

INGREDIENTS:

- 1 box (3 oz) of sugar-free strawberry JELL-O mix
- 1 box (3 oz) of sugar-free grape JELL-O mix
- 1 box (3 oz) of sugar-free pineapple JELL-O mix
- 3 oz of your favorite flavored yogurt
- 1 box (8 oz) of unflavored gelatin mix
- ½ cup of boiling water



Gelatina (JELL-O®)

Directions

1. Prepare the 3 boxes of JELL-O mix according to the instructions on the packaging. Pour each type of JELL-O into a separate square or rectangular container. Cover and refrigerate overnight.
2. Once the JELL-O is ready, remove from the molds and cut into cubes. Place all of the cubes into a large mixing bowl—or place cubes of each flavor into separate bowls, if you prefer. Keep cubes refrigerated until you need them again.
3. Pour the gelatin mix into a small bowl and add ½ a cup of boiling water. Mix well.
4. Add the yogurt to the gelatin and mix again. Set aside.
5. Fill 12 8-oz cups about halfway with JELL-O cubes.
6. Pour the gelatin and yogurt mixture over the cubes in each cup. Keep pouring until the cups are about three-quarters of the way full.
7. Cover the cups and refrigerate for 3-4 hours (or even better, overnight!). Serve and enjoy.