

Neurodiversity 101: Essentials & Quick Wins

Duration: 1-hour live session (on-site or virtual)

Ideal Audience: Executives, managers, HR partners, DEI advocates — anyone needing a brief yet impactful introduction.

Learning Outcomes

- Grasp the business value of neuroinclusive teams (ROI, retention, innovation).
- Use respectful language and etiquette with confidence.
- Name five no-/low-cost accommodations that boost productivity for *all* staff.
- Commit to one immediate action to advance inclusion at your site.

Agenda at a Glance (60 min)

Time	Segment
0:00-0:05	Welcome & objectives
0:05 - 0:25	Business case & inclusive-language mini-lesson
0:25-0:40	"Quick-Win" accommodations showcase
0:40-0:55	Interactive poll: choose your first move
0.55 - 1.00	Q & A + resource wrap-up

Included Deliverables

- Slide deck (PDF)
- "Win-Win Metrics" fact sheet (PDF)
- ♣ 1-page "First Three Moves" checklist
- Certificate of completion

Optional Add-ons

- Pre-training employee pulse survey (benchmark readiness)
- → 30-minute follow-up coaching call (within 30 days)

Investment

Pricing is quoted per session based on group size and delivery mode. Volume discounts are available for multi-session roll-outs.

Book Your Session

stride@msu.edu | ## stride.msu.edu