

NEWS RELEASE

Institute of Corporate Directors announces the *Be It Resolved* Podcast

***Be It Resolved* explores bold ideas and courageous leadership that are reshaping corporate governance in Canada and beyond.**

TORONTO – April 16, 2025 – The Institute of Corporate Directors (ICD) announces its latest initiative: *Be It Resolved*, a new podcast hosted by ICD President and CEO Rahul Bhardwaj. *Be It Resolved* explores the bold ideas and courageous leadership reshaping corporate governance in Canada and beyond. As boards navigate an increasingly complex environment marked by emerging risks, shifting shareholder expectations, and rapid geopolitical and economic changes, strong corporate governance is more essential than ever. Each episode will feature thought-provoking conversations with leading experts offering strategic guidance for today's directors.

The debut episode features Nik Nanos, founder and Chief Data Scientist at Nanos Research, in a timely conversation titled *Be It Resolved: Canadian Boards Are Too Risk-Averse to Drive Economic Growth*. Together, Rahul and Nik explore whether Canadian boards are too cautious to foster real growth, and how directors can rethink their approach to risk, engage in meaningful policy discussions, and lead innovation for long-term competitiveness.

"In a time of accelerating change, governance leadership is crucial," says Rahul Bhardwaj. "*Be It Resolved* is a platform for directors to hear conversations with leading experts, consider varying perspectives, and vote on resolutions that impact Canadian directors in the face of uncertainty."

The podcast will be available on all major streaming platforms starting April 15, 2025: [Amazon Music](#), [Apple Podcasts](#), [Deezer](#), [iHeartRadio](#), [Spotify](#), and [YouTube Music](#). To learn more and stay updated on upcoming episodes, visit the [podcast landing page here](#).

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About the Institute of Corporate Directors (ICD)

Established in 1981, the Institute of Corporate Directors (ICD) is a not-for-profit, member-based organization representing Canadian directors and boards across the for-profit and not-for-profit sectors, credit unions and Crown Corporations.

As Canada's largest director community, the ICD creates forums for dialogue, hosts networking opportunities and provides access to world-class resources for nearly 18,000 members across a network of 11 Chapters. Members who successfully complete the ICD-Rotman Director Education Program (DEP) and ICD-led examination process earn the highly recognized ICD.D designation.

ICD members provide board oversight across all sectors of the economy and institutions that impact the lives of virtually every Canadian. Learn more at icd.ca.

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