

**INGREDIENTS:**

- 4 cups of mixed greens
- 1 Gala apple, cut into cubes
- 1 mandarin orange, peeled
- 1 cucumber, cut into cubes
- ½ red onion, sliced
- Unsalted nuts, chopped

**DRESSING INGREDIENTS:**

- ⅓ cup of olive oil, extra virgin
- ¼ cup of apple cider vinegar
- 1 tsp of dijon mustard
- 1 tbsp of honey
- 1 garlic clove, minced

# Apple and mandarin salad

**Directions**

1. Whisk the olive oil, apple cider vinegar, dijon mustard, honey, and garlic together for the dressing.
2. Mix together the greens, apple, mandarin orange, cucumber, red onion and unsalted nuts in a large mixing bowl.
3. Drizzle the dressing over the salad.