NORTH MISSISSIPPI
HEALTH SERVICES



2026 ANNUAL REPORT



Dr. Dakota King
Cardiothoracic Surgeon



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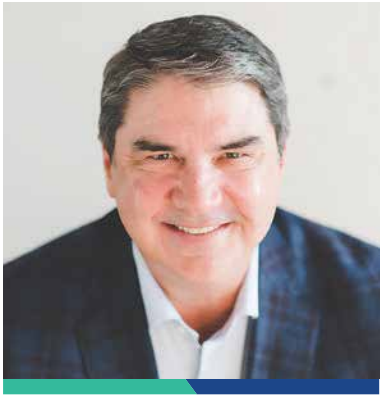
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Crossover Medical Plaza in Tupelo hosted a ribbon cutting and open house Sept. 1.

MOVING HEALTH FORWARD, TOGETHER



North Mississippi Health Services exists to continuously improve the health of the people of our region. That mission is the foundation of our care delivery and the reason we continue to invest in the people, facilities, services and resources our communities need.

I am grateful to our teammates, providers, leaders, board members and community partners for the work you carried forward this year. Across our hospitals, clinics and support areas, you helped improve care and support patients and families closer to home.

For nearly 90 years, NMHS has served north Mississippi and northwest Alabama through periods of significant change. Families have trusted us in moments of need, and we have earned that trust by staying close to the communities we serve. That history is a source of pride, but it also carries a responsibility: to continue evolving with the needs of our region and to help shape the future of rural health care.

Access remains central to that responsibility. In a rural region, access means more than adding locations or introducing new technology. It means reducing the time and distance between a patient and the care they need. It means helping families receive answers sooner and preserving essential services in the communities that depend on them.

Throughout this report, you will see how we are expanding access, strengthening quality and investing in the people, facilities, services and technology that support our mission. These accomplishments reflect disciplined planning, strong partnerships and the dedication of team members who remain focused on improving the experience and outcomes of those we serve.

Our responsibility is not simply to respond to today's needs, but to ensure that NMHS remains strong and sustainable for the generations that follow. That requires thoughtful investment, new approaches and continued accountability for delivering the best possible care to every patient and family.

I am confident in the future of NMHS because I am confident in our people and in the communities we call home. Together, we will continue to lead with purpose, extend compassion and improve the health of the people and communities we are privileged to serve.

Thank you for your trust, partnership and commitment to our system.

With gratitude,

Shane Spees
President | CEO

Who We Are

MISSION

To continuously improve the health of the people of our region

VISION

To become the provider of the best patient- and family-centered care and health services in America

VALUES

Compassion
Accountability
Respect
Excellence
Smile

STRATEGY

A. G.R.E.A.T. Strategy leads the way for our success

A. G.R.E.A.T. STRATEGY

A. G.R.E.A.T. STRATEGY is our call to lead differently in a changing health care world. It unites NMHS across the region.

The strategy guides our work to expand access and find better ways to care for people close to home – today and for years to come.

ACCESS

Expanding services and specialty care in more locations helps patients reach the right care at the right place and time.

GROWTH

Expanding into new markets and aligning with local physicians helps create a stronger, more connected system of care closer to where patients live.

REIMBURSEMENTS

Delivering high-quality, lower-cost care supports payment arrangements that benefit patients and keep resources invested in the region.

EVOLVING THE WORK

Empowering frontline teammates to simplify processes and reduce duplication improves the experience for both employees and patients.

ALTERNATIVE REVENUE SOURCES

New business opportunities and partnerships help NMHS strengthen its mission and invest in innovations that move health forward.

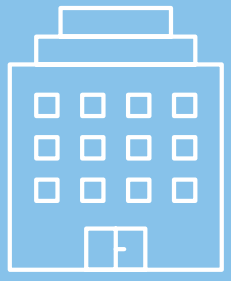
TOOLS FOR REDESIGN

Epic, virtual care and other technologies give NMHS new ways to make care more connected, effective and responsive to our region's needs.

2026 At a Glance



7,950
Employees



271,564
Unique Patients Served

1,319
Providers

Capital Investment
$78.648 million



MyChart Users
237,171



143
Locations



Dr. Nuray Metin treats infants, children and teens at Urgent Care Kids in the new Crossover Medical Plaza in Tupelo.

NEW PHYSICIANS

Practicing in Tupelo unless otherwise noted

CARDIOLOGY
Thor Goodfellow, MD
Christian Young, MD

CARDIAC ELECTROPHYSIOLOGY
Alejandro Sanchez, MD

FAMILY PRACTICE/ OBSTETRICS
Louise Stewart, MD (West Point)

FAMILY MEDICINE
Riley Alef, MD (New Albany)
Shaun Helmhout, MD (Oxford)
Anna McCoy, MD

GENERAL SURGERY
George Wilson, DO

INFECTIOUS DISEASE
Siddarth Guru, MD
Kristy Nowak, MD

INTERNAL MEDICINE
James Moss, MD (Winfield)
Gary Thomas, MD (Winfield)

INTERNAL MEDICINE-HOSPITALIST
Kelsey Blundell, DO
Sumbul Ejaz, MD
Zara Hassan, MD
James Long, MD

INTERNAL MEDICINE-NOCTURNIST
Huseain Awwad, MD
Ryan Cone, DO
Mark Mayoral, MD
Terrell Potter, DO

INTERNAL MEDICINE-PEDIATRICS
Griffin Metcalf, MD

MATERNAL FETAL MEDICINE
Kimberly Sullivan, MD (Amory & Tupelo)

NEUROLOGY
Uzair Hamid, MD
Swathi Ramaswamy, MD
Rashmi Singh, MD

OB/GYN
Blair Buschmann, MD
Ellie Carter, MD

OPHTHALMOLOGY
Troy Newman, MD

PEDIATRIC URGENT CARE
Nuray Metin, MD

PEDIATRICS
Nicole Carden, MD

PODIATRY
Chad Farley, DPM (Amory & Tupelo)

RHEUMATOLOGY
Christopher Tidwell, MD

URGENT CARE
John Maples, MD (West Point)

EXPANDING CARE CLOSER TO HOME

NEW CLINICS

In 2026, NMHS expanded access to care by establishing new clinics throughout our region:

(1) Bariatric Clinic-Corinth

Breast and General Surgery Clinic-Corinth

(2) Breast and General Surgery Clinic-Oxford

South Oxford Medical Clinic

(3) Iuka Primary Care Clinic

(4) North Mississippi Eye Care (Tupelo)

Urgent Care Kids (Tupelo)

(5) North Mississippi Regional Pain Consultants-Hamilton

(6) North Mississippi Wound Center-Eupora

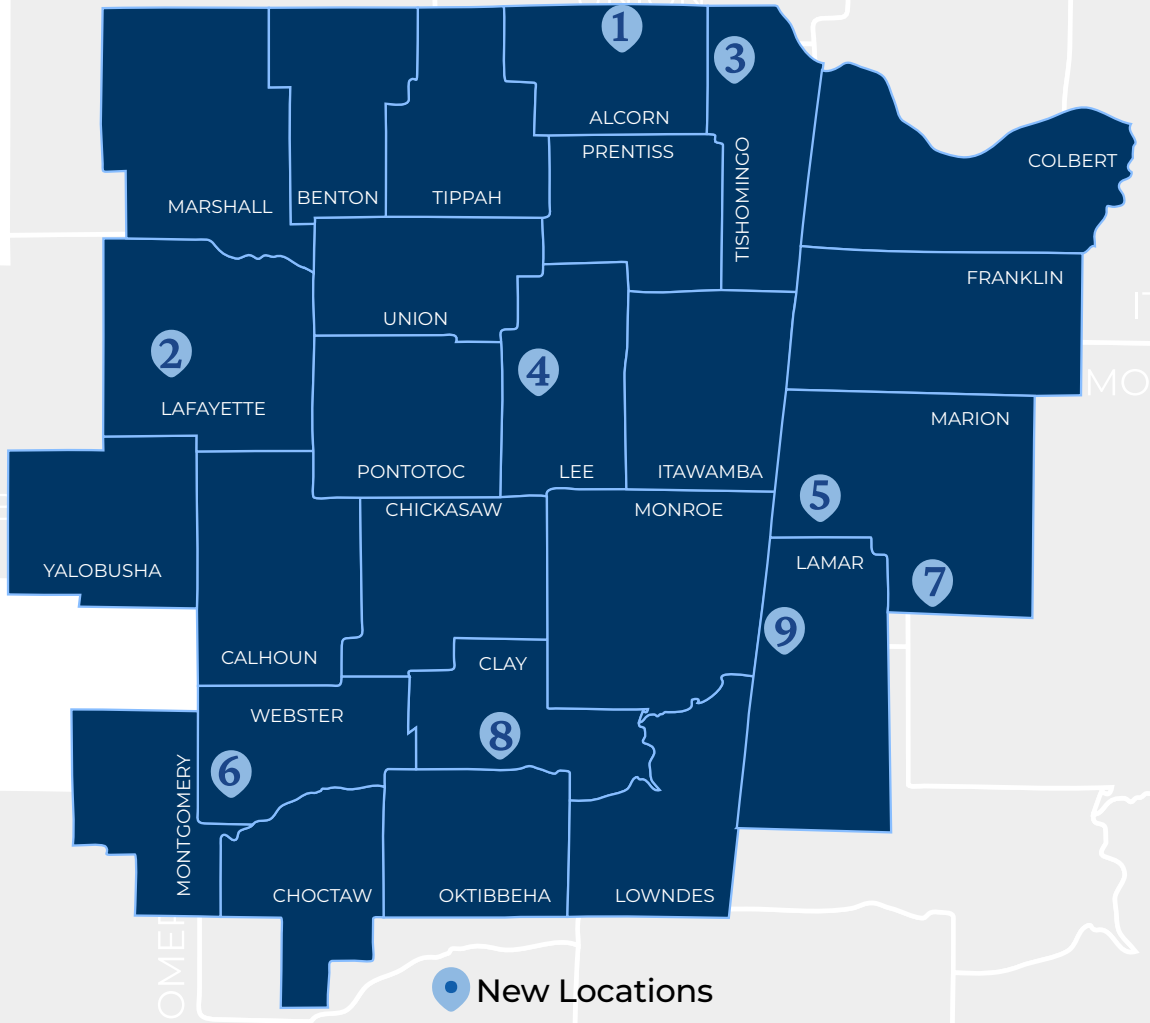
(7) North Mississippi Wound Center-South Marion

South Marion Primary Care-Winfield

Winfield Internal Medicine-South Marion

(8) North Mississippi Wound Center-West Point

(9) South Marion Primary Care-Sulligent





Dr. Danny Sanders sees patients at the new Breast and General Surgery Clinic in Oxford, in addition to Tupelo.



BRINGING MORE CARE WITHIN REACH

CANCER CARE

- **The Lung Nodule Program** brings together Pulmonary Consultants and Cancer Care to identify and monitor lung nodules, which can be an early sign of lung cancer. A nurse navigator coordinates imaging reviews, follow-up care and lung cancer screening. The program also uses artificial intelligence to help identify incidental findings in radiology reports. Since the technology was introduced, follow-up care has more than doubled, helping doctors diagnose more lung cancers at earlier stages, when treatment is most effective.
- **Cancer Care** services expanded in Corinth and Oxford with the opening of Breast and General Surgery Clinics in both communities.

CLINICS

- **Endocrinology services** are now available at IMA-Tupelo for individuals with diabetes and other hormone-related conditions.
- **Belmont Medical Clinic** completed extensive renovations, adding exam rooms to improve access and accommodate more patients.
- **Mental health services** were added at Burnsville Family Medical Clinic and Belmont Family Medical Clinic.

HEART & VASCULAR

- **Heart screenings** – which include CT calcium score, EKG and lipid profile to help identify risk for heart disease – expanded to six locations: Amory, Iuka, Pontotoc, Tupelo and West Point, Mississippi, and Hamilton, Alabama.
- Cardiology Associates of North Mississippi opened a **new clinic in Winfield, Alabama**, to serve people with heart disease.

NEUROSCIENCE

- Neuroscience Institute **Walk-in Clinics** help area residents find relief from pain caused by various underlying conditions. We now offer locations in Tupelo, Starkville and Corinth, Mississippi, and Hamilton, Alabama.
- The Neuroscience Institute established a **Stroke Follow-up Clinic** to connect patients with needed care, resources and support after they leave the hospital.
- The **Neuromuscular Specialty Clinic** connects patients with certain neuromuscular conditions to specialized care from a physician who is board-certified in both neurology and neuromuscular medicine.
- The **Rapid Access Addiction Care Clinic** helps people with substance abuse issues get help quickly.

WOMEN & CHILDREN'S SERVICES

- **Our Maternal Fetal Medicine** program added a second physician for high-risk pregnancy care in Tupelo and Amory, allowing for full-time coverage in both locations.
- A new **Neonatal Transport Unit** transfers critically ill or premature babies to or from the Neonatal Intensive Care Unit at North Mississippi Medical Center Women's Hospital while providing continuous care and monitoring.
- North Mississippi Urogynecology launched **pelvic floor therapy** to help women manage concerns such as bladder leakage, pelvic pain and pelvic organ prolapse.
- NMMC Women's Hospital in Tupelo opened an **Antepartum Unit** for high-risk obstetric patients who need extended hospital stays or specialized monitoring before or after delivery. This unit helps keep delivery rooms available for those ready to give birth.

OTHER SERVICES

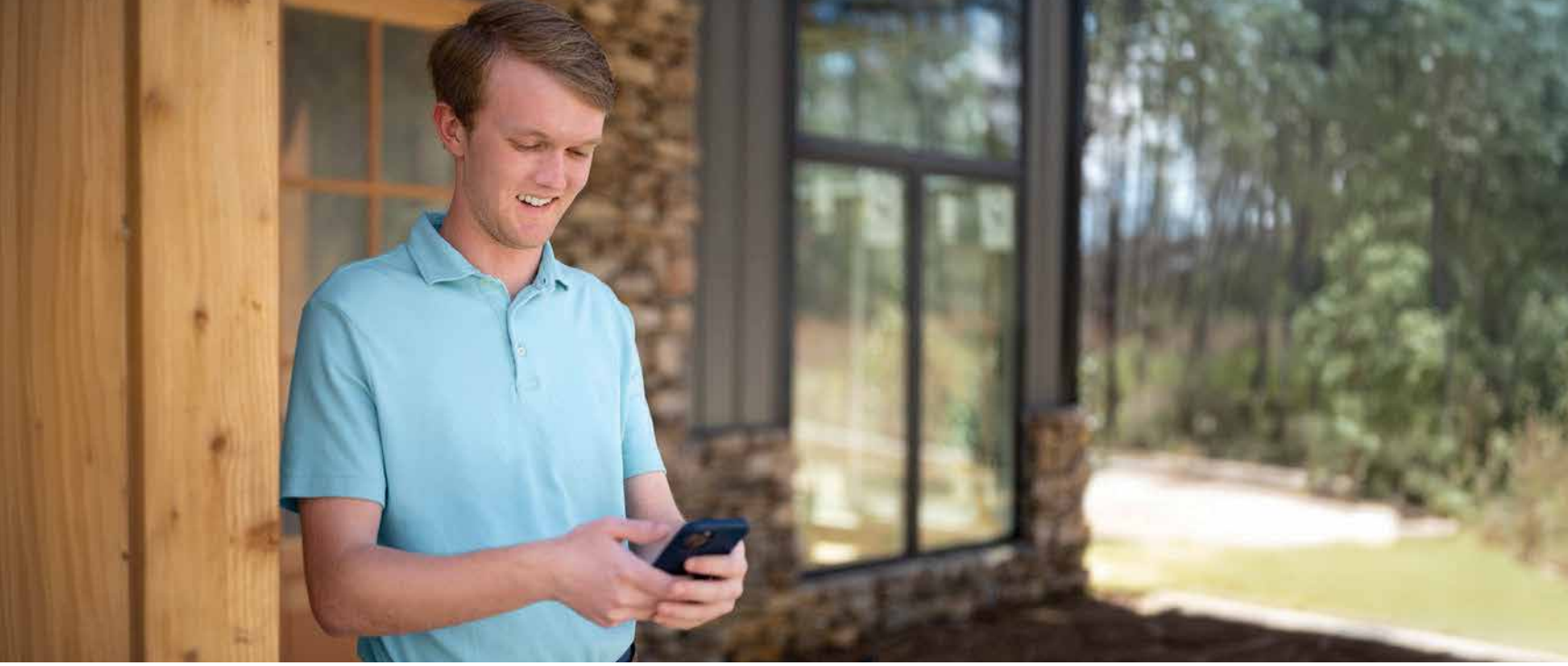
- The **Foot Specialty Clinic** opened in NMMC's East Tower and offers nail and callus care, specialized diabetic foot care, as well as podiatry services.
- **Urgent Care Kids** is the region's first pediatric urgent care to be open seven days a week. Urgent Care Kids is located in the new Crossover Medical Plaza in Tupelo.
- Ophthalmology services were significantly enhanced with the opening of **North Mississippi Eye Care** and the expansion of **North Mississippi Retina Center**, both located in Crossover Medical Plaza in Tupelo.
- **North Mississippi Wellness Center-Tupelo** completed facility-wide renovations and added new cardiovascular and strength equipment, along with a Recovery Zone.
- North Mississippi Wound Center added **in-home provider wound services** in Chickasaw, Lee and Pontotoc counties.

RURAL HEALTH TRANSFORMATION GRANTS

- **NMMC-Tupelo** received a $2.5 million grant to purchase an additional advanced robotic surgery system. The technology will expand access to minimally invasive procedures, allowing more patients to receive specialized care closer to home.
- **NMMC-Eupora** received a $500,000 grant to create a four-bed Emergency Department Observation Unit. The unit will include cardiac monitoring capabilities and a specially designed room to provide a safer environment for behavioral health patients.

SMARTER SUPPORT SYSTEMS

- Implementing **Workday** across NMHS has consolidated and simplified many tasks related to finance, human resources and supply chain, which means more time can be spent on patient care than paperwork.



CONNECTING YOU TO THE CARE YOU NEED

This year, we expanded digital tools that make care easier to access, navigate and personalize.

MAKING CARE EASIER TO ACCESS AND MANAGE

- **MyChart access:** Patients can now sign up without an activation code, follow hospital or ER updates in real time while admitted and share approved proxy access with family members or caregivers.
- **Scheduling support:** More appointments are available for self-scheduling on nmhs.net, while Fast Pass can offer earlier appointments when cancellations occur.
- **More connected care:** The Epic implementation at our South Marion County hospital and clinics in Alabama created a more seamless experience across the system.
- **Choosing the right place for care:** On My Way shows urgent care wait times and lets you save your place in line – without signing in.
- **E-Visits:** Get care for common illnesses and minor health concerns online, anytime, from the comfort of home or office with convenient E-Visits.
- **Symptom Checker:** Not sure where to go for care? Our symptom checker can help patients get the right care at the right place.

INNOVATION THAT CHANGES LIVES

Here, innovation is more than advanced technology; it's a way to bring safer procedures, new treatment options and better outcomes closer to home. This year our team:

HEART & VASCULAR

- Became the first in Mississippi to repair a leaky tricuspid valve using Abbott's **TriClip™ G5 Transcatheter Edge-to-Edge Repair (TEER)** system. The minimally invasive device treats tricuspid regurgitation in patients who aren't candidates for open-heart surgery
- Performed our first **thoracoabdominal aneurysm repair**, bringing closer to home advanced minimally invasive treatment for a dangerous bulge in the body's main artery
- Treated the first patient in Medtronic's **SPYRAL GEMINI Pilot** program, which offers hope for people whose blood pressure remains difficult to control despite lifestyle changes and medication
- Performed our first **minimally invasive coronary artery bypass** procedure (MIDCAB) that improves blood flow to the heart using smaller incisions
- Implanted Mississippi's first **open-cell aortic stent** to repair a life-threatening tear in the aorta

NEUROSCIENCE

- Implanted Mississippi's first Vivistim® **paired vagus nerve stimulation device** for stroke survivors with ongoing arm and hand impairment. Used along with rehabilitation therapy, the device helps regain function and independence

RADIOLOGY

- Installed a **hybrid interventional radiology suite** that allows physicians to use fluoroscopy and CT imaging without moving the patient. The suite, which houses the Alphenix 4D CT system, supports highly precise procedures including certain targeted cancer treatments

SURGERY

- Implemented **Enhanced Recovery After Surgery** protocols to help patients prepare for surgery and recover faster and as safely as possible

NEW TECHNOLOGY HELPED RENEE RECLAIM HER LIFE

Renee Hudson arrived at North Mississippi Medical Center in Tupelo in a wheelchair. Hours later, she walked out with renewed hope.

For years, debilitating back pain had slowly taken away the life the 41-year-old Fulton mother loved.

Instead of traditional back surgery, neuro-surgeon Dr. Jason Stacy recommended Inceptiv™, a new spinal cord stimulator that uses closed-loop, neural-sensing technology to help relieve chronic pain by automatically adjusting as a person moves or changes position.

Today, Renee can stand longer, walk around an entire grocery store and spend time being active with her 11-year-old daughter, Brooklyn, again. For Renee, technology has restored mobility, independence and precious everyday moments.







STRENGTHENING THE PATIENT & FAMILY EXPERIENCE

NRC HEALTH

Through a new partnership with NRC Health, we have improved our ability to listen to our patients during and after a clinic visit, ER visit or hospital stay. These insights help us better understand patient needs, identify opportunities for improvement and respond more quickly to concerns.

PATIENT AND FAMILY ADVISORY COUNCILS

NMHS also reinstated Patient and Family Advisory Councils, bringing together employees and community members to improve experiences across the health system. Each hospital's council addresses local concerns, while members also serve on a systemwide council focused on broader initiatives. Their feedback helps make care more patient- and family-centered.

COMMUNITY FEEDBACK

This year, more than 10,000 patients have volunteered to serve as part of our patient panel, sharing valuable feedback that guides decisions to expand and improve our services.

EXECUTIVE LEADER ROUNDING

Executive Leader Rounding gives NMHS leaders the opportunity to hear directly from patients, families, caregivers and frontline staff. These conversations provide real-time insight into the care experience, highlight opportunities for improvement and recognize team members who are making a meaningful difference.

SEE ME. **HEAR ME.** **BE ME.**

SERVICE EXCELLENCE TRAINING

NMHS introduced "Our True North Promise" Service Excellence Training for team members across the organization. Centered on the promise to "See Me, Hear Me, Be Me," this training reinforces empathy, communication, respect and meaningful human connection in every interaction.

SETTING A HIGHER STANDARD FOR CARE

- NMHS hospitals received **Blue Cross & Blue Shield of Mississippi Quality Awards**:
  - NMMC-Tupelo was named **Overall Top Performer** in the Large Hospital Category.
  - NMMC-Tupelo was recognized as the **Sepsis Management Top Performer** in our category.
  - NMMC-Pontotoc earned recognition as the **Cardiac Care Top Performer** in our category.
- NMMC Women's Hospital in Tupelo was re-designated as a **Baby-Friendly** facility, the gold standard in infant care. NMHS hospitals in West Point and Amory also hold Baby-Friendly designation.
- NMMC Gilmore-Amory was the only Mississippi hospital named among the **75 best hospitals for maternity care** by Money magazine.
- DNV awarded NMHS full certification to the **ISO 9001 Quality Management System**. ISO 9001 brings science to the art of caregiving. It helps standardize processes around things that are proven to work by the people doing the work.
- Starkville Pain Solutions became the first **DNV-accredited Ambulatory Surgery Center** in the nation.
- DNV recognized NMMC-Tupelo as a **Primary Stroke Center Plus** and awarded **Advanced Spine Surgery Certification** and **Heart Failure Advanced Certification**.
- Our **Graduate Nurse Residency Program** was reaccredited by the Practice Transition Accreditation Program of the American Nurses Credentialing Center.
- NMHS hospitals received nine American Heart Association **Get With The Guidelines® achievement awards** for following up-to-date, research-based guidelines, helping save lives, support recovery and reduce hospital readmissions.
  - Rural Stroke Gold – Tupelo and Iuka
  - Stroke Gold Plus Target Stroke Honor Roll Elite, Target: Type 2 Diabetes Honor Roll – Tupelo
  - Rural Stroke Silver – Pontotoc, Eupora, West Point and Amory
  - Rural Stroke Bronze – Hamilton and Winfield, Alabama
  - Rural Heart Failure Gold – Tupelo
  - Target CPR – Tupelo
  - Resuscitation Silver – Tupelo





- North Mississippi Wound Center-Tupelo earned the **President's Circle Award**, Healogics®' highest honor awarded to only 35 centers nationwide this year.
- Healogics named North Mississippi Wound Centers in Amory and Tupelo as **Centers of Distinction** for achieving outstanding clinical outcomes for 12 consecutive months, including patient satisfaction above 92%. The wound centers in Winfield, Alabama, and Tupelo were named Healogics **Centers of Excellence**.
- The Neonatal Intensive Care Unit at NMMC Women's Hospital in Tupelo ranked No. 7 out of 249 hospitals worldwide during the international **Babies with Books NICU Read-A- Thon**. NICU staff and families logged 1,995 reading sessions that week.
- The American College of Cardiology recognized NMMC-Tupelo with a **Chest Pain-MI Registry® Platinum Performance Achievement Award** for demonstrating sustained, top-level performance in quality of care and adherence to guideline recommendations.
- NMMC achieved the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program's **Comprehensive Center Accreditation**, demonstrating that our weight loss surgery program meets rigorous standards.

THE HOOPER FAMILY: A LEGACY OF CARE

At NMHS, care is personal. Many teammates serve the communities that raised them, caring for patients who are also neighbors, friends and familiar faces from church, school or the grocery store.



The Hooper family reflects that commitment. Cherronda "Marie" Hooper began her health care career in 1991 at Baldwyn Nursing Facility before becoming a registered respiratory therapist. Her daughters, Ashley and Amber, saw the difference a compassionate caregiver could make and eventually followed in her footsteps.

Ashley joined NMHS as a certified nursing assistant in 2014 and later became a registered respiratory therapist. Amber joined in 2016 as a newly graduated respiratory therapist. Together, they are known for the cheerful spirits and hope they bring into each room.

"Sometimes God places us in certain situations so that we can be blessings to others," Amber says. "I feel my calling in life is to help in any way that I can, and my career allows me to do that."

For Ashley, respiratory therapy was familiar long before it became her career. Diagnosed with asthma as a child, she understood the fear and frustration of struggling to breathe. Serving on the frontlines of COVID later strengthened her skills and deepened her purpose. "I love my career, and everyone feels like family," she says.

That sense of calling is reflected in how the Hoopers comfort patients. "I had a patient tell me she loves seeing us because we are always so cheerful," Marie says. "She feels discouraged until we show up and talk her into seeing the positive."

Their story shows what NMHS culture looks like in action: teammates finding purpose, growing meaningful careers and treating patients with the kindness, encouragement and accountability they would offer family.

For almost 90 years, NMHS has been woven into the lives of north Mississippi and northwest Alabama. The Hoopers and thousands of teammates like them carry that legacy forward, helping create a healthier future for the people they know, love and serve. In their hands, culture becomes not only who we are, but how we move forward in health together.

LEADERSHIP ROOTED IN RURAL HEALTH CARE



NMHS named **Shawn Morrow** as chief operating officer, overseeing operations across eight hospitals and related clinics, service lines and joint ventures.

He brings more than 25 years of health care leadership experience, most recently as president of UnityPoint Health Quad Cities, a regional system serving Iowa and Illinois.



NMHS named **Gordon E. Rountree, Jr.**, an experienced health care attorney and executive, as chief legal officer. Rountree brings extensive leadership in legal affairs, compliance, risk management and strategic planning.

He most recently served as chief legal and strategic affairs officer for Singing River Health System.



NMHS named **T.J. Adams** as president of NMMC-Tupelo, an expansion of his previous role as the hospital's administrator.

Adams oversees Tupelo-based services and programs, hospital-based clinics and services, medical staff relations, board accountability and overall performance for NMMC-Tupelo.

CONNECTED BY PURPOSE

At NMHS, employee engagement is essential to sustaining high-quality care and building a strong culture for the future. It shows up in teammates who take ownership of their work, share ideas, look for ways to improve and stay connected to the purpose behind each patient interaction.

NMHS supports engagement by listening to employees and using their feedback to improve the workplace experience. Employee surveys, open forums and leader communication help identify what teammates need to feel prepared and connected to our mission. These conversations help leaders better understand barriers, recognize what is working well and take meaningful action.

Throughout the year, engagement survey feedback helped guide initiatives focused on communication, well-being, growth, leadership development and connection to purpose. These efforts support frontline teammates, strengthen teams and help employees do their best work. By investing in employee engagement, NMHS also strengthens the experience of the patients and families we are privileged to serve.

Engagement is also key to retention. When employees understand how their work contributes to the NMHS mission and the health of our communities, they are more likely to build their careers here. Listening to the people closest to the work helps us improve how the work gets done and, ultimately, how patients and families experience our care.



Terry Edwards of Pathology has built a career spanning 50 years at NMHS.

2026 Survey Results

Employee Engagement Survey

How happy are you working at NMHS?

80/100

+1 point from 2025

This places NMHS in the top 15% of health care teams in the country!

68%

Overall Participation Rate
-5 points from 2025

5,130

Comments left by teammates

Our team feels:

- Optimistic
- Comfortable
- Purposeful
- Respected
- Connected

5,430

Teammates provided feedback

23 *out of* **26** Questions saw an improvement compared to last year's results, while 3 questions saw no change from 2025.

Our top strengths are

Purpose
Authenticity
Manager
Trust

Teammates indicated these were our top strengths in 2025 as well.

Trending:

Accountability
Safety

Our opportunities for improvement are

Action Taking
Communication Flow
Role Models



Internal Medicine Residents

GROWING OUR OWN

NMMC's graduate medical education program is built around one goal: preparing our future physicians. This program is strengthening the physician workforce and expanding access to high-quality care across the region.

FAMILY MEDICINE RESIDENCY PROGRAM

Seven residents graduated in June from our Family Medicine Residency Program. Four of these physicians chose to stay and practice in Mississippi. Eight new residents started the three-year program this year, bringing the total to 24 family medicine residents in training.

INTERNAL MEDICINE RESIDENCY PROGRAM

Our Internal Medicine Residency Program celebrated 12 graduates this year. Three of these graduates became hospitalist physicians with NMMC, while three are continuing their education through our Cardiovascular Disease Fellowship. Twenty-four new residents started the three-year residency program in 2026, bringing the total to 71 internal medicine residents in training.

CARDIOVASCULAR DISEASE FELLOWSHIP

Four fellows completed the first year of the three-year Cardiovascular Disease Fellowship, which launched in 2025. Four new fellows – all graduates of NMMC internal medicine residency training – joined the fellowship in 2026. The fellowship is approved to train a total of 12 physicians.

By investing in education and hands-on training, NMHS is preparing many of the skilled health professionals our region will need in the years ahead.

PHARMACY RESIDENCY PROGRAM

Four pharmacists completed NMMC's year-long Pharmacy Residency Program in 2026. Two pharmacists joined our hospital staff upon graduation. Accredited since 1994, our program now boasts 86 graduates.

NURSE EXTERN PROGRAM

Annual support of $100,000 from the Brevard Healthcare Endowment to the Health Care Foundation of North Mississippi provides full tuition assistance to every nurse extern, saving each student about $1,500.

This year, 100 nursing students gained hands-on clinical experience at NMHS facilities in Tupelo and West Point. The Foundation's investment removes financial barriers, prepares future nurses and strengthens the region's health care workforce.

MEDICAL LABORATORY SCIENCE PROGRAM

Nine students completed our Medical Laboratory Science Program in 2026. Six of them now work for NMHS. Five new students began the year-long program this fall.



Pharmacy Residents



Adaptive Water Ski Clinics create moments of confidence, courage and joy for people with physical limitations.



CARING BEYOND OUR WALLS

Health is shaped by more than medical care alone. Through partnerships, education and outreach, NMHS helps people improve their well-being. This year, our team:

SUPPORTED INDIVIDUALS & FAMILIES IN NEED

- According to our most recent filing with the IRS, NMHS invested more than **$284 million** in community benefit, including patient financial assistance, charity care and subsidized health services – up 15% over FY 2025.
- Distributed 196 hams through the **Great Ham Giveaway**
- Provided 142 food boxes and Christmas gifts for 94 children through **Operation C.A.R.I.N.G.** and **Christmas Angels**
- Helped approximately 99 employees facing hardship through **assistance programs and emergency relief**, including support after severe winter weather
- Provided **24 bereavement boxes** to families grieving a loved one

EXPANDED ACCESS TO RESOURCES

- Helped underserved patients access **preventive mammograms**
- Distributed **car seats** to protect newborns and young children
- Donated **AEDs** to the Iuka fire and police departments in memory of former NMHS teammate Jeff Bonds
- Created an **employee garden** to model healthy eating
- Produced monthly health awareness packets for **pastors and chaplains** to distribute
- Developed patient booklets, videos and bilingual "Know Your Numbers" materials on **high blood pressure and diabetes**
- Shared easy-to-understand social media content, e-books and online resources on **key health topics and social factors** that affect health.
- Supported local organizations addressing **community health needs**

IMPROVED HEALTH THROUGH COMMUNITY OUTREACH

- Sports Medicine Program and Family Medicine Residency Center provided **free physicals** to 1,214 student-athletes from seven schools
- Sponsored free **Adaptive Water Ski Clinics** for people with spinal cord injuries, traumatic brain injuries and other physical limitations
- Strengthened collaboration with **Findhelp** (nmhs.net/findhelp), connecting people with local, state and national support services
- Provided screenings, education and wellness resources at **health fairs and outreach events**

STRENGTHENED COMMUNITY PARTNERSHIPS

- Donated more than **$202,600** to sponsor events and projects in the communities we serve
- Collected approximately 3,000 pairs of **eyeglasses and visual aids** with the Lions Club of Tupelo
- Dedicated a **Donate Life mural** honoring organ donors, recipients and their families

INVESTING IN OUR COMMUNITIES

Creating healthier communities requires more than exceptional health care. Through employee giving, donor support, scholarships and philanthropic partnerships, NMHS invests in programs that expand opportunity, advance patient care and strengthen communities throughout the region. This year our team:

INSPIRED A CULTURE OF GIVING

- Completed a successful Health Care Foundation employee giving campaign that welcomed **134 new donors** and strengthened support for future initiatives.

POWERED COMMUNITY IMPACT THROUGH FUNDRAISING

- Raised more than **$320,000** through Take a Swing at Cancer, supporting cancer-related programs and services
- Raised **$19,835** through the Jim Spruiell Memorial Swings for Scholarships Tournament
- Raised **$10,628** through Get Your Heart Started 5K
- Raised **$5,000** through Kissing Cancer Goodbye
- Raised **$4,580** through Paces for Patients

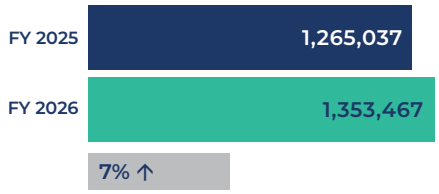
ENHANCED CARE THROUGH PHILANTHROPIC GIVING

- Awarded scholarships to **108 externs**, investing **$78,000** in the next generation of health care professionals
- Continued efforts that help recruit, develop and retain a **strong health care workforce**
- Facilitated the donation of an **EEG machine** through the Gilmore Foundation, expanding access to diagnostic services
- Invested **$17,002** in continuing education through a regional rehabilitation conference
- Supported the purchase of **Cuddle Cots** for grieving families at NMMC Gilmore-Amory and West Point
- Continued funding projects that **enhance patient care** and **expand access** to services

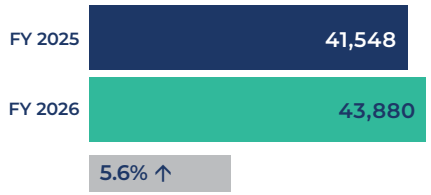


PERFORMANCE HIGHLIGHTS

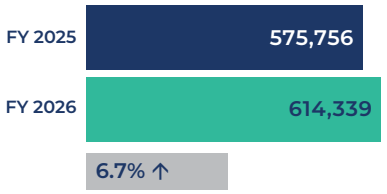
CLINIC VISITS/ ENCOUNTERS



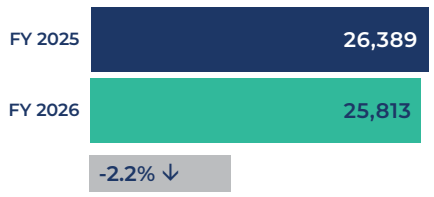
ADMISSIONS & OBSERVATIONS



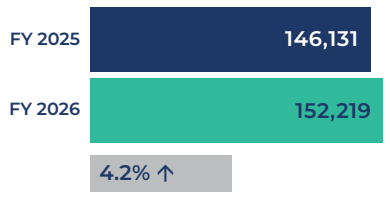
OUTPATIENT VISITS LESS LAB VISITS



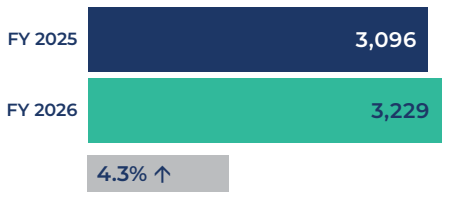
SURGERIES



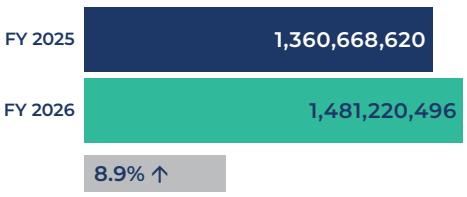
EMERGENCY ROOM VISITS



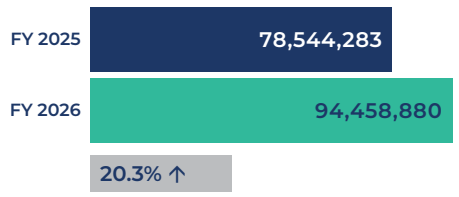
BIRTHS



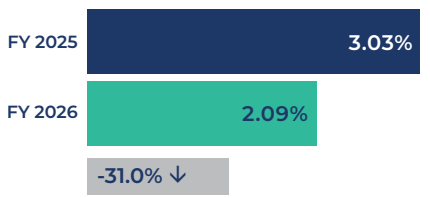
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OTHER OPERATING REVENUE



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In 2027, NMHS will celebrate 90 years of caring for our communities while building the future of health care together.

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HEALTH SERVICES

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