



**Spectrum  
Health**

Suicide Prevention is Everyone's Responsibility

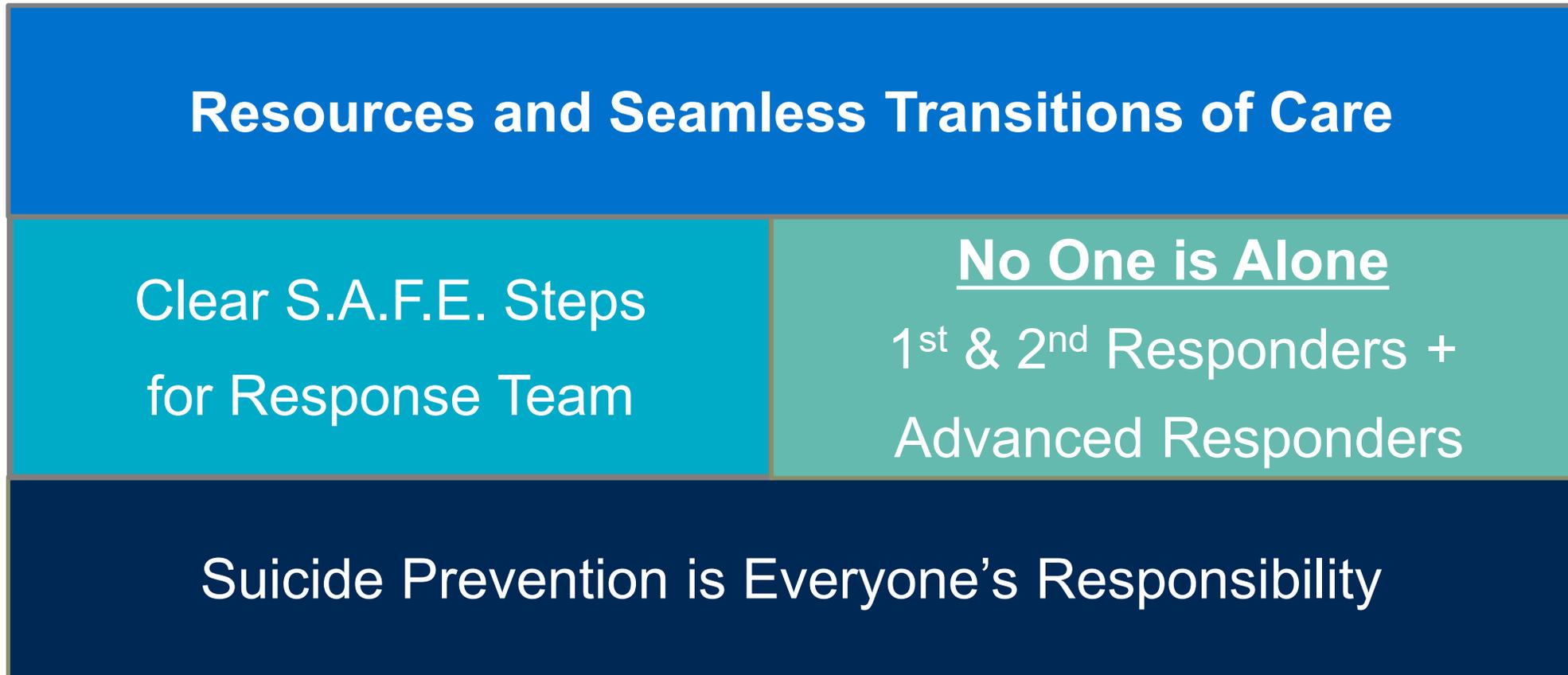
# Program Overview

**School Blue Envelope:  
A Suicide S.A.F.E. Team Response**

Suicide Prevention is Everyone's Responsibility!

# The Blue Envelope: A Suicide S.A.F.E. Team Response

Built upon 4 Foundational Premises:



# School Blue Envelope Program



**S** Stay with the student

**A** Access help

**F** Feelings: Validate them

**E** Eliminate lethal means

Suicide Prevention is Everyone's Responsibility

## Customized with Community Collaborative

# The Blue Envelope Program Highly Successful

## For Each School Employee

- Level 1 Frontline Staff:
- Level 2 Advanced Leadership Education
- Data & Clinical Review



\*\*Goal: Preventative Conversations & Early Intervention

# The Blue Envelope Program Highly Successful

## Nationally Recognized, Evidence-Based Tools

- Columbia Suicide Severity Rating Scale
- Stanley-Brown Safety Plan

# Aligns with Other Suicide Prevention Efforts



be nice.®



Signs of Suicide

Hand and Glove Relationship:  
Get the Work Done



# School Blue Envelope Trainings: Positive Reviews

<u>Inaugural Year</u>	<u>Participants</u>
2019/2020	360
8 Schools / 3 Districts	

2020/2021	882
15 Schools / 5 Districts	

2021/2022	3000
52 New Schools / 15 New Districts	

80 trainings this past school year



Plus Train the Champion!  
13 school personnel  
3 school districts

Overall, **30%** of new school staff trained had no previous suicide prevention training.

Post-training, **90%** of school staff expressed knowledge & confidence when addressing suicide compared to **less than 45%** pre-training.

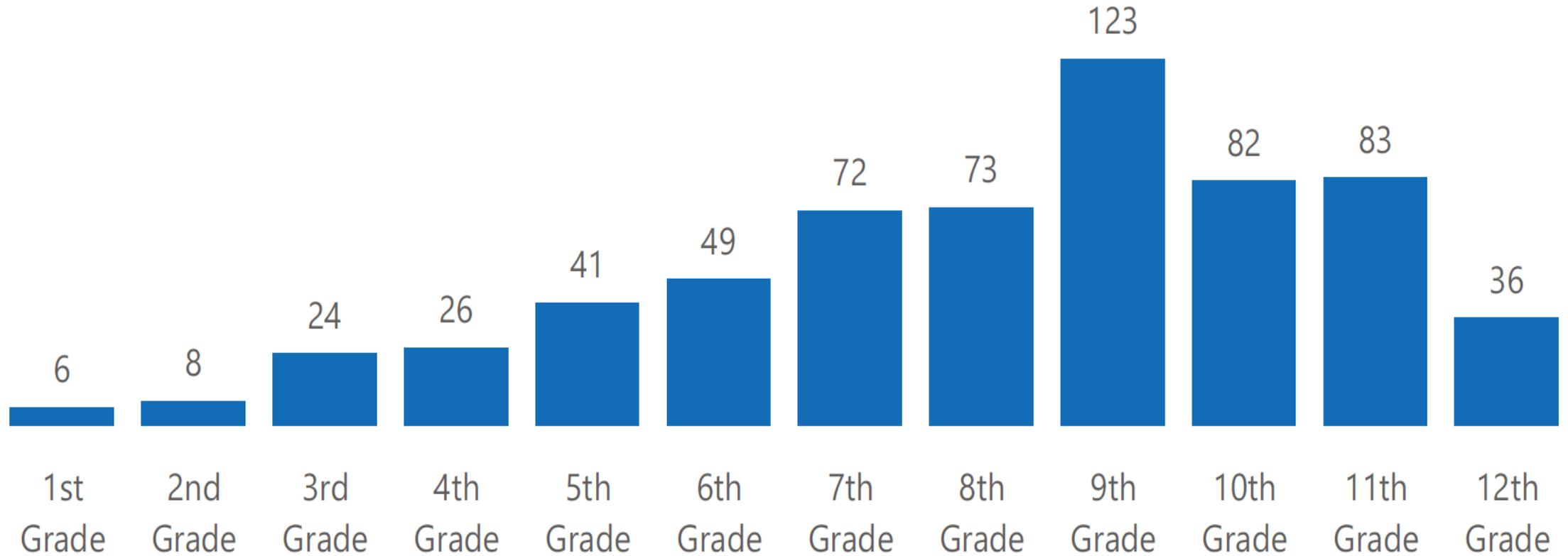
**After refresher trainings**, school staff knowledge & confidence increased **1.5x** showing the importance for annual trainings.

**Suicide Prevention is Everyone's Responsibility**

627

# School Blue Envelope Events

## Incidents by Grade



# School Blue Envelope Program Wins National Award: AHA Dick Davidson Nova Award

Health Care  
Collaborates  
with  
Community



Jodie Reimink, Jody Sprague, Tina Freese-Decker, Dr. Subodh Jain

Spectrum  
Health Partners  
with  
70 Schools in  
3 Years

4196 Staff  
trained

1,190  
B.E.  
Events

46,897  
Students  
Impacted