



Total Rewards Benefits

Providing the best care to our patients starts with supporting our teammates' health and well-being. From health care to physical and mental wellness and financial security for their family's future, our total rewards benefits package has been thoughtfully designed to care for our teammates and their loved ones.

For us, "total rewards" is simple – it means we're committed to providing competitive pay and benefits and a work experience that keeps you feeling connected as we work toward fulfilling our mission together.

The following benefits are available to all employees depending on employment status. When you join our team, our NMHS Benefits Team can help guide you on which benefits may work best for you and your loved ones.

HEALTH

- Two Health Plan Options
- Dental Insurance
- Vision Insurance
- Pharmacy Insurance
- Flexible Spending Account (FSA)
- Long-Term Disability Insurance
- Group Life and Accidental Death and Dismemberment Insurance
- Various voluntary benefits including Universal Life, Group Hospital Indemnity, Critical Illness, Short-Term Disability, Supplemental Life and Group Accident Insurance
- CARE Programs

FINANCES

- 403(b) and Roth IRA Retirement Savings Plans with employer match opportunities
 - Onsite Retirement Consultant available for support
 - Immediate enrollment upon hire
 - Always 100% vested in your contributions
- Early access to earned wages
- Student Loan and Tuition Assistance Program
- Employee Discount Program
- Personalized financial wellness tools
- NMHS Employees' Federal Credit Union

TIME AWAY

- Sick time, Paid Time Off (PTO) and Vacation time as well as additional time off with pay including various leaves of absence, bereavement and jury duty

WELLBEING

- CSF Rewards Program
- [myConnection](#) in Epic Patient Portal
- [Employee Assistance Program \(EAP\)](#)
- NMHS Health Plan Wellness Program
- [Nurse Link®](#)
- [NMMC Wellness Centers](#) (Tupelo, Baldwyn, West Point, Iuka, Pontotoc)
- NMMC Child Care Center (Tupelo)
- Identity Theft Protection Insurance
- Legal Insurance
- Pet Insurance

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