plans

HAP and Assist America are there to help when travel emergencies happen. When traveling 100 miles or more away from home or in another country (for no more than 90 days in a row), Assist America will arrange and pay for all covered services it provides.

Find out more at HAP.org/som.

Get an Active&Fit™ fitness membership for \$28/month

HAP also offers the Active&Fit Direct™ program that makes it easy for you to get on the path to a happier, healthier life through regular exercise. Choose from 12,700+ standard fitness centers and Studios, 8,700+ digital workout videos and more, all starting at just \$28 a month. No long-term contract! Find out more at HAP.org/som.