

INGREDIENTS:

- 3 onions, chopped
- 2 red peppers, chopped
- 3 Anaheim peppers, chopped
- ¼ lb of sweet pepper, or ají dulce (if available)
- 3 garlic heads, peeled
- 1 bunch of cilantro
- 1 bunch of culantro (if available)



Sofrito

Directions

1. Add all ingredients to a food processor or blender. Blend together until a paste forms.
2. Add this salt-free paste to soups, stews, beans, rice, or any dish that needs a little extra flavor. After using your sofrito, store it in the fridge or freeze it to enjoy later.